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HIV / AIDS

Resource Directory



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STUDIES LIBRARY

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UNIVERSITY OF CALIFORNIA

Published by the
Contra Costa County AIDS Program

1111 Ward Street / Martinez, California 94553
(415) 646-1240

RESOURCE REFERRAL

If you are providing this Resource Directory to someone else, use this page to record recommended referrals.

[illegible]

Referral prepared by _____
(Name and telephone number of person preparing referral list)

FREQUENTLY

In order to personalize this Directory for clients, we suggest using this page to note the referral names and telephone numbers used most frequently.

[illegible]

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CONTRA COSTA COUNTY AIDS PROGRAM AND SERVICES 646-1240

The Contra Costa County AIDS Program, a program of the County Health Services Department Public Health Division, is committed to stopping the spread of this disease and to caring for those affected by the epidemic. Services are offered to any Contra Costa County agency or residents who:



Want AIDS information, education and training.



Want to know how to avoid infection.



Want to know their HIV antibody status.



Need services and support because they or their loved ones are HIV-infected.

Education and Prevention

Trained health educators offer presentations and technical assistance on AIDS to a variety of populations, focusing on IV drug users and their families, men who have sex with other men, schools (including teachers or staff), ethnic minorities and women. A variety of educational brochures are available at no charge. Video tapes are also available for loan.

Epidemiology & Surveillance

Services include reporting of diagnosed AIDS cases as required by law. Voluntary partner notification is also offered.

Antibody Testing

Counseling and testing are offered at two alternative test sites in Concord, and Richmond. Anyone twelve years or older may come to a test site to receive free, one-on-one AIDS information and anonymous antibody testing. Individuals return to the test site two weeks later for the test results.

Clinic Locations and Times:

●Tuesdays 1:00 PM to 9:00 PM at 2355 Stanwell Circle, Concord.

●Wednesdays 6:00 PM to 8:30 PM at 39th and Bissell, Richmond.



AIDS Case Management

A wide spectrum of services to AIDS and ARC (AIDS Related Complex) patients is offered by the Case Management Program including emotional support, respite and attendant care, transportation, food and housing assistance and bereavement counseling. The program also maintains a directory of available resources and community services for those impacted by HIV.

Support Groups

County sponsored support groups are led by professional facilitators who have additional training in AIDS issues and services. Groups currently meeting are:

- People with AIDS/ARC
- Spouses and lovers of people with AIDS/ARC/HIV
- HIV-positive men
- HIV-positive women
- Parents of people with HIV infection
- People experiencing grief due to loss of a loved one
- East County HIV clients

AZT/Pentamidine Distribution

Financial assistance, AZT and Pentamidine are available for persons who meet federal eligibility criteria. Contact Duane Chapman at 646-1240 for more information.



Crisis and Hot Lines

Below are listings for information, referral and telephone counseling services for anyone with HIV-related or other needs.

NATIONAL AIDS HOT LINE

24 hours, every day.

Spanish
Hearing Impaired

1-800-342-2437
1-800-344-7432
1-800-243-7889

PWA SWITCHBOARD

Staffed by people with AIDS, located in San Francisco.

Hours: Monday-Friday, 9:00 AM - 6:00 PM
Saturday, 11:00 AM - 5:00 PM

861-7309

CONTRA COSTA CRISIS AND SUICIDE INTERVENTION

24 hours, every day.

Central County
West County
East County
Grief Counseling

939-3232
620-0174
754-7080
944-0645

SAN FRANCISCO AIDS FOUNDATION HOT LINE

English and Spanish languages available. Hours:

Monday-Friday, 9:00 AM - 9:00 PM
Saturday-Sunday, 11:00 AM - 5:00 PM
Tagalog Monday-Friday, 9:00 AM - 9:00 PM

1-800-367-2437
OR 863-2437

SAN FRANCISCO AIDS/HIV NIGHTLINE

Hours: Monday-Friday, 9:00 PM - 1:00 AM
Saturday-Sunday, 5:00 PM - 1:00 AM

1-800-255-3060
OR 668-2437

CONTRA COSTA COUNTY MENTAL HEALTH 24-HOUR CRISIS UNIT

24 hours, every day. Advice, information and
emergency referrals.

370-5700

BATTERED WOMEN'S ALTERNATIVES

930-8300

CHILD ABUSE HOT LINE

24 hours, every day.

372-8000

RAPE CRISIS

24 hours, every day.

Central County
East County
West County

798-7273
754-7273
236-7273

RUNAWAY HOT LINE

24 hours, every day

California
U.S.

1-800-843-5200
1-800-621-4000

HOMELESS HOT LINE

Central County
East County
West County

646-1212
427-8620
374-3620

AIDS Programs in Neighboring Counties

Below is a listing of central referral numbers of County Health Department's AIDS Programs for neighboring San Francisco Bay Area Counties. You will be able to get information on their services or appropriate referrals for other HIV-related services in those areas by telephoning the listed numbers Monday through Friday 8:00 AM to 5:00 PM.

<u>ALAMEDA COUNTY HEALTH SERVICES HIV/AIDS DIVISION</u>	268-2639
<u>MARIN COUNTY AIDS PROGRAM</u>	499-7804
<u>NAPA COUNTY HEALTH DEPARTMENT</u>	(707) 253-4461
<u>SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH OFFICE OF AIDS ACTIVITIES</u>	554-9000
<u>SAN MATEO COUNTY AIDS PROJECT</u>	573-2588
<u>SANTA CLARA COUNTY HEALTH DEPARTMENT AIDS PROGRAM</u>	(408) 299-4151
<u>SOLANO COUNTY AIDS INFORMATION LINE</u>	(707) 553-5552
<u>SONOMA COUNTY PUBLIC HEALTH DEPARTMENT AIDS PROJECT</u>	(707) 576-4729

National Information Resources

- ADAPT (ASSOCIATION FOR DRUG ABUSE AND TREATMENT)** (718) 834-9585
85 Bergen Street
Brooklyn, New York 11201
- AIDS ACTION COUNCIL and AIDS ACTION FOUNDATION** (202) 293-2286
2033 M Street N.W., Suite 801
Washington, DC 20036
Council convenes a monthly meeting of the Second Monday Group, representing some 50 health and human services related organizations to discuss governmental and legislative issues. The foundation focuses on public education and public affairs training of health care providers.
- AIDS ACTION COMMITTEE** (617) 437-6250
661 Boylston Street
Boston, MA 02116
Health care provider educator.
- ALCOHOL, DRUG ABUSE AND MENTAL HEALTH ADMINISTRATION, ALCOHOL AND DRUG INFORMATION CLEARINGHOUSE** (301) 468-2600
Has posters and literature relating to AIDS and drugs.
- AMERICAN ASSOCIATION OF PHYSICIANS FOR HUMAN RIGHTS** (415) 558-9353
P.O. Box 14366
San Francisco, CA 94115
- AMERICAN FOUNDATION FOR AIDS RESEARCH** (212) 719-0033
1515 Broadway, Suite 3601
New York, NY 10036
Provides basic information, but serves primarily as a grant program to support scientific and medical research.

<u>AMERICAN MEDICAL ASSOCIATION</u> 535 N. Dearborn Street Chicago, IL 60610 AIDS Panel, Council on Scientific Affairs	(312) 645-4430
<u>AMERICAN PSYCHIATRIC ASSOCIATION</u> AIDS Task Force 1400 K Street N.W. Washington, DC 20005	(202) 682-6000
<u>AMERICAN RED CROSS NATIONAL HEADQUARTERS</u> <u>AIDS EDUCATION OFFICE</u> 1730 D Street N.W. Washington, DC 20006	(202) 737-8300
<u>AMERICAN RED CROSS, AIDS MEDIA SPECIALIST</u> 431 18th Street N.W. Washington, DC 20026	(202) 737-8300
<u>ASSOCIATION OF CARE FOR CHILDREN'S HEALTH</u> 3615 Wisconsin Avenue N.W. Washington, DC 20016	(202) 244-1801
<u>BLACKS EDUCATING BLACKS ABOUT SEXUAL HEALTH ISSUES</u> 1319 Locust Street Philadelphia, PA 19107	(215) 546-4158
<u>BURROUGHS-WELLCOME COMPANY</u> Hot line for health care workers exposed to needle sticks.	1-800-HIV-STIK
<u>CENTERS FOR DISEASE CONTROL</u> <u>INFORMATION AND EDUCATION, PUBLIC INQUIRIES OFFICE</u> 1600 Clifton Road, N.E. Building 1, Room B63 Atlanta, GA 30333	(404) 639-3311
<u>CENTERS FOR DISEASE CONTROL</u> <u>AIDS INFORMATION OFFICE</u> Atlanta, GA 30333	(404) 639-2891
<u>CHILD WELFARE LEAGUE OF AMERICA</u> 440 First Street N.W. Washington, DC 20001	(202) 638-2952
<u>COALITION OF HISPANIC HEALTH AND HUMAN SERVICES</u> <u>ORGANIZATIONS (COSSMHO)</u> 1030 15th Street, NW Washington, DC 20005	(202) 371-2100

<u>COMPUTERIZED AIDS INFORMATION NETWORK (CAIN)</u>	(213) 464-7400 EXT. 277
1213 North Highland Avenue Hollywood, CA 90038 Telephone for cost and subscription information.	
<u>FORD FOUNDATION</u>	(212) 573-5000
320 East 43rd Street New York, NY 10017	
<u>FUND FOR HUMAN DIGNITY</u>	(212) 529-1600
666 Broadway New York, NY 10012	
<u>FUNDERS CONCERNED ABOUT AIDS</u>	(212) 758-0100
C/O Mrs. Joyce Bove, Chair New York Community Trust 415 Madison Avenue New York, NY 10017 Organization of grant makers interested in learning more about issues and sharing ideas about successful grants and techniques.	
<u>HEALTH ISSUES TASK FORCE</u>	(216) 371-5111
3130 Mayfield Road, No. 306 Cleveland Heights, OH 44118	
<u>HETRICK-MARTIN INSTITUTE FOR THE PROTECTION OF GAY/LESBIAN YOUTH</u>	(212) 633-8920
401 West Street New York, NY 10014	
<u>HISPANIC AIDS FORUM</u>	(212) 463-8264
140 22nd Street New York, NY 10011	
<u>HUMAN RIGHTS CAMPAIGN FUND</u>	(202) 628-4160
P.O. Box 1396 Washington, DC 20013 Originally founded to obtain civil rights for gays and lesbians. Now focuses on lobbying, endorsing education efforts.	
<u>INTRAGOVERNMENTAL HEALTH POLICY PROJECT</u>	(202) 872-1445
2100 Pennsylvania Avenue, NW Washington, DC 20037 Maintains contact with States and legislative initiatives regarding AIDS. Source of good resource documents.	

INTERNATIONAL ASSOCIATION OF FIRE FIGHTERS

(202) 737-8484

Department of Occupational Health and
Safety
1750 New York Avenue, N.W.
Washington, DC 20006

LAMBDA LEGAL DEFENSE AND EDUCATION FUND

(212) 995-8585

666 Broadway
New York, NY 10012

LITERATURE SEARCH PROGRAM

(202) 783-3238

Reference Section
National Library of Medicine
8600 Rockville Pike
Bethesda, MD 20894
The National Library of Medicine
publishes quarterly AIDS bibliography
listings for \$12 per year. To order,
request GPO List ID AIDSS, send check
or money order to Superintendent of
Documents, U.S. Government Printing
Office, Washington, DC 20402

MATERNAL AND CHILD HEALTH CLEARINGHOUSE

(202) 625-8410

38th and R Street, N.W.
Washington, DC 20057

MINORITY AIDS PROJECT

(213) 936-4649

5880 West Pico Boulevard, Suite 210
Los Angeles, CA 90019

MINORITY TASK FORCE ON AIDS

(212) 749-2816

92 St. Nicholas Avenue, Apt. 1-B
New York, NY 10026

MOTHERS OF AIDS PATIENTS

(619) 234-3432

C/O Barbara Peabody
3403 E Street
San Diego, CA 92102

**NATIONAL AIDS INFORMATION CLEARINGHOUSE
(NAIC), PHS/CDC**

1-800-458-5231

P.O. Box 6003
Rockville, MD 20850
Serves as an information source for health
professionals and the general public;
provides technical assistance and
information for community organizations
and health departments. For multiple
copies of publications, call between
9:00 AM and 7:00 PM (EST).

<u>NATIONAL AIDS PROGRAM OFFICE (NAPO)</u>	(202) 472-4248
200 Independence Avenue, S.W. Hubert H. Humphrey Bldg., Room 738G Washington, DC 20201	
<u>NATIONAL ASSOCIATION OF PEOPLE WITH AIDS</u>	(202) 429-2856
2025 Eye Street, Suite 415 Washington, DC 20006	
<u>NATIONAL CANCER INSTITUTE'S PHYSICIAN DATA QUERY</u>	(301) 496-7403
National Institutes of Health Building 82, Room 102 Bethesda, MD 20808 On-line computer data query system containing a directory of physicians and organizations which provide AIDS related cancer care and file of active patient treatment protocols.	
<u>NATIONAL CENTER FOR HEALTH EDUCATION</u>	(212) 689-1886
30 East 29th Street New York, NY 10016	
<u>NATIONAL COALITION OF BLACK LESBIANS AND GAYS</u>	(202) 265-7117
930 F Street, N.W. Washington, DC 20004	
<u>NATIONAL COALITION OF GAY SEXUALLY TRANSMITTED DISEASE SERVICES</u>	(414) 277-7671
P.O. Box 239 Milwaukee, WI 53201	
<u>NATIONAL COUNCIL OF CHURCHES AIDS TASK FORCE</u>	(212) 870-2421
475 Riverside Drive Room 572 New York, NY 10115	
<u>NATIONAL COUNCIL OF LA RAZA</u>	(202) 289-1380
810 First Street, N.W., Suite 300 Washington, DC 20002-4205	
<u>NATIONAL EDUCATION ASSOCIATION</u>	(202) 822-7200
1201 16th Street, N.W. Washington, DC 20036	

<u>NATIONAL GAY AND LESBIAN HEALTH FOUNDATION</u> 1638 R Street, N.W., Suite 1 Washington, DC 20009	(202) 797-3708
<u>NATIONAL GAY-LESBIAN TASK FORCE</u> 1517 U Street, NW Washington, DC 20009 AIDS Information Hotline: 1-800-221-7044	(202) 332-6483
<u>NATIONAL HEMOPHILIA FOUNDATION</u> SoHo Building 110 Greene Street, Room 406 New York, NY 10012	(212) 219-8180
<u>NATIONAL HEMOPHILIA FOUNDATION-WASHINGTON, DC</u> P.O. Box 2644 Fairfax, Virginia 22031	(703) 352-2144
<u>NATIONAL INSTITUTE OF ALLERGY AND INFECTIOUS DISEASES, NIH</u> Building 31, Room 7A-32 900 Rockville Pike Bethesda, MD 20892	(301) 496-5717
<u>NATIONAL INSTITUTE OF DRUG ABUSE</u> 5600 Fishers Lane, Room 10A-38 Rockville, MD 20857	(301) 443-6697
<u>NATIONAL INSTITUTE OF DRUG ABUSE-AIDS/DRUG ABUSE INFORMATION</u> P.O. Box 2345 Rockville, MD 20852	(301) 468-2600
<u>NATIONAL INSTITUTES OF HEALTH, CLINICAL CENTER</u> Building 10, Room 1C-255 Bethesda, MD 20892 Patient referral service For information regarding experimental drugs, telephone (301) 496-2563 or (301) 496-5717	(301) 496-4891
<u>NATIONAL INSTITUTE OF JUSTICE</u> U.S. Department of Justice AIDS Project Monitor Washington, D.C. 20531 Provides information on AIDS impact on Criminal Justice Agency	(202) 272-6010
<u>NATIONAL LEADERSHIP COALITION ON AIDS</u> 1150 17th Street, NW, Suite 202 Washington, DC 20036 Information on business initiatives and employee education.	(202) 429-0930

<u>NATIONAL LESBIAN AND GAY HEALTH FOUNDATION</u>	(202) 797-3708
P.O. Box 65472 Washington, DC 20035	
<u>NATIONAL LIBRARY OF MEDICINE</u>	(301) 496-4000
4600 Rockville Pike Bethesda, MD	
<u>NATIONAL MINORITY AIDS COUNCIL</u>	(202) 544-1076
714 G Street, S.E. Washington, DC 20003	
<u>NATIONAL NATIVE AMERICAN AIDS PREVENTION CENTER</u>	(415) 658-2051
6239 College Avenue, Suite 201 Oakland, CA 94618	
<u>NATIONAL NETWORK FOR RUNAWAY YOUTH</u>	
905 6th Street, S.W., Suite 411 Washington, DC 200024	
<u>NATIONAL ORGANIZATIONS RESPONDING TO AIDS (NORA)</u>	(202) 296-1292
C/O AIDS Action Foundation 2033 M Street, N.W., Suite 801 Washington, DC 20036	
<u>NATIONAL SEXUALLY TRANSMITTED DISEASES HOTLINE</u>	1-800-227-8922
American Social Health Association	
<u>NATIONAL SHERIFFS' ASSOCIATION</u>	(703) 836-7827
1450 Duke Street Alexandria, VA 22314	
<u>NATIONAL URBAN LEAGUE</u>	(212) 310-9000
500 E. 62nd Street New York, New York 10019	
<u>NATIONAL AIDS FOUNDATION</u>	(206) 329-6923
818 East Pike Seattle, WA 98122	
<u>PEDIATRIC AIDS FOUNDATION</u>	(213) 395-9051
2407 Wilshire Boulevard, Suite 613 Santa Monica, CA 90403	
<u>PEOPLE WITH AIDS COALITION</u>	
263A West 19th Street, #125 New York, New York 10011	
<u>PHARMACEUTICAL MANUFACTURERS ASSOCIATION</u>	(202) 835-3400
1100 15th Street, N.W., Suite 900 Washington, D.C. 20005	

<u>PHYSICIAN ASSOCIATION - AIDS MEDICAL RESOURCE CENTER</u>	(312) 222-1326
101 W. Grand Avenue, #200 Chicago, IL 60610	
<u>PRESIDENTIAL COMMISSION ON THE HIV EPIDEMIC</u>	(202) 245-2437
655 15th Street, N.W., Suite 901 Washington, D.C. 20005	
<u>PUBLIC HEALTH SERVICE NATIONAL AIDS HOTLINE</u>	1-800-342-AIDS
Taped message and phone number for specific questions.	
<u>ROBERT WOOD JOHNSON FOUNDATION</u>	(609) 452-8701
P.O. Box 2316 Princeton, New Jersey 08543-2316	
<u>SERVICE EMPLOYEES INTERNATIONAL UNION (AFL-CIO)</u>	
CLC 1313 L Street, N.W. Washington, D.C. 20005	
<u>THE NATIONAL PRISON PROJECT - AIDS INFORMATION</u>	(202) 331-0500
1616 P Street, N.W. Washington, D.C. 20036	
<u>THE SUPPORT ORGANIZATION FOR AIDS PREVENTION, INC.</u>	(213) 671-1185
P.O. Box 931867 Los Angeles, CA 90093 An educational and preventive program	
<u>U.S. CONFERENCE OF MAYORS: AIDS PROGRAM</u>	(202) 293-7330
1620 Eye Street, N.W., 4th Floor Washington, D.C. 20006 Provides information on local AIDS activities, including minority focused activities.	
<u>U.S. PUBLIC HEALTH SERVICE</u>	(202) 245-6867
Public Affairs Office Hubert Humphrey Building, Room 725-H 200 Independence Avenue, S.W. Washington, D.C. 20201	
<u>UNITED WAY OF AMERICA</u>	(703) 836-7100
701 North Fairfax Street Alexandria, VA 22314-2045	
<u>YMCA OF THE USA</u>	(312) 269-0520
101 North Wacker Drive Chicago, IL 60606-7386	

Contra Costa County Health Services Department
Public Health Division

**AIDS Program
HIV/AIDS RESOURCE DIRECTORY**

INTRODUCTION

The purpose of the *HIV/AIDS Resource Directory* is to identify the resources available to persons in Contra Costa County who are HIV infected and to others whose lives have been impacted by HIV and AIDS. The *HIV/AIDS Resource Directory* is devised for use by helping professionals (health care providers, counselors, clergy, teachers, social workers and others) as well as for individuals needing services.

The *HIV/AIDS Resource Directory* is structured into categories or *sections*, ranging from counseling and support to alternative therapies. Wherever a resource listing is appropriate for multiple categories, it is repeated within each applicable section. The sections and the listings within each section are in alphabetical order. Two indexes are provided, one by agency name and the other by service category.

Unless otherwise stated, the listed resource is available to all of Contra Costa County. Otherwise, the following regional divisions, as recommended by the Contra Costa County Community Development Department, apply:

East County includes the cities of Pittsburg, Antioch, Brentwood and the surrounding area.

West County includes the cities of Richmond, El Sobrante, El Cerrito, Pinole, Hercules and the surrounding area.

Central County includes the cities of Concord, Walnut Creek, Martinez, San Ramon and the surrounding area.

The *HIV/AIDS Resource Directory* contains public and private non-profit agencies and profit organizations. Inclusion of an agency does not imply endorsement, nor is exclusion a reflection on the value of an agency's services. Every effort was made to obtain complete and accurate information; however, changes inevitably occur. Listings are updated and new listings are added on a regular basis. Replacement/addition pages as well as complete updated copies of this directory are available by contacting the address or telephone number listed below. Users of the *HIV/AIDS Resource Directory* are encouraged to contact the AIDS Program with comments and suggestions about the Directory as well as listing additions and updates.

Included in back of the Directory is a glossary of HIV/AIDS terminology.

Contra Costa County AIDS Program

1111 Ward Street
Martinez, California 94553
(415) 646-1240

Index by Agency or Organizational Name

	<u>Page Number</u>
AIDS Action Council	N-3
AIDS Clinical Trials Information Service	B-1
AIDS Legal Referral Panel	K-1
AIDS Project of the East Bay	D-1
AIDS/ARC Services of Catholic Charities	D-2
AIRS (Alcohol Information/Rehabilitation Services)	Q-1
Asian Community Mental Health Services	M-1
 Battered Women's Alternatives	 D-3
Bay Area Addiction Research and Treatment (BAART)	Q-2
Berkeley Community Health Project - Free Clinic	D-4
Beverly HomeCare	J-1
Born Free Project	Q-3
Brookside Hospital	L-1
Bryant and Moore Chapel	H-1
 California Children's Service	 A-1
Care-At-Home	J-1
CarePoint Home Health Agency, Oakland	J-1
CarePoint Home Health Agency, Walnut Creek	J-1
Center for Attitudinal Healing	D-5
Children's Hospital Oakland-HIV Program	A-2
Children's Hospital Teen Clinic	A-3
Community Consortium	B-2
Community Food Coalition	G-1
Compassionate Friends	D-6
Contact-Care Center	A-4
Contra Costa Child Care Council	C-5
Contra Costa County AIDS Task Force	D-8
Contra Costa County Dental Society	E-2
Contra Costa County Health Services Department AIDS Case Management Program	 F-4
Contra Costa County Health Services Department AIDS Drug Program	 L-8
Contra Costa County Health Services Department AIDS Program Education and Prevention	 U-1
Contra Costa County Health Services Department AIDS Program Support Groups	 D-9
Contra Costa Health Services Department Drug Program Administration	 Q-4
Contra Costa County Health Services Department Financial Counseling	F-5
Contra Costa County Health Services Department Healthy Start	L-9
Contra Costa County Health Services Department HIV Children's Program	A-6
Contra Costa County Health Services Department Home Health Agency	J-8
Contra Costa County Health Services Department Immunization Clinics	L-12

	<u>Page Number</u>
Contra Costa County Health Services Department	
Infectious Disease Clinic	L-13
Contra Costa County Health Services Department Mental Health Clinics . .	D-10
Contra Costa County Health Services Department Merrithew	
Memorial Hospital and Clinics	L-2
Contra Costa County Health Services Department Public Health Nursing . . .	J-9
Contra Costa County Health Services Department	
Sexually Transmitted Disease Clinic	L-16
Contra Costa County Health Services Department	
Symptom Control Program	J-10
Contra Costa County Health Services Department TeenAge Program (TAP) .	A-7
Contra Costa County HIV Alternative Testing Sites	S-4
Contra Costa County Social Service Department	F-6
Contra Costa County Social Services Children's Services	A-8
Contra Costa County Social Services Department	J-11
Contra Costa County Social Services Department - IHSS	J-12
Contra Costa County Supervisors	N-1
Contra Costa Crisis and Suicide Intervention Services	D-11
Contra Costa Legal Services Foundation (CCLSF)	K-4
 Delta Memorial Home Health Care Agency	 J-1
Delta Memorial Hospital	L-1
Diablo Valley AIDS Center	D-12
Diablo Valley College Dental Clinic	E-3
Diablo Valley Metropolitan Community Church	P-2
Diablo Valley Ranch	Q-5
Discovery House I	Q-6
Discovery House II	Q-7
Doctor's Hospital	L-1
 East Bay AIDS Center	 S-5
East Bay Hospital	L-1
East Bay Lesbian/Gay Democratic Club	N-4
East County Community Detoxification Center	Q-8
Eden Hospital Home Care	J-1
Employment Law Center - Legal Aid Society of S.F.	K-5
 Familias Unidas Counseling and Information Center	 D-13
Frederic Ozanam Center	Q-9
Fuller Funerals	H-2
 Golden Rain Home Health Agency	 J-2
 Hemophilia Council of California	 I-1
HIV Early Intervention Program	L-18
Holloman Detox of Richmond	Q-10
Home Calls Home Health Agency	J-2
Home Care Plus, Inc.	J-2
Home Delivered Meal Program/Meals on Wheels	G-6
HomeMed	J-2
Hope Hospice	J-13
Hospice of Contra Costa County	J-14
Hospice of East County	J-15
Human Relations Commission	K-6

	<u>Page Number</u>
Independent Living Resource of Contra Costa County	D-14
Infant/Parent Project	C-8
Integrated Care Systems, Inc.	J-3
Irwin Memorial Blood Bank	I-2
 Jewish Family Services	 D-16
John Muir Medical Center	L-1
John Muir Medical Center Home Care Services	J-3
 Kaiser Foundation Hospital Coordinated Home Health Agency, Martinez ...	 J-3
Kaiser Foundation Hospital Coordinated Home Health Agency, Oakland ...	J-3
Kaiser Permanente Medical Center and Offices	D-17
Kaiser Permanente Medical Center, Antioch	L-2
Kaiser Permanente Medical Center, Martinez	L-1
Kaiser Permanente Medical Center, Richmond	L-1
Kaiser Permanente Medical Center, Walnut Creek	L-2
Kimberly Quality Care	J-3
 LIFE (Lobby for Individual Freedom and Equality)	 N-5
Los Medanos Community Hospital	L-2
 Martin Luther King, Jr. Family Health Center	 C-9
Merrithew Memorial Hospital and Clinics	L-2
Metta Vihara Residential AIDS Center	G-7
Mobilization Against AIDS	N-6
Mt. Diablo Hospital Medical Center Home Health Care Services	J-3
Mt. Diablo Medical Center	L-3
 Northern California Visiting Nurse Association, Inc., Emeryville	 J-4
Northern California Visiting Nurse Association, Inc., Pittsburg	J-4
Northern California VNA, Inc., Supplemental Health Services	J-4
National Gay and Lesbian Crisis Line	D-19
National Gay Rights Advocates (NGRA)	K-7
National Hemlock Society	R-2
Norrell Health Care	J-4
NSI Services, Inc.	J-4
 Oakmont Memorial Park and Mortuary	 H-3
Orchid Women's Recovery Center	Q-11
Quimet Brothers Funeral Services	H-4
 Pacific Center Gay/Lesbian Switchboard	 D-20
Parents and Friends of Lesbians and Gays (PFLAG)	D-21
Pathology Institute	S-8
PAWS (Pets are Wonderful Support)	U-2
Planned Parenthood: Shasta-Diablo	L-20
Planned Parenthood: Shasta-Diablo HIV Testing	S-9
Project Inform Hotline	B-3
 Rape Crisis Center of West Contra Costa	 T-9
Rape Crisis Service of Central Costa County	T-10
Rape Crisis Service of East Contra Costa County	T-11
Regional Center of the East Bay	C-10

	<u>Page Number</u>
Samaritan Counseling Center of Contra Costa County	P-3
Shelter, Inc.	G-8
Shennum Center	Q-12
Social Security Administration (SSA) & (SSI)	F-8
Sojourne Community Counseling Center	D-22
Souper Center	G-9
STAT Nursing Services	J-4
State Assembly Members	N-1
State Senate Members	N-2
Sunrise House, Inc.	Q-14
 The Center	 D-23
Tri-County Women's Recovery Service (The Rectory)	Q-15
 U.C.S.F. Children's Dental Clinic - Children's Hospital	 A-9
United Council of Spanish Speaking Organizations	M-5
United States Congress Members	N-2
Upjohn HealthCare Services	J-5
 Valley Home Care	 J-5
Veteran's Administration Medical Center	L-3
Veteran's Service Office	F-9
 Walnut Creek Hospital	 L-3
West Contra Costa Youth Services Bureau	A-10
Western Medical Services	J-5
Wilson and Kratzer Mortuaries	H-5

Index by Service Category

Below is a summary of the sections which comprise this Resource Directory, the listings that appear within the sections and the corresponding page numbers.

Page No.

A. Adolescent Services

California Children's Services	A-1
Children's Hospital Oakland-HIV Program	A-2
Children's Hospital Teen Clinic	A-3
Contact-Care Center	A-4
Contra Costa Child Care Council	A-5
Contra Costa County Health Services Department HIV Children's Program .	A-6
Contra Costa County Health Services Department TeenAge Program (TAP)	A-7
Contra Costa County Social Services Children's Services	A-8
U.C.S.F. Children's Dental Clinic-Children's Hospital	A-9
West Contra Costa Youth Services Bureau	A-10

B. Alternative/Experimental Therapies

This section is comprised of listings pertinent to alternative and/or experimental therapies for AIDS and HIV disease.

AIDS Clinical Trials Information Service	B-1
Community Consortium	B-2
Project Inform Hotline	B-3

C. Children's Services

The listings that comprise this section apply specifically to children or minors with AIDS or HIV.

California Children's Services	C-1
Children's Hospital Oakland-HIV Program	C-2
Children's Hospital Teen Clinic	C-3
Contact-Care Center	C-4
Contra Costa Child Care Council	C-5
Contra Costa County Health Services Department HIV Children's Program .	C-6
Contra Costa County Social Services Children's Services	C-7
Infant Parent Project	C-8
Martin Luther King, Jr. Family Health Center	C-9
Regional Center of the East Bay	C-10
U.C.S.F. Children's Dental Clinic-Children's Hospital	C-11
West Contra Costa Youth Services Bureau	C-12

D. Counseling and Support

This section contains listings of counseling and support agencies and organizations that are sensitive to AIDS and HIV issues.

AIDS Project of the East Bay	D-1
AIDS/ARC Services of Catholic Charities	D-2
Battered Women's Alternatives	D-3
Berkeley Community Health Project - Free Clinic	D-4
Center for Attitudinal Healing	D-5
Compassionate Friends	D-6
Contact-Care Center	D-7
Contra Costa County AIDS Task Force	D-8
Contra Costa County Health Services Department AIDS Program Support Groups	D-9
Contra Costa County Health Services Department Mental Health Clinics . . .	D-10
Contra Costa Crisis and Suicide Intervention Services	D-11
Diablo Valley AIDS Center	D-12
Familias Unidas Counseling and Information Center	D-13
Independent Living Resource of Contra Costa County	D-14
Infant Parent Project	D-15
Jewish Family Services	D-16
Kaiser Permanente Medical Centers and Offices	D-17
Martin Luther King, Jr. Family Health Center	D-18
National Gay and Lesbian Crisis Line	D-19
Pacific Center Gay/Lesbian Switchboard	D-20
Parents and Friends of Lesbians and Gays (PFLAG)	D-21
Sojourne Community Counseling Center	D-22
The Center	D-23

E. Dental Services

Berkeley Community Health Project-Free Clinic	E-1
Contra Costa County Dental Society	E-2
Diablo Valley College Dental Clinic	E-3
Martin Luther King, Jr. Family Health Clinic	E-4
U.C.S.F. Children's Dental Clinic-Children's Hospital	E-5

F. Financial Services

This section contains listings of a variety of financial assistance programs which are available to people with HIV disease. The various programs are administered by both government and private agencies.

AIDS/ARC Services of Catholic Charities	F-1
California Children's Services	F-2
Contra Costa County AIDS Task Force	F-3
Contra Costa County Health Services Department AIDS Case Management Program	F-4
Contra Costa County Health Services Department Financial Counseling	F-5
Contra Costa County Social Service Department	F-6
Diablo Valley AIDS Center	F-7
Social Security Administration (SSA) and (SSI)	F-8
Veteran's Service Office	F-9

G. Food, Shelter and Clothing

This section contains listings for organizations in Contra Costa County which provide food to those in need, resources for free clothing and "as available" emergency shelter/housing resources.

Community Food Coalition	G-1
Contra Costa County AIDS Task Force	G-2
Contra Costa County Health Services Department AIDS Case Management Program	G-3
Contra Costa County Social Service Department	G-4
Diablo Valley AIDS Center	G-5
Home Delivered Meal Program/Meals on Wheels	G-6
Metta Vihara Residential AIDS Center	G-7
Shelter, Inc.	G-8
Souper Center	G-9

H. Funeral Arrangements

The establishments listed within this section have demonstrated or indicated sensitivity to HIV issues.

Bryant and Moore Chapel	H-1
Fuller Funerals	H-2
Oakmont Memorial Park and Mortuary	H-3
Ouimet Brothers Funeral Services	H-4
Wilson and Kratzer Mortuaries	H-5

I. Hemophilia-related Services

The listings contained in this section are specifically pertinent to people who have AIDS/HIV as a result of a plasma or blood transfusion.

Hemophilia Council of California	I-1
Irwin Memorial Blood Bank	I-2

J. Home and Hospice Care

Most of the listings within this section pertain to health attendant care within the home.

Beverly HomeCare	J-1
Care-At-Home	J-1
CarePoint Home Health Agency, Walnut Creek	J-1
CarePoint Home Health Agency, Oakland	J-1
Contra Costa County AIDS Task Force	J-6
Contra Costa County Health Services Department AIDS Case Management Program	J-7
Contra Costa County Health Services Department Home Health Agency	J-8
Contra Costa County Health Services Department Public Health Nursing	J-9
Contra Costa County Health Services Department Symptom Control Program	J-10
Contra Costa County Social Service Department	J-11
Contra Costa County Social Service Department - IHSS	J-12
Delta Memorial Home Health Care Agency	J-1
Eden Hospital Home Care	J-1
Hope Hospice	J-13
Hospice of Contra Costa County	J-14
Hospice of East County	J-15

J. Home and Hospice Care (continued)

Golden Rain Home Health Agency	J-2
Home Calls Home Health Agency	J-2
Home Care Plus, Inc.	J-2
HomeMed	J-2
Integrated Care Systems, Inc.	J-3
John Muir Medical Center Home Care Services	J-3
Kaiser Foundation Hospital Coordinated Home Health Agency, Martinez ..	J-3
Kaiser Foundation Hospital Coordinated Home Health Agency, Oakland ..	J-3
Kimberly Quality Care	J-3
Metta Vihara Residential AIDS Center	J-16
Mt. Diablo Hospital Medical Center Home Health Care Services	J-3
NSI Services, Inc.	J-4
Norrell Health Care	J-4
Northern California Visiting Nurse Association, Inc., Emeryville	J-4
Northern California Visiting Nurse Association, Inc., Pittsburg	J-4
Northern California VNA, Inc., Supplemental Health Services	J-4
STAT Nursing Services	J-4
Upjohn HealthCare Services	J-5
Valley Home Care	J-5
Western Medical Services	J-5

K. Legal Services

The organizations and agencies listed within this section are AIDS-sensitive and experienced in legal matters surrounding HIV.

AIDS Legal Referral Panel	K-1
Battered Women's Alternatives	K-2
Contra Costa County AIDS Task Force	K-3
Contra Costa Legal Services Foundation (CCLSF)	K-4
Employment Law Center - Legal Aid Society of San Francisco	K-5
Human Relations Commission	K-6
National Gay Rights Advocates (NGRA)	K-7

L. Medical/Medicine Services

Included in this section are listings of area hospitals and clinics.

Berkeley Community Health Project-Free Clinic	L-4
Brookside Hospital	L-1
California Children's Service	L-5
Children's Hospital Oakland-HIV Program	L-6
Children's Hospital Teen Clinic	L-7
Contra Costa County Health Services Department AIDS Drug Program ..	L-8
Contra Costa County Health Services Department Healthy Start	L-9
Contra Costa County Health Services Department HIV Children's Program	L-10
Contra Costa County Home Health Agency	L-11
Contra Costa County Health Services Department Immunization Clinics ..	L-12
Contra Costa County Health Services Department Infectious Disease Clinic	L-13
Contra Costa County Health Services Department Mental Health Clinics ..	L-14
Contra Costa County Health Services Department Public Health Nursing ..	L-15
Contra Costa County Health Services Department	
Sexually Transmitted Disease Clinic	L-16
Contra Costa County Health Services Department TeenAge Program (TAP)	L-17
Delta Memorial Hospital	L-1

L. Medical/Medicine Services (continued)	<u>Page No.</u>
Doctor's Hospital	L-1
East Bay Hospital	L-1
HIV Early Intervention Program	L-18
John Muir Medical Center	L-1
Kaiser Permanente Medical Center, Antioch	L-2
Kaiser Permanente Medical Center, Martinez	L-1
Kaiser Permanente Medical Center, Richmond	L-1
Kaiser Permanente Medical Center, Walnut Creek	L-2
Los Medanos Community Hospital	L-2
Martin Luther King, Jr. Family Health Center	L-19
Merrithew Memorial Hospital and Clinics	L-2
Mt. Diablo Medical Center	L-3
Planned Parenthood: Shasta-Diablo	L-20
Veterans Administration Medical Center	L-3
Walnut Creek Hospital	L-3

M. Minority Services

The listings in this section have specifically to do with the ethnic or cultural concerns and language needs of the Asian, Black and Latino communities in dealing with HIV-related problems.

Asian Community Mental Health Services	M-1
Familias Unidas Counseling and Information Center	M-2
Martin Luther King, Jr. Family Health Center	M-3
Sojourne Community Counseling Center	M-4
United Council of Spanish Speaking Organizations	M-5

N. Political/Government Agencies

This section contains listings of elected officials and others whose function it is to be responsive to the needs and opinions of Contra Costa County residents.

AIDS Action Council	N-3
County Supervisors	N-1
East Bay Lesbian/Gay Democratic Club	N-4
LIFE (Lobby for Individual Freedom and Equality)	N-5
Mobilization Against AIDS	N-6
State Assembly Members	N-1
State Senate Members	N-2
U.S. Congress Members	N-2

O. Publications

A number of publications targeted at the AIDS/HIV-impacted community are presented in summary form in this section.

AIDS Agenda	O-1
AIDS Alert	O-1
AIDS Line	O-1
AIDS Record	O-1
AIDS Policy and Law	O-1
AIDS Service Providers Association Newsletter	O-1
AIDS Targeted Information Newsletter	O-1
AIDS Treatment News	O-2
AmFar Report	O-2
Beta-Bulletin of Experimental Treatments for AIDS	O-2
California AIDS Update	O-2
CDC AIDS Weekly	O-2
Children with AIDS Newsletter	O-2
Contra Costa County AIDS Program Quarterly Statistics	O-2

	<u>Page No.</u>
O. Publications (continued)	
Dateline	O-3
Focus: A Guide To AIDS Research	O-3
Hearts and Hands	O-3
MIRA: Multicultural Inquiry and Research on AIDS	O-3
NAN Multicultural Notes on AIDS Education and Services	O-3
National Association of People with AIDS	O-3
PAAC Notes	O-4
PI Perspective	O-4
Public Health Foundation - Macro View	O-4
Public Health Foundation Newsletter	O-4
PWA Coalition Newsline	O-4
Seasons	O-4
Treatment Issues	O-4
 P. Spiritual Services	
This section contains listings of AIDS/HIV-sensitive churches, synagogues and other organizations of a religious or spiritual nature.	
AIDS/ARC Services of Catholic Charities	P-1
Diablo Valley Metropolitan Community Church	P-2
Samaritan Counseling Center of Contra Costa County	P-3
The Center	P-4
 Q. Substance Abuse Services	
Local treatment options for substance users comprise this section.	
AIRS (Alcohol Information/Rehabilitation Services)	Q-1
Bay Area Addiction Research and Treatment (BAART)	Q-2
Born Free Project	Q-3
Contra Costa County Health Services Department	
Drug Program Administration	Q-4
Diablo Valley Ranch	Q-5
Discovery House I	Q-6
Discovery House II	Q-7
East County Community Detoxification Center	Q-8
Frederic Ozanam Center	Q-9
Holloman Detox of Richmond	Q-10
Orchid Women's Recovery Center	Q-11
Shennum Center	Q-12
Sojourne Community Counseling Center	Q-13
Sunrise House, Inc.	Q-14
Tri-County Women's Recovery Service (The Rectory)	Q-15
West Contra Costa Youth Services Bureau	Q-16
 R. Suicide	
Contra Costa Crisis and Suicide Intervention Service	R-1
National Hemlock Society	R-2
 S. Testing Services	
Times and locations for confidential or anonymous HIV testing appear within this section.	
Bay Area Addiction Research and Treatment (BAART)	S-1
Berkeley Community Health Project-Free Clinic	S-2
Children's Hospital Oakland-HIV Program	S-3
Contra Costa County HIV Alternative Testing Sites	S-4
East Bay AIDS Center	S-5
Kaiser Permanente Medical Centers and Offices	S-6

S. Testing Services (continued)

Martin Luther King, Jr. Family Health Center	S-7
Pathology Institute	S-8
Planned Parenthood: Shasta-Diablo - HIV Testing	S-9

T. Women's Services

Battered Women's Alternatives	T-1
Berkeley Community Health Project-Free Clinic	T-2
Born Free Project	T-3
Contra Cost County Health Services Department Healthy Start	T-4
Diablo Valley AIDS Center	T-5
Frederic Ozanam Center	T-6
Orchid Women's Recovery Center	T-7
Planned Parenthood: Shasta-Diablo	T-8
Rape Crisis Center of Central Contra Costa County	T-10
Rape Crisis Center of East Contra Costa County	T-11
Rape Crisis Center of West Contra Costa County	T-9
Sojourne Community Counseling Center	T-12
Tri-County Women's Recovery Service	T-14

U. Miscellaneous, uncategorized

The listings in this section are those that did not fit logically into the preceding categories.

Contra Costa County Health Services Department	
AIDS Program Education and Prevention	U-1
PAWS (Pets are Wonderful Support)	U-2

A. Adolescent Services

The listings in this section apply specifically to adolescents aged 12 to 18 years with HIV.

Adolescents who wish to be HIV antibody-tested are eligible for anonymous or confidential testing at County test sites. Telephone **646-1240** for locations and times.

California Children's Services

595 Center St., Suite 110
Martinez CA 94553

TELEPHONE: 646-1280

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Coordinates care and gives financial assistance to qualifying families for children aged birth to 21 years with complex disabling conditions. Children with HIV as a secondary condition are accepted. Referrals generally are taken through hospitals or clinics, but individuals may call for assistance.

NOTES:

This listing appears in the following sections: A C L F
Date of last update for this listing: 08/01/90

Children's Hospital Oakland-HIV Program

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3010

DAYS AND HOURS: Monday-Friday 8 AM-12 NOON, 1 PM-4:30 PM
AREA SERVED: Bay Area
FEES: Varied
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

The HIV Program provides testing, screening, and treatment for children from ages birth to 21 years. Clinical trials available. The program is approved by California Children's Services and is affiliated with the Northern California Pediatric AIDS Program.

The HIV Program offers a team of specialists to answer questions and to provide counseling and support. The HIV Program is located in the Department of Infectious Diseases at Children's Hospital.

Contra Costa County residents should be referred through Contra Costa HIV Children's Program, Kathleen Malloy, M.D., 646-1286.

NOTES:

This listing appears in the following sections: C L S A
Date of last update for this listing: 08/01/90

Children's Hospital Teen Clinic

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3387

DAYS AND HOURS: (See "Notes")

AREA SERVED: East Bay

FEES: (See "Services")

ELIGIBILITY NOTES:

Adolescents aged 12-19

DESCRIPTION OF SERVICES PROVIDED:

Comprehensive medical treatment for adolescents aged 12-19 including general physical exams, treatment for a range of illnesses from colds to sexually transmitted diseases, AIDS prevention education and peer counseling for AIDS prevention, and general health education. Referrals to other services at Children's Hospital when needed. Confidentiality is respected.

FEES: Sliding scale, Medi-Cal or other insurance accepted. No one is turned away for inability to pay.

Appointments are necessary.

NOTES:

Hours are as follows:

Mondays 8:30 AM-5 PM

Tuesdays 8:30 AM-5 PM

Wednesdays 12:45 PM-5 PM

Fridays 12:45 PM-5 PM

This listing appears in the following sections: A L C

Date of last update for this listing: 08/01/90

Contact-Care Center

P.O. Box 901
Lafayette CA 94549

TELEPHONE: (see below)

DAYS AND HOURS: 24 hours - daily
AREA SERVED: Contra Costa County
FEES: None
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Contact-Care Center is a 24-hour listening, crisis intervention and referral service. Volunteers are professionally trained in listening and crisis intervention skills to assist those with family problems, parental stress, loneliness, depression, suicide, drugs, alcohol or any other difficult situation. Referrals to appropriate agencies are made when necessary. AIDS sensitive.

24-Hour Helplines:

- 284-2273 (Central County)
- 754-8111 (East County)
- 235-5244 (West County)
- 284-2207 (Business phone)

NOTES:

Hot Line 945-TEEN 7 AM-10 PM seven days per week. Teens available to answer phones 5 PM-9 PM Tuesdays, Thursdays, Fridays and Sundays.

Kid-Phone Warmline 284-2274 - 7 am to 10 pm for children left alone to be able to call if they need help or just to talk. Adults and teenagers over age 16 are trained for this telephone counseling.

This listing appears in the following sections: C D A
Date of last update for this listing: 08/01/90

Contra Costa Child Care Council

See "Notes"

TELEPHONE: See "Notes"

DAYS AND HOURS: See "Notes"

AREA SERVED: Contra Costa County

FEES: No fee.

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Respite care of special needs children aged birth to 21 years for parents needing time away from parenting responsibilities. Referrals must be made by a qualified referral agent (i.e., medical provider, social worker, therapist or counselor). Telephone referrals must be followed with a confirming letter by the referral agent. Children are matched for enrollment in appropriate and available licensed day care or family day care setting. Children or parents with HIV may qualify for this service.

NOTES:

Locations and hours as follows:

West County: 3727 Barrett Ave., Richmond, CA 94805 (233-5437)
9 AM-12 NOON, 1 PM-4 PM Monday - Friday.

Central County: 3020 Grant St., Concord, CA 94520 (676-5437)
9 AM-4 PM Monday - Friday.

East County: 300 E. Leland #106, Pittsburg, CA 94565 (427-5437)
9 AM-12 NOON, 1PM-4 PM Monday- Friday.

This listing appears in the following sections: C A
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
HIV Children's Program

595 Center Ave., Suite 310
Martinez CA 94553

TELEPHONE: 646-1286

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Must be a California resident.

DESCRIPTION OF SERVICES PROVIDED:

A program funded through the California Children Services (CCS), it provides a full range of diagnostic testing, medical treatment, and medical support services to children under the age of 21 years at risk or infected with HIV. This program primarily utilizes Children's Hospital of Oakland for these services.

NOTES:

Contact person: Kathleen Malloy, M.D., 646-1286

This listing appears in the following sections: A C L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
TeenAge Program (TAP)

See "Services"

TELEPHONE: See "Services"

DAYS AND HOURS: Clinics held monthly or bi-monthly

AREA SERVED: Contra Costa County

FEES: Sliding scale - maximum \$20. Medi-Cal accepted.

ELIGIBILITY NOTES:

Adolescents 12-18 years old

DESCRIPTION OF SERVICES PROVIDED:

Comprehensive clinics providing physicals, immunizations, counseling and referrals. Sexually transmitted disease testing, counseling and prevention education and referrals provided. Concord clinics held first and third Mondays (usual appointment time is 3:30 PM). Richmond clinics held second Wednesdays 2 PM-5 PM. Resource information and counseling available Monday-Friday 8 AM-5 PM at numbers listed below:

Richmond Teen Clinic
39th and Bissell
Room 1300, Clinic "E"
Richmond, CA 94805
374-3101

Public Health Teen Clinic
2355 Stanwell Circle
Concord, CA 94520
646-5268

NOTES:

Appointments are necessary.

This listing appears in the following sections: L A
Date of last update for this listing: 08/01/90

Contra Costa County Social Services
Children's Services

See "Notes"

TELEPHONE: See "Notes"

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Varies according to program.

DESCRIPTION OF SERVICES PROVIDED:

Provides case management social services for children with health problems including HIV. Counsels families on the best ways to meet the family's social, health and financial needs. Provides services to maintain children in their own homes and foster placement when the family is unable to care for a child.

CENTRAL: 30 Muir Rd., Martinez, CA 94553 (646-2623)

EAST: 4545 Delta Faire Blvd., Antioch, 94509 (427-8566)

WEST: 3045 Research Drive, Richmond, CA 94806 (374-3491)

NOTES:

If you know of or suspect child abuse or neglect occurring, call the office below for that area. A social worker will talk with you confidentially and assess the situation. If the child is in danger, a visit will occur immediately. Parents often need and want help. This service can arrange other kinds of help that may be needed such as child care, emergency placement and psychiatric services.

Emergency response Monday-Friday 8 AM-5 PM:

West County: 374-3495; Central County 646-2881; East County 427-8750
After hours and weekends call 372-8000.

This listing appears in the following sections: A C
Date of last update for this listing: 08/01/90

U.C.S.F. Children's Dental Clinic-Children's Hosp.

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3316

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Bay Area

FEES: Varied-See "Services"

ELIGIBILITY NOTES:

See "Services"

DESCRIPTION OF SERVICES PROVIDED:

Comprehensive dental care.

Eligibility: Children to age 16, mentally handicapped adults to age 35.

Fees: Vary according to services. Medi-Cal or private insurance accepted; payment plans will be arranged for anyone without insurance.

To apply: Waiting lists are long (except in emergencies), and only persons with special needs that cannot be met elsewhere are currently being accepted as new clients. HIV-infected persons may be accepted because of their special needs. People with emergency needs may go to Children's Hospital emergency room or call the clinic for an emergency same-day or next-day appointment.

NOTES:

This listing appears in the following sections: A C E
Date of last update for this listing: 08/01/90

West Contra Costa Youth Services Bureau

1300 Amador Street, #18
San Pablo CA 94806

TELEPHONE: 237-9503

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: West Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Under 18 years.

DESCRIPTION OF SERVICES PROVIDED:

Provides a comprehensive youth service delivery system designed to improve the coordination of services to children, youth, and their families.

Services include in-take and problem identification; referral and follow-up to other agencies; individual, group, crisis, & substance abuse counseling; parent and grandparent support groups; crisis intervention counseling; advocacy; pre-vocational and vocational training; and community outreach.

Also provides case management services to pregnant teens or teen parents under 18 years to identify educational, health care, day care and social service needs, and secure resources to meet those needs. Services include assistance with health care during pregnancy and after birth, finding child care, financial problems, completing high school, job counseling and training, infant care information, proper nutrition, legal referrals, housing assistance, food and clothing, and emotional support. All services are confidential.

The New Attitudes Program offers substance abuse counseling to pregnant teens and to young women at risk for substance abuse.

NOTES:

Apply by phone.

Transportation: AC Transit #68 stops within 2 blocks.

Accessibility: Facility is not wheelchair accessible.

This listing appears in the following sections: Q A C

Date of last update for this listing: 08/01/90

B. Alternative/Experimental Therapies

The following listings are pertinent to alternative and/or experimental therapies and treatments for HIV disease.

This section is presented for informational purposes only. Inclusion in this listing does not indicate recommendation or approval by the Contra Costa County Health Services Department.

AIDS Clinical Trials Information Service

P.O. Box 6421
Rockville MD 20850

TELEPHONE: 1-800-874-2572

DAYS AND HOURS: Monday-Friday 5 AM-3 PM Pacific Time

AREA SERVED: U.S.

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Up-to-date information about HIV related medications now being tested.

NOTES:

This listing appears in the following sections: B
Date of last update for this listing: 08/01/90

Community Consortium

995 Potrero Ave., Bldg. 80, Ward 84
San Francisco CA 94110

TELEPHONE: 821-3144

DAYS AND HOURS: Monday-Friday, 8 AM to 5 PM

AREA SERVED: Bay Area Counties

FEES: None

ELIGIBILITY NOTES:

See "Services"

DESCRIPTION OF SERVICES PROVIDED:

Organization of health service providers which focuses on the dissemination of information about clinical trials of experimental drugs for the treatment of HIV disease. Persons with HIV must be enrolled in trials through their primary medical care providers, i.e., a hospital, outpatient clinic, or private physician. The Consortium will send a free quarterly updated list of all current trials to anyone with a written request.

NOTES:

This listing appears in the following sections: B
Date of last update for this listing: 08/01/90

Project Inform Hotline

347 Dolores Street, #301
San Francisco CA 94110

TELEPHONE: 558-9051 See "Notes"

DAYS AND HOURS: Monday - Friday 9 AM-4 PM

AREA SERVED: U.S.

FEES: None

ELIGIBILITY NOTES:

N/A

DESCRIPTION OF SERVICES PROVIDED:

Provides information on experimental drugs for the treatment of AIDS.
No charge for information packet and "PI Perspective" published three times per year.

NOTES:

If calling from outside of the 415 area code, telephone 1-800-334-2422.

This listing appears in the following sections: B
Date of last update for this listing: 08/01/90

C. Children's Services

Children under age thirteen who have HIV have usually acquired the infection from a blood transfusion or from their infected mothers before birth. This means that their mothers and possibly their fathers are also infected with HIV, may be ill with AIDS or may not be able to care for their children. If the parents are substance users, parental attention to the health status and needs of these children may not be adequate.

Extended family members, friends, foster homes and agencies dealing specifically with children may be called upon. The listings that comprise this section apply specifically to children with HIV. Check each listing for eligible ages. Also included are child day care facilities and attendant care agencies which are sensitive to the issues surrounding children and HIV.

California Children's Services

595 Center St., Suite 110
Martinez CA 94553

TELEPHONE: 646-1280

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Coordinates care and gives financial assistance to qualifying families for children aged birth to 21 years with complex disabling conditions. Children with HIV as a secondary condition are accepted. Referrals generally are taken through hospitals or clinics, but individuals may call for assistance.

NOTES:

This listing appears in the following sections: A C L F
Date of last update for this listing: 08/01/90

Children's Hospital Oakland-HIV Program

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3010

DAYS AND HOURS: Monday-Friday 8 AM-12 NOON, 1 PM-4:30 PM

AREA SERVED: Bay Area

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

The HIV Program provides testing, screening, and treatment for children from ages birth to 21 years. Clinical trials available. The program is approved by California Children's Services and is affiliated with the Northern California Pediatric AIDS Program.

The HIV Program offers a team of specialists to answer questions and to provide counseling and support. The HIV Program is located in the Department of Infectious Diseases at Children's Hospital.

Contra Costa County residents should be referred through Contra Costa HIV Children's Program, Kathleen Malloy, M.D., 646-1286.

NOTES:

This listing appears in the following sections: C L S A
Date of last update for this listing: 08/01/90

Children's Hospital Teen Clinic

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3387

DAYS AND HOURS: (See "Notes")
AREA SERVED: East Bay
FEES: (See "Services")
ELIGIBILITY NOTES:

Adolescents aged 12-19

DESCRIPTION OF SERVICES PROVIDED:

Comprehensive medical treatment for adolescents aged 12-19 including general physical exams, treatment for a range of illnesses from colds to sexually transmitted diseases, AIDS prevention education and peer counseling for AIDS prevention, and general health education. Referrals to other services at Children's Hospital when needed. Confidentiality is respected.

FEES: Sliding scale, Medi-Cal or other insurance accepted. No one is turned away for inability to pay.

Appointments are necessary.

NOTES:

Hours are as follows:

Mondays 8:30 AM-5 PM
Tuesdays 8:30 AM-5 PM
Wednesdays 12:45 PM-5 PM
Fridays 12:45 PM-5 PM

This listing appears in the following sections: A L C
Date of last update for this listing: 08/01/90

Contact-Care Center

P.O. Box 901
Lafayette CA 94549

TELEPHONE: (see below)

DAYS AND HOURS: 24 hours - daily
AREA SERVED: Contra Costa County
FEES: None
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Contact-Care Center is a 24-hour listening, crisis intervention and referral service. Volunteers are professionally trained in listening and crisis intervention skills to assist those with family problems, parental stress, loneliness, depression, suicide, drugs, alcohol or any other difficult situation. Referrals to appropriate agencies are made when necessary. AIDS sensitive.

24-Hour Helplines:

- 284-2273 (Central County)
- 754-8111 (East County)
- 235-5244 (West County)
- 284-2207 (Business phone)

NOTES:

Hot Line 945-TEEN 7 AM-10 PM seven days per week. Teens available to answer phones 5 PM-9 PM Tuesdays, Thursdays, Fridays and Sundays.

Kid-Phone Warmline 284-2274 - 7 am to 10 pm for children left alone to be able to call if they need help or just to talk. Adults and teenagers over age 16 are trained for this telephone counseling.

This listing appears in the following sections: C D A
Date of last update for this listing: 08/01/90

Contra Costa Child Care Council

See "Notes"

TELEPHONE: See "Notes"

DAYS AND HOURS: See "Notes"

AREA SERVED: Contra Costa County

FEES: No fee.

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Respite care of special needs children aged birth to 21 years for parents needing time away from parenting responsibilities. Referrals must be made by a qualified referral agent (i.e., medical provider, social worker, therapist or counselor). Telephone referrals must be followed with a confirming letter by the referral agent. Children are matched for enrollment in appropriate and available licensed day care or family day care setting. Children or parents with HIV may qualify for this service.

NOTES:

Locations and hours as follows:

West County: 3727 Barrett Ave., Richmond, CA 94805 (233-5437)
9 AM-12 NOON, 1 PM-4 PM Monday - Friday.

Central County: 3020 Grant St., Concord, CA 94520 (676-5437)
9 AM-4 PM Monday - Friday.

East County: 300 E. Leland #106, Pittsburg, CA 94565 (427-5437)
9 AM-12 NOON, 1PM-4 PM Monday- Friday.

This listing appears in the following sections: C A
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
HIV Children's Program

595 Center Ave., Suite 310
Martinez CA 94553

TELEPHONE: 646-1286

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Must be a California resident.

DESCRIPTION OF SERVICES PROVIDED:

A program funded through the California Children Services (CCS), it provides a full range of diagnostic testing, medical treatment, and medical support services to children under the age of 21 years at risk or infected with HIV. This program primarily utilizes Children's Hospital of Oakland for these services.

NOTES:

Contact person: Kathleen Malloy, M.D., 646-1286

This listing appears in the following sections: A C L
Date of last update for this listing: 08/01/90

Contra Costa County Social Services
Children's Services

See "Notes"

TELEPHONE: See "Notes"

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Varies according to program.

DESCRIPTION OF SERVICES PROVIDED:

Provides case management social services for children with health problems including HIV. Counsels families on the best ways to meet the family's social, health and financial needs. Provides services to maintain children in their own homes and foster placement when the family is unable to care for a child.

CENTRAL: 30 Muir Rd., Martinez, CA 94553 (646-2623)

EAST: 4545 Delta Faire Blvd., Antioch, 94509 (427-8566)

WEST: 3045 Research Drive, Richmond, CA 94806 (374-3491)

NOTES:

If you know of or suspect child abuse or neglect occurring, call the office below for that area. A social worker will talk with you confidentially and assess the situation. If the child is in danger, a visit will occur immediately. Parents often need and want help. This service can arrange other kinds of help that may be needed such as child care, emergency placement and psychiatric services.

Emergency response Monday-Friday 8 AM-5 PM:

West County: 374-3495; Central County 646-2881; East County 427-8750

After hours and weekends call 372-8000.

This listing appears in the following sections: A C

Date of last update for this listing: 08/01/90

Infant Parent Project

2801 Robert H. Miller Drive
Richmond CA 94806

TELEPHONE: (To refer) 223-8926

DAYS AND HOURS: Monday-Friday, 8:30 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

A home-based program of treatment and support for parents of infants from birth to two years old.

Clinical social workers respond to referrals of mothers and families when the infant fails to thrive or is delayed in development or when there are "risk factors" present -- a family history of violence, alcoholism, or drug abuse; a premature or difficult birth; a teenage parent; a recent family loss; exceptional financial or social stress.

Team members provide assessment, developmental guidance, psychotherapy, parenting training and support services.

"Infant Bond" is a new program providing assessment for cocaine-involved infants and home visiting for their mothers or foster parents.

NOTES:

This listing appears in the following sections: C D
Date of last update for this listing: 08/01/90

Martin Luther King, Jr. Family Health Center

101 Broadway
Richmond CA 94806

TELEPHONE: 233-3994

DAYS AND HOURS: (See "Services")
AREA SERVED: West Contra Costa County
FEES: (See "Notes")
ELIGIBILITY NOTES:

None

DESCRIPTION OF SERVICES PROVIDED:

HOURS: Monday - Friday, 8:30 AM - 5 PM, Wednesday 8:30 AM - 8 PM, Saturday 9 AM - 1 PM.

Low-cost comprehensive outpatient care, including: HIV testing, counseling and treatment; prenatal and infant care including home visits to newborns up to two weeks old and transportation provided to the clinic; eye and dental exams; mental health counseling. Appointments are preferred but drop-ins are permitted.

NOTES:

Spanish and Laotian speaking staff are available.

FEES:

Medi-Cal and other insurance accepted. No fees for the homeless. No one is turned away due to inability to pay.

This listing appears in the following sections: D L E C S M
Date of last update for this listing: 08/01/90

Regional Center of the East Bay

1800 Sutter St., #220
Concord CA 94520

TELEPHONE: 798-3001

DAYS AND HOURS: Monday-Friday, 8:30-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

See "Notes"

DESCRIPTION OF SERVICES PROVIDED:

These agencies (below) share intake information if families sign a release of information, and can connect clients with a wide range of services including:

- Home visits from a pediatric nurse or other health specialists, including physical therapists and speech therapists.
- Therapeutic nursery school programs.
- Respite care (limited and not available if in foster placement)
- Case management for children and their caregivers.

Agencies:

We Care, Lynn Center, county schools, George Miller Center, High Risk Infant Project, Richmond Unified School District SELPA, Mt. Diablo Unified School District SELPA

NOTES:

Eligibility: Children aged birth to 3 years who are residents of Contra Costa County and whose development is delayed or who are at high risk for physical or mental delays. Many babies who are HIV-infected may be eligible for these services, as well as children affected by drug or alcohol use. Children over 3 years are eligible if they are developmentally disabled, e.g., mentally retarded, autistic, have seizure disorders or cerebral palsy. Any of these conditions must be substantially handicapping. Children in foster care are eligible.

To apply, call for an evaluation appointment.

This listing appears in the following sections: C
Date of last update for this listing: 08/01/90

U.C.S.F. Children's Dental Clinic-Children's Hosp.

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3316

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Bay Area

FEES: Varied-See "Services"

ELIGIBILITY NOTES:

See "Services"

DESCRIPTION OF SERVICES PROVIDED:

Comprehensive dental care.

Eligibility: Children to age 16, mentally handicapped adults to age 35.

Fees: Vary according to services. Medi-Cal or private insurance accepted; payment plans will be arranged for anyone without insurance.

To apply: Waiting lists are long (except in emergencies), and only persons with special needs that cannot be met elsewhere are currently being accepted as new clients. HIV-infected persons may be accepted because of their special needs. People with emergency needs may go to Children's Hospital emergency room or call the clinic for an emergency same-day or next-day appointment.

NOTES:

This listing appears in the following sections: A C E
Date of last update for this listing: 08/01/90

West Contra Costa Youth Services Bureau

1300 Amador Street, #18
San Pablo CA 94806

TELEPHONE: 237-9503

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: West Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Under 18 years.

DESCRIPTION OF SERVICES PROVIDED:

Provides a comprehensive youth service delivery system designed to improve the coordination of services to children, youth, and their families. Services include in-take and problem identification; referral and follow-up to other agencies; individual, group, crisis, & substance abuse counseling; parent and grandparent support groups; crisis intervention counseling; advocacy; pre-vocational and vocational training; and community outreach.

Also provides case management services to pregnant teens or teen parents under 18 years to identify educational, health care, day care and social service needs, and secure resources to meet those needs. Services include assistance with health care during pregnancy and after birth, finding child care, financial problems, completing high school, job counseling and training, infant care information, proper nutrition, legal referrals, housing assistance, food and clothing, and emotional support. All services are confidential.

The New Attitudes Program offers substance abuse counseling to pregnant teens and to young women at risk for substance abuse.

NOTES:

Apply by phone.

Transportation: AC Transit #68 stops within 2 blocks.

Accessibility: Facility is not wheelchair accessible.

This listing appears in the following sections: Q A C
Date of last update for this listing: 08/01/90

D. Counseling and Support

A multiplicity of feelings may arise when someone discovers they have HIV or AIDS. The purpose of counseling and mental health services is to provide a place to sort through these complex feelings. This section contains listings of agencies and organizations that are sensitive to HIV issues and which provide information and referral services as well as counseling.

AIDS Project of the East Bay

565 16th Street
Oakland CA 94612

TELEPHONE: 834-8181

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM

AREA SERVED: East Bay

FEES: None

ELIGIBILITY NOTES:

Serves any East Bay resident

DESCRIPTION OF SERVICES PROVIDED:

The AIDS Project of the East Bay provides counseling and emotional support for East Bay residents with HIV-related concerns. It serves PWAs, PWARCs and their friends, families and lovers. Coordinates a variety of support groups. Intake with a client activities counselor required for referral to support groups.

Advocacy for various social services is available to PWAs and PWARCs. Legal clinics and emergency funds are available. A department of education provides outreach to the community in addition to other general information and referral services.

NOTES:

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

AIDS/ARC Services of Catholic Charities

433 Jefferson Street
Oakland CA 94607

TELEPHONE: 834-5656

DAYS AND HOURS: Monday - Friday, 9 AM-5 PM

AREA SERVED: Contra Costa/Alameda Co.

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Catholic Charities provides AIDS education and volunteer trainings within Contra Costa County's Catholic community through its parishes and administrative departments. Spiritual support and emergency financial aid are available to anyone. Catholic Charities personnel have been advocates for AIDS antidiscrimination ordinances. Other services in Contra Costa County include:

- Presentations, workshops and teleconferences in churches and schools on AIDS awareness and risk reduction;
- Spiritual support for those impacted by HIV;
- Community outreach to support resource sharing, education, advocacy for antidiscrimination legislation, housing and other services;
- Housing services;
- Individual and group counseling services including an HIV support group and an AIDS grief support group;
- AIDS education for Vietnamese, Laotian and Cambodian groups;
- Emotional support in detention facilities.

NOTES:

This listing appears in the following sections: D F P
Date of last update for this listing: 08/01/90

Battered Women's Alternatives

P.O. Box 6406
Concord CA 94524

TELEPHONE: (See "Notes")

DAYS AND HOURS: (See "Notes")

AREA SERVED: Contra Costa County

FEES: Vary with income. Private insurance accepted.

ELIGIBILITY NOTES:

No requirements.

DESCRIPTION OF SERVICES PROVIDED:

Provides services to individuals and families involved in domestic violence. 24-hour hotline provides crisis counseling to men and women. For women and children in a life threatening situation, offers a safe home or shelter for three days to six weeks. Legal advocacy services include assistance in obtaining a temporary restraining order, information about criminal charges, court accompaniment and referrals to attorneys. Battered women support groups meet weekly throughout the county. Men's program component seeks to eliminate physical abuse of women and children by providing violence abatement training. Also offers employment counseling, job training and placement for battered women. AIDS sensitive.

Foreign language: Spanish speakers available.

NOTES:

Business Office hours Monday-Friday, 9 AM-5 PM. Telephone 676-2845.

BWA county-wide legal program hours Monday-Friday, 9 AM-5 PM.

Telephone 372-3211

Seven-day, 24-hour crisis and advocacy lines:

CENTRAL COUNTY 930-8300

EAST COUNTY 757-8200

WEST COUNTY 233-2420

Batterers' Anonymous: 676-3223

This listing appears in the following sections: D K T

Date of last update for this listing: 08/01/90

Berkeley Community Health Project - Free Clinic

2339 Durant Avenue
Berkeley CA 94704

TELEPHONE: 548-2570 (TTY) 548-8238

DAYS AND HOURS: (See "Notes")
AREA SERVED: (See "Services")
FEES: None. Donations encouraged.
ELIGIBILITY NOTES:

Inability to pay for services.

DESCRIPTION OF SERVICES PROVIDED:

- Medical appointments: Mondays, Tuesdays, Wednesdays, Thursdays. Call 548-4811 at 5:45 PM for same evening appointment.
- Men's STD Clinic: Sundays 6-8 PM drop in. For information call 644-0425.
- Women's STD and gynecology clinic: Saturday mornings. Call 548-4811 at 8:30 AM for same morning appointment.
- HIV anonymous testing: Must be 12 years old or older. Drop in Sundays 6-7PM. Call 644-0425 for information.
- Dental Clinic: Mondays and Thursdays 6-9 PM drop in. For information call 548-2745.
- Homeless Services Coordinator: Monday through Friday 2-4 PM; Sunday through Thursday 6-8 PM. Call 548-1730.
- Peer Counseling: One-on-one and couples. Drop in Tuesdays 7-9 PM. Call 548-2570 for more information.

NOTES:

This listing appears in the following sections: E L D S T
Date of last update for this listing: 08/01/90

Center for Attitudinal Healing

19 Main Street
Tiburon CA 94920

TELEPHONE: 435-5022

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: U.S.

FEES: Free

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

HIV disease support hotline Monday-Friday 8 AM-5 PM. People with HIV and their support persons are encouraged by the Center to attend their adult support groups, as well as special focus groups for persons with AIDS, persons with ARC and the worried well. Groups meet in Marin County but are open to anyone in the Bay area.

These groups stress attitudinal healing--the power of letting go of painful, fearful attitudes--and are designed for people facing life-threatening illnesses.

NOTES:

Pre-registration is required for groups.

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

Compassionate Friends

Lafayette/W.C. CA

TELEPHONE: 284-CARE

DAYS AND HOURS: See "Services"

AREA SERVED: See "Notes"

FEES: None

ELIGIBILITY NOTES:

See "Services"

DESCRIPTION OF SERVICES PROVIDED:

Local branch of a nationwide network of parents who have lost a child, meets the fourth Tuesday of every month, 7:30 pm to 9:30 pm at the Bancroft Elementary School in Walnut Creek. Drop in.

Contact Care will connect you to the organization when you call their phone number. If desired, you will receive a return call from another parent within 24 hours.

Days and Hours: Seven days per week, 24-hour volunteer telephone counseling through Contact Care.

Serving Contra Costa and Alameda Counties. National organization linkage.

NOTES:

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

Contact-Care Center

P.O. Box 901
Lafayette CA 94549

TELEPHONE: (see below)

DAYS AND HOURS: 24 hours - daily
AREA SERVED: Contra Costa County
FEES: None
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Contact-Care Center is a 24-hour listening, crisis intervention and referral service. Volunteers are professionally trained in listening and crisis intervention skills to assist those with family problems, parental stress, loneliness, depression, suicide, drugs, alcohol or any other difficult situation. Referrals to appropriate agencies are made when necessary. AIDS sensitive.

24-Hour Helplines:

- 284-2273 (Central County)
- 754-8111 (East County)
- 235-5244 (West County)
- 284-2207 (Business phone)

NOTES:

Hot Line 945-TEEN 7 AM-10 PM seven days per week. Teens available to answer phones 5 PM-9 PM Tuesdays, Thursdays, Fridays and Sundays.

Kid-Phone Warmline 284-2274 - 7 am to 10 pm for children left alone to be able to call if they need help or just to talk. Adults and teenagers over age 16 are trained for this telephone counseling.

This listing appears in the following sections: C D A
Date of last update for this listing: 08/01/90

Contra Costa County AIDS Task Force

2326 Boulevard Circle
Walnut Creek CA 94595

TELEPHONE: 932-AIDS

DAYS AND HOURS: Monday-Friday 9 AM-4:45 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Intake required.

DESCRIPTION OF SERVICES PROVIDED:

Private, non-profit community based organization which offers the following services:

- Emotional support to people with AIDS or ARC and their loved ones on a one-to-one basis.
- Practical help such as shopping, cleaning and transportation to people with AIDS or ARC.
- Limited emergency relief funds for qualifying individuals.
- Food certificates and food bank for qualifying individuals.
- Twice monthly legal clinics addressing legal issues surrounding HIV.
- On going support groups for individuals living with AIDS and couples living with AIDS. Also spiritually-oriented Healing Circle meetings. New groups forming regularly.
- Loan of in-home hospital equipment and provision of medical supplies.
- "Friends For Fun" program which provides opportunities for social interaction.
- Referral to other organizations and agencies serving HIV community.

NOTES:

All services provided free of charge.

Volunteer trainings presented quarterly. People with AIDS/ARC/HIV encouraged to participate.

This listing appears in the following sections: D J K F G
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
AIDS Program Support Groups

(See "Services")

TELEPHONE: 646-1240 or 938-2509

DAYS AND HOURS: (See "Services")
AREA SERVED: Contra Costa County
FEES: None
ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Eligibility: Placement interview by telephone to group referral required.

Weekly ongoing support groups for HIV infected persons, their families, friends and partners. Facilitated by mental health professionals and paraprofessionals. The groups meet at different times and locations in Central and East Contra Costa County. Call Mary Parish at either number listed for screening and referral to a group.

GROUPS:

Lovers Group, Family and Friends Group, Wives and Lovers of PWAs and PWARCs, Grief Peer Support Group, People with AIDS/ARC, Antibody Positive Men, Antibody Positive Women, Parents' Support Group, Substance Use/HIV Concerns Group.

NOTES:

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Mental Health Clinics

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday. See Services for hours.

AREA SERVED: Contra Costa County

FEES: (See "Notes")

ELIGIBILITY NOTES:

Resident of Contra Costa County

DESCRIPTION OF SERVICES PROVIDED:

All county residents may be referred to the following clinics:

WEST COUNTY:

-232 Broadway, Richmond. Call for appointment Monday-Friday 1-5 PM.
374-3261.

-100 38th Street, Richmond (Health Clinic). Call for appointment Monday-
Friday 9 AM-12 NOON 374-3061.

-256 24th Street, Richmond (Psychiatric Emergency Crisis Unit). Monday-
Friday 8 AM-12 MIDNIGHT 374-3420.

*CENTRAL COUNTY: 2025 Port Chicago Highway, Concord. Monday-Friday 8 AM-
7 PM. 646-5480.

*PITTSBURG: 550 School Street. Monday-Friday 8 AM-5 PM 427-8110

*ANTIOCH: 2400 Sycamore Drive, #33. Monday-Friday 8 AM-5 PM 427-8664

COUNTY-WIDE: For emergencies or after hours, 7 days/24 hours, call 370-5700
Merrithew Memorial Hospital, E Ward.

NOTES:

* Emergency services are available 8 to 5 at Concord, Pittsburg and Antioch
clinics. People in crisis can be seen the day they call.

There is also a clinic in Brentwood two days a week, but clients need to be
referred there from Antioch or Pittsburg.

FEES: Fees vary with treatment. Call patient accounting for detailed
information, 646-4404, or call Duane Chapman, Financial Counselor, at
370-5590 or pager 671-4313.

This listing appears in the following sections: D L
Date of last update for this listing: 08/01/90

Contra Costa Crisis & Suicide
Intervention Services

P.O. Box 4852
Walnut Creek CA 94596

TELEPHONE: 939-1916

DAYS AND HOURS: Crisis hotlines, 24-hour, daily.

AREA SERVED: All of Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Trained volunteers provide crisis counseling and referral service on a 24-hr 7-days-a-week basis for people of all ages having difficulty coping.

In addition to hotlines, other services include grief counseling for family and friends via telephone or personal contact, support groups for widowed persons, bereaved parents and survivors of suicide. Referrals in other areas of the United States are also maintained.

AIDS sensitive.

939-3232 (Central County)
620-0174 (West County)
754-7080 (East County)
944-0645 (Grief Counseling)

NOTES:

This listing appears in the following sections: D R
Date of last update for this listing: 08/01/90

Diablo Valley AIDS Center

2253 Concord Blvd.
Concord CA 94520

TELEPHONE: 686-3822

DAYS AND HOURS: Monday-Thursday 9 AM-9 PM; Friday 9 AM-5 PM

AREA SERVED: All of Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Lay counseling support to PWAs, PWARCs and those who are HIV antibody positive. Provides education about AIDS with a special outreach to the religious community.

Food bank for HIV+ persons with income less than \$900 per month. (Exceptions made on a case by case basis). Housing assistance also provided.

Recreation room, food bank and medical supplies also available.

Mediation to avoid legal action and to avoid publicity is also provided.

Support group for HIV-impacted women available. Crisis line for women operated on Saturdays, 9 AM- 12 NOON.

NOTES:

This listing appears in the following sections: D G F T
Date of last update for this listing: 08/01/90

Familias Unidas Counseling & Information Center

205 39th Street
Richmond CA 94805

TELEPHONE: 234-5464

DAYS AND HOURS: See Notes

AREA SERVED: West Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Provides individual, group and family counseling. All services are bilingual, Spanish/English. Youth groups, women's groups, information and referral, parenting project. AIDS information and referral, individual counseling and support groups for people with AIDS/ARC, those who are HIV antibody positive, their families and significant others. An HIV social worker provides case management for HIV infected clients.

NOTES:

Hours:

Monday, Thursday, Friday 9:00 AM - 5:30 PM

Tuesdays, Wednesday 9:00 AM - 9:30 PM

This listing appears in the following sections: D M
Date of last update for this listing: 08/01/90

Independent Living Resource of Contra Costa County

2637 Pleasant Hill Road
Pleasant Hill CA 94523

TELEPHONE: 935-4571 (800) 633-4644

DAYS AND HOURS: Monday-Friday 9 AM-12 NOON, 1 PM-5 PM

AREA SERVED: (See "Services")

FEES: None

ELIGIBILITY NOTES:

Contra Costa County residents

DESCRIPTION OF SERVICES PROVIDED:

This resource provides services for persons with all types of disabilities including people with AIDS or ARC. It offers information, referrals, benefits counseling and advocacy, housing assistance, attendant referrals and peer support.

NOTES:

For hearing impaired:

TTY-935-5126

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

Infant Parent Project

2801 Robert H. Miller Drive
Richmond CA 94806

TELEPHONE: (To refer) 223-8926

DAYS AND HOURS: Monday-Friday, 8:30 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

A home-based program of treatment and support for parents of infants from birth to two years old.

Clinical social workers respond to referrals of mothers and families when the infant fails to thrive or is delayed in development or when there are "risk factors" present -- a family history of violence, alcoholism, or drug abuse; a premature or difficult birth; a teenage parent; a recent family loss; exceptional financial or social stress.

Team members provide assessment, developmental guidance, psychotherapy, parenting training and support services.

"Infant Bond" is a new program providing assessment for cocaine-involved infants and home visiting for their mothers or foster parents.

NOTES:

This listing appears in the following sections: C D
Date of last update for this listing: 08/01/90

Jewish Family Services

56 Mayhew Way
Walnut Creek CA 94596

TELEPHONE: 935-0991

DAYS AND HOURS: Monday-Friday 9 AM-5 PM (see notes)

AREA SERVED: All of Contra Costa County

FEES: Sliding scale from \$20.

ELIGIBILITY NOTES:

Non-Jewish families welcome.

DESCRIPTION OF SERVICES PROVIDED:

The goal of JFS is to strengthen individual and family life. Services include individual, children, family and group counseling. Geriatric case workers and seniors counseling specialists on staff. Individual, couple and family counseling available for persons with HIV.

NOTES:

Evening appointments available.

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

Kaiser Permanente Medical Centers and Offices

See below

TELEPHONE: See below

DAYS AND HOURS:

AREA SERVED: All of Contra Costa County

FEES: Yes

ELIGIBILITY NOTES:

Require membership

DESCRIPTION OF SERVICES PROVIDED:

All locations offer medical care, pharmaceutical services, and HIV anti-body testing. The Martinez and Walnut Creek locations offer hospitalization. The Walnut Creek Kaiser offers specialized AIDS services and hospice as well as health education classes for persons with HIV related needs.

Note: Kaiser patients who receive primary care from Antioch cannot use hospice services.

LOCATIONS:

1. 1425 S. Main St., Walnut Creek, (943-2000), Hospice (943-2165)
2. 200 Muir Rd., Martinez, (372-1000), Inpatient Hospice (943-2165)
3. 1330 Cutting Blvd., Richmond, (231-4600), Emergency Hospital (232-4811)
4. 901 Nevin Ave., Richmond, (231-4600)
5. 3400 Delta Faire Blvd., Antioch, (779-5000)

NOTES:

All Kaiser locations offer medical care to plan members who have AIDS or ARC. However, the Walnut Creek location has a special HIV Coordinator and AIDS Social Worker who provide patient advocacy, counseling and support.

Kaiser HMO members often use other Kaiser facilities in the Bay Area. Those closest to Contra Costa County include the following locations:

Oakland - 569-1000, HIV Patient Education and Support Service, 569-6344
San Francisco - 742-2000
Pleasanton - 847-5000
Vallejo - 648-6000

This listing appears in the following sections: S D
Date of last update for this listing: 08/01/90

Martin Luther King, Jr. Family Health Center

101 Broadway
Richmond CA 94806

TELEPHONE: 233-3994

DAYS AND HOURS: (See "Services")
AREA SERVED: West Contra Costa County
FEES: (See "Notes")
ELIGIBILITY NOTES:

None

DESCRIPTION OF SERVICES PROVIDED:

HOURS: Monday - Friday, 8:30 AM - 5 PM, Wednesday 8:30 AM - 8 PM, Saturday 9 AM - 1 PM.

Low-cost comprehensive outpatient care, including: HIV testing, counseling and treatment; prenatal and infant care including home visits to newborns up to two weeks old and transportation provided to the clinic; eye and dental exams; mental health counseling. Appointments are preferred but drop-ins are permitted.

NOTES:

Spanish and Laotian speaking staff are available.

FEES:

Medi-Cal and other insurance accepted. No fees for the homeless. No one is turned away due to inability to pay.

This listing appears in the following sections: D L E C S M
Date of last update for this listing: 08/01/90

National Gay and Lesbian Crisis Line

New York NY

TELEPHONE: (800) 767-4297 (212) 529-1600

DAYS AND HOURS: (See "Notes")

AREA SERVED: National

FEES:

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Offers counseling and assistance to people with AIDS, assistance to victims of anti-gay/anti-lesbian violence, and answers questions regarding lesbian and gay issues.

AIDS sensitive.

NOTES:

Days and hours (Pacific time):

Monday - Friday ----- 2:00 PM - 7:00 PM

Saturday ----- 10:00 AM - 2:00 PM

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

Pacific Center Gay/Lesbian Switchboard

2712 Telegraph Ave
Berkeley CA 94705

TELEPHONE: 841-6224

DAYS AND HOURS: Monday-Friday, 10 AM-10 PM

AREA SERVED: Bay Area

FEES: None

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

Pacific Center is an organization providing services primarily to sexual minorities, i.e. gays, lesbians, bisexuals, transexuals, transvestites. The switchboard is staffed by trained volunteers in Berkeley. It offers a talk line for gay/lesbian issues, AIDS referrals, counseling, advocacy services, substance abuse information and referrals.

Also offered is HIV test counseling, advocacy education, support group, short term (5 session limit) counseling for individuals and couples, and counseling for people with HIV/AIDS. A speakers bureau is also available for community education about gay/lesbian issues.

HIV support groups available for men and women (mixed group) or for men only. Both are held on Thursday evenings. Telephone for more information.

NOTES:

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

Parents and Friends of Lesbians and Gays (PFLAG)

(See "Services")

Concord CA 94522

TELEPHONE: (See Services)

DAYS AND HOURS: (See "Services")

AREA SERVED: Contra Costa/Alameda County

FEES: None

ELIGIBILITY NOTES:

Open to anyone.

DESCRIPTION OF SERVICES PROVIDED:

The West Contra Costa/Berkeley PFLAG support group meets every second Wednesday at the West Berkeley Library, 1125 University Avenue at 8 PM. The Walnut Creek support group meets every third Tuesday at 1304 Rudgear Road at 7:30 PM.

WALNUT CREEK:

Diablo Valley PFLAG

P.O. Box 94

Walnut Creek, CA 94597

(933-4688)

WEST CONTRA COSTA COUNTY/BERKELEY:

PFLAG

P.O. Box 21

Concord, CA 94522

(685-6119)

NOTES:

This listing appears in the following sections: D
Date of last update for this listing: 08/01/90

Sojourne Community Counseling Center

3029 MacDonald Avenue
Richmond CA 94804

TELEPHONE: 374-3813

DAYS AND HOURS: (See "Notes")

AREA SERVED: West Contra Costa County

FEES: Sliding scale; no one turned away

ELIGIBILITY NOTES:

Adults and teenagers

DESCRIPTION OF SERVICES PROVIDED:

Sojourne provides counseling for people with drug abuse problems; priority given to West County residents. Counseling for people of color with HIV infection or at risk for HIV infection is also provided (AIDS Project). Acupuncture detoxification program available. AA, NA and CA support meetings weekly in-house. Women's recovery program for women with substance abuse problems also available.

ELIGIBILITY: Minority women who live in West Contra Costa County who are HIV infected or are at high risk of HIV infection due to substance use.

TO APPLY: Call for an appointment. Persons with HIV infection should call direct; others may be referred.

NOTES:

To apply, call for an appointment.

Days and hours:

Mondays, Tuesdays, Thursdays, Fridays 8 AM-9 PM

Wednesdays 8 AM-5 PM

This listing appears in the following sections: Q M T D
Date of last update for this listing: 08/01/90

The Center

3421 Martin Luther King Way
Oakland CA 94606

TELEPHONE: 655-3435

DAYS AND HOURS: Monday-Friday 9 AM-5 PM

AREA SERVED: Alameda, Contra Costa Co.

FEES: None

ELIGIBILITY NOTES:

See "Notes"

DESCRIPTION OF SERVICES PROVIDED:

Provides socialization activities, peer counseling, support and advocacy. Drop in activities include free hot lunches (Monday-Friday 12 NOON-1:15 PM), benefits counseling, laundry facilities, TV room and a rest space. Scheduled massages for clients and their caregivers available. Non-denominational spiritual counseling available. Catholic mass celebrated on Tuesdays 11 - 11:30 AM. Volunteers provide practical support for clients including house cleaning, meal preparation, transportation, errand running and hospital visitations. Support groups include:
Women's Group: Mondays 1:15 PM-2:45 PM
Asian/Pacific Islander Group: Thursdays 7 PM-9 PM
Alcoholics Anonymous: Wednesdays 11 AM
Narcotics Anonymous: Tuesdays 10 AM

NOTES:

Eligibility requirements: in-take screening and doctor's certification that individual is HIV-positive.

This listing appears in the following sections: D P
Date of last update for this listing: 08/01/90

E. Dental Care

This section contains listings of dental care providers sensitive to the needs of HIV patients.

Berkeley Community Health Project - Free Clinic

2339 Durant Avenue
Berkeley CA 94704

TELEPHONE: 548-2570 (TTY) 548-8238

DAYS AND HOURS: (See "Notes")
AREA SERVED: (See "Services")
FEES: None. Donations encouraged.
ELIGIBILITY NOTES:

Inability to pay for services.

DESCRIPTION OF SERVICES PROVIDED:

- Medical appointments: Mondays, Tuesdays, Wednesdays, Thursdays. Call 548-4811 at 5:45 PM for same evening appointment.
- Men's STD Clinic: Sundays 6-8 PM drop in. For information call 644-0425.
- Women's STD and gynecology clinic: Saturday mornings. Call 548-4811 at 8:30 AM for same morning appointment.
- HIV anonymous testing: Must be 12 years old or older. Drop in Sundays 6-7PM. Call 644-0425 for information.
- Dental Clinic: Mondays and Thursdays 6-9 PM drop in. For information call 548-2745.
- Homeless Services Coordinator: Monday through Friday 2-4 PM; Sunday through Thursday 6-8 PM. Call 548-1730.
- Peer Counseling: One-on-one and couples. Drop in Tuesdays 7-9 PM. Call 548-2570 for more information.

NOTES:

This listing appears in the following sections: E L D S T
Date of last update for this listing: 08/01/90

Contra Costa County Dental Society

N/A

TELEPHONE: 932-8662

DAYS AND HOURS: Monday-Thursday 8 AM-5 PM, Friday 8 AM-12 NOON

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Referrals to private dentists.

NOTES:

It is not necessary to state HIV status for a referral, but HIV status is requested as part of individual dentist's patient history questionnaire. Most dentists will not deny treatment because of HIV, but the Dental Society recommends that HIV+ persons seeking service call the referral dentist(s) to personally discuss their medical status. This will help ensure a comfortable patient-clinician relationship.

This listing appears in the following sections: E
Date of last update for this listing: 08/01/90

Diablo Valley College Dental Clinic

321 Golf Club Road
Pleasant Hill CA 94523

TELEPHONE: 685-1230 x356

DAYS AND HOURS: (See "Services")
AREA SERVED: Contra Costa County
FEES: (See "Services")
ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

LOCATION:
Technical Education Building, Room 104, 321 Golf Club Rd., Pleasant Hill,
CA, 94523

HOURS:
Summer hours: Monday-Thursday 8 AM-4 PM. After summer 1990, telephone
for hours.

SERVICES:
Dental examination, tooth cleaning, fluoride treatments, and root planing.
X-rays are taken, but not read. Patients must have their own dentist to
whom the x-rays can be sent. All work is done by students under
supervision.

FEES:
Cleaning--Children, \$5; adults, \$10; x-rays, \$2 to \$12. Root planing, \$5.

NOTES:

ELIGIBILITY:

Anyone is eligible, including adults and children with AIDS who are not too
ill for treatment. Call for screening appointment.

This listing appears in the following sections: E
Date of last update for this listing: 08/01/90

Martin Luther King, Jr. Family Health Center

101 Broadway
Richmond CA 94806

TELEPHONE: 233-3994

DAYS AND HOURS: (See "Services")
AREA SERVED: West Contra Costa County
FEES: (See "Notes")
ELIGIBILITY NOTES:

None

DESCRIPTION OF SERVICES PROVIDED:

HOURS: Monday - Friday, 8:30 AM - 5 PM, Wednesday 8:30 AM - 8 PM, Saturday 9 AM - 1 PM.

Low-cost comprehensive outpatient care, including: HIV testing, counseling and treatment; prenatal and infant care including home visits to newborns up to two weeks old and transportation provided to the clinic; eye and dental exams; mental health counseling. Appointments are preferred but drop-ins are permitted.

NOTES:

Spanish and Laotian speaking staff are available.

FEES:

Medi-Cal and other insurance accepted. No fees for the homeless. No one is turned away due to inability to pay.

This listing appears in the following sections: D L E C S M
Date of last update for this listing: 08/01/90

U.C.S.F. Children's Dental Clinic-Children's Hosp.

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3316

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Bay Area

FEES: Varied-See "Services"

ELIGIBILITY NOTES:

See "Services"

DESCRIPTION OF SERVICES PROVIDED:

Comprehensive dental care.

Eligibility: Children to age 16, mentally handicapped adults to age 35.

Fees: Vary according to services. Medi-Cal or private insurance accepted; payment plans will be arranged for anyone without insurance.

To apply: Waiting lists are long (except in emergencies), and only persons with special needs that cannot be met elsewhere are currently being accepted as new clients. HIV-infected persons may be accepted because of their special needs. People with emergency needs may go to Children's Hospital emergency room or call the clinic for an emergency same-day or next-day appointment.

NOTES:

This listing appears in the following sections: A C E
Date of last update for this listing: 08/01/90

F. Financial Services

This section contains listings of a variety of financial assistance programs which are available for people with HIV disease. The various programs are administered by both governmental and private agencies.

The procedures required for application to most programs are time-consuming and detailed. It is important to anticipate delays in the process and to be as organized and as patient as possible when making applications for benefits. It is also a good idea to keep clear, concise records of who was spoken to and a summary of what was said. Asking a friend or local AIDS agency for guidance and support can also be very helpful.

Note that eligibility requirements frequently change and individual considerations create variations in the process.

The following check list may be utilized to organize documentation and keep track of financial assistance applied for:

Financial Assistance Check List

Name_____

Date of Diagnosis_____

Name of Social Security Office Contacted_____

Date first contacted_____

Contract Name_____

✓	Financial Service	Date Applied	Date Certified
	State Disability (SDI)		
	Supplemental Security Income (SSI)		
	Medi-Cal		
	General Assistance (GA)		
	Food Stamps		
	Aid to Families with Dependent Children (AFDC)		
	Private Disability Insurance Company		
	Private Health Insurance Company		
	Veterans Administration (VA)		
	Other		
	Other		
	Other		

AIDS/ARC Services of Catholic Charities

433 Jefferson Street
Oakland CA 94607

TELEPHONE: 834-5656

DAYS AND HOURS: Monday - Friday, 9 AM-5 PM

AREA SERVED: Contra Costa/Alameda Co.

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Catholic Charities provides AIDS education and volunteer trainings within Contra Costa County's Catholic community through its parishes and administrative departments. Spiritual support and emergency financial aid are available to anyone. Catholic Charities personnel have been advocates for AIDS antidiscrimination ordinances. Other services in Contra Costa County include:

- Presentations, workshops and teleconferences in churches and schools on AIDS awareness and risk reduction;
- Spiritual support for those impacted by HIV;
- Community outreach to support resource sharing, education, advocacy for antidiscrimination legislation, housing and other services;
- Housing services;
- Individual and group counseling services including an HIV support group and an AIDS grief support group;
- AIDS education for Vietnamese, Laotian and Cambodian groups;
- Emotional support in detention facilities.

NOTES:

This listing appears in the following sections: D F P
Date of last update for this listing: 08/01/90

California Children's Services

595 Center St., Suite 110
Martinez CA 94553

TELEPHONE: 646-1280

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Coordinates care and gives financial assistance to qualifying families for children aged birth to 21 years with complex disabling conditions. Children with HIV as a secondary condition are accepted. Referrals generally are taken through hospitals or clinics, but individuals may call for assistance.

NOTES:

This listing appears in the following sections: A C L F
Date of last update for this listing: 08/01/90

Contra Costa County AIDS Task Force

2326 Boulevard Circle
Walnut Creek CA 94595

TELEPHONE: 932-AIDS

DAYS AND HOURS: Monday-Friday 9 AM-4:45 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Intake required.

DESCRIPTION OF SERVICES PROVIDED:

Private, non-profit community based organization which offers the following services:

- Emotional support to people with AIDS or ARC and their loved ones on a one-to-one basis.
- Practical help such as shopping, cleaning and transportation to people with AIDS or ARC.
- Limited emergency relief funds for qualifying individuals.
- Food certificates and food bank for qualifying individuals.
- Twice monthly legal clinics addressing legal issues surrounding HIV.
- On going support groups for individuals living with AIDS and couples living with AIDS. Also spiritually-oriented Healing Circle meetings. New groups forming regularly.
- Loan of in-home hospital equipment and provision of medical supplies.
- "Friends For Fun" program which provides opportunities for social interaction.
- Referral to other organizations and agencies serving HIV community.

NOTES:

All services provided free of charge.

Volunteer trainings presented quarterly. People with AIDS/ARC/HIV encouraged to participate.

This listing appears in the following sections: D J K F G
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
AIDS Case Management Program

1111 Ward St., Rm. 307
Martinez CA 94553

TELEPHONE: 646-1240

DAYS AND HOURS: Monday-Friday 8 AM-12 NOON, 1 PM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

This is a State funded County Public Health case management program for PWAs and PWARCs that provides case management for home and community based care. Enrolled clients receive assistance in accessing and receiving a full range of necessary and appropriate home and community-based services. These services include but are not limited to: in-home skilled nursing care; nutrition consultation; home health aide services; medical social services; personal care by home attendants; occupational, physical and speech therapy; mental health services; assistance in applying for financial aid or social services; referral for medical and mental health services; subsidies for housing and food; and assistance in obtaining appropriate living accommodation.

NOTES:

ELIGIBILITY: Program enrollment is required prior to receiving assistance through this program. A nurse case manager and a social worker will review your medical, social and financial status. Call for information or an admission screening.

This listing appears in the following sections: F G J
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Financial Counseling

Merrithew Memorial Hospital, 2500 Alhambra Avenue
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

None

DESCRIPTION OF SERVICES PROVIDED:

County Health Clinics Financial Counselors:

East County - 427-8162

West County - 374-3330

Central County - 370-5580

Provide assistance with applications for health care. Inquire about the County Health Plan, BAC, which covers some or all costs at County Hospital and clinics for low income adults ages 21-65 who do not qualify for Medi-Cal. Patients at County Hospital or County Clinics may receive free care if their gross monthly income is not over \$750. If monthly income exceeds \$750, they will be assessed an appropriate share of the costs.

NOTES:

Duane Chapman, Financial Services Specialist, provides special financial consultation for immediate and long-term income assessment and medical coverage for HIV patients. Mr. Chapman may be called when HIV infected persons anticipate using Contra Costa County Health Services or when financial counseling is needed. His beeper number is 671-1313. Mr.

Chapman is available at the following places and times:

Martinez - Tuesday and Thursday, 8:00 - 5:00pm, - 370-5590

Richmond - Monday and Wednesday, 1:00 - 4:00pm, - 374-3590

This listing appears in the following sections: F

Date of last update for this listing: 08/01/90

Contra Costa County Social Service Department

30 Muir Rd.
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday, 8 AM-12 NOON, 1 PM-5 PM

AREA SERVED: (See "Services")

FEES: None

ELIGIBILITY NOTES:

Vary according to program

DESCRIPTION OF SERVICES PROVIDED:

Provides information and referral to persons seeking assistance (including homeless persons). Services include referrals for temporary shelter, food and other resources that may help alleviate a crisis situation. Services are for the short term only and clients are requested to meet with county eligibility workers to apply for appropriate public assistance (GA, AFDC, etc.). For prompt service, it is suggested homeless clients make application for service early in the day.

Social Services Numbers:

CENTRAL COUNTY: 30 Muir Rd., Martinez, CA 94553 (646-2656)

WEST COUNTY: 3431 MacDonald Ave., Richmond, CA 94801 (374-3601)

EAST COUNTY: 4545 Delta Faire Blvd., Antioch, CA 94509 (427-8728)

NOTES:

In-Home Support Services for the aged, blind and disabled (including AIDS) is for recipients of SSI (Supplemental Security Income from Social Security Administration), and some Medi-Cal recipients who are unable to maintain their homes without help. Services may include housecleaning, washing and ironing, cooking, bathing, dressing and shopping.

IHSS Office Numbers:

CENTRAL COUNTY: 646-2780

WEST COUNTY: 374-3766

EAST COUNTY: 427-8728

This listing appears in the following sections: F G J

Date of last update for this listing: 08/01/90

Diablo Valley AIDS Center

2253 Concord Blvd.
Concord CA 94520

TELEPHONE: 686-3822

DAYS AND HOURS: Monday-Thursday 9 AM-9 PM; Friday 9 AM-5 PM

AREA SERVED: All of Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Lay counseling support to PWAs, PWARCs and those who are HIV antibody positive. Provides education about AIDS with a special outreach to the religious community.

Food bank for HIV+ persons with income less than \$900 per month. (Exceptions made on a case by case basis). Housing assistance also provided.

Recreation room, food bank and medical supplies also available.

Mediation to avoid legal action and to avoid publicity is also provided.

Support group for HIV-impacted women available. Crisis line for women operated on Saturdays, 9 AM- 12 NOON.

NOTES:

This listing appears in the following sections: D G F T
Date of last update for this listing: 08/01/90

Social Security Administration (SSA) & (SSI)

See "Notes" for area offices.

TELEPHONE: (800) 234-5772

DAYS AND HOURS: Monday-Friday, 7 AM-7 PM

AREA SERVED: U.S.

FEES: None

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

Provides disability financial benefits (SSA) for persons who are disabled. People who have an AIDS diagnosis are automatically presumed disabled, thereby meeting the medical criteria for both SSA and SSI. Generally under Social Security the definition of disability is related to the inability to work due to severe physical and/or mental impairment. Benefits continue as long as recipient remains medically disabled. Certain members of recipient's family may also qualify for disability benefits based on work record.

SSI (Supplemental Security Income) provides monthly payments to people in financial need who are disabled, blind, or 65 or older. Medical requirements are the same as SSA except that work credits are needed for SSI. There are limits on assets and income for people to be eligible for SSI.

NOTES:

ELIGIBILITY:

Varies according to income, age, medical records and work history.

EAST COUNTY: 355 E. Leland Rd., Pittsburg, CA 94565

CENTRAL COUNTY: 1111 Civic Drive, Walnut Creek, CA 94596

WEST COUNTY: 325 Harbour Way, Richmond, CA 94801

This listing appears in the following sections: F
Date of last update for this listing: 08/01/90

Veteran's Service Office

(See "Services")

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday, 8 AM-12 NOON, 1 PM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Veterans, their widows & dependents

DESCRIPTION OF SERVICES PROVIDED:

Provides information and assistance in filing claims for benefits including pension benefits and compensation for service connected conditions (including HIV). Also provides information on accessing V.A. medical centers.

CONCORD OFFICE: 2425 Bisso Lane, Suite 105, Concord, CA 94520 (646-5114)

RICHMOND OFFICE: 100 - 37th St., Room 270, Richmond, CA 94805 (374-3241)

NOTES:

This listing appears in the following sections: F
Date of last update for this listing: 08/01/90

G. Food, Shelter and Clothing

Listed in the following section are organizations in Contra Costa County which provide food to those in need and resources for free clothing.

Emergency shelter and affordable housing are a problem throughout Contra Costa County for anyone living on a restricted income. The resources listed in this section are on an "as available" basis.

EMERGENCY REFERRAL NUMBERS FOR FOOD AND SHELTER:

CENTRAL COUNTY	939-3232
WEST COUNTY	620-0174
EAST COUNTY	754-7080

EMERGENCY REFERRAL NUMBERS FOR THE HOMELESS:

CENTRAL COUNTY	646-1212
WEST COUNTY	374-3620
EAST COUNTY	427-8620

Community Food Coalition

5121 Port Chicago Highway
Concord CA 94520

TELEPHONE: 676-7543

DAYS AND HOURS: Monday-Friday, 8 AM-4:30 PM

AREA SERVED: All of Contra Costa County

FEES: Annual voluntary fee of \$10 requested.

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

U.S. Department of Agriculture commodities distributed every month to those meeting eligibility requirements. This includes peanut butter, powdered eggs, canned pork, canned beans, corn meal, raisins, butter, honey and flour. Call to determine your eligibility and your distribution site.

Provides a bag of groceries for seniors 60 years of age or older meeting health and income eligibility requirements. Call for distribution site.

NOTES:

This listing appears in the following sections: G
Date of last update for this listing: 08/01/90

Contra Costa County AIDS Task Force

2326 Boulevard Circle
Walnut Creek CA 94595

TELEPHONE: 932-AIDS

DAYS AND HOURS: Monday-Friday 9 AM-4:45 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Intake required.

DESCRIPTION OF SERVICES PROVIDED:

Private, non-profit community based organization which offers the following services:

- Emotional support to people with AIDS or ARC and their loved ones on a one-to-one basis.
- Practical help such as shopping, cleaning and transportation to people with AIDS or ARC.
- Limited emergency relief funds for qualifying individuals.
- Food certificates and food bank for qualifying individuals.
- Twice monthly legal clinics addressing legal issues surrounding HIV.
- On going support groups for individuals living with AIDS and couples living with AIDS. Also spiritually-oriented Healing Circle meetings. New groups forming regularly.
- Loan of in-home hospital equipment and provision of medical supplies.
- "Friends For Fun" program which provides opportunities for social interaction.
- Referral to other organizations and agencies serving HIV community.

NOTES:

All services provided free of charge.

Volunteer trainings presented quarterly. People with AIDS/ARC/HIV encouraged to participate.

This listing appears in the following sections: D J K F G
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
AIDS Case Management Program

1111 Ward St., Rm. 307
Martinez CA 94553

TELEPHONE: 646-1240

DAYS AND HOURS: Monday-Friday 8 AM-12 NOON, 1 PM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

This is a State funded County Public Health case management program for PWAs and PWARCs that provides case management for home and community based care. Enrolled clients receive assistance in accessing and receiving a full range of necessary and appropriate home and community-based services. These services include but are not limited to: in-home skilled nursing care; nutrition consultation; home health aide services; medical social services; personal care by home attendants; occupational, physical and speech therapy; mental health services; assistance in applying for financial aid or social services; referral for medical and mental health services; subsidies for housing and food; and assistance in obtaining appropriate living accommodation.

NOTES:

ELIGIBILITY: Program enrollment is required prior to receiving assistance through this program. A nurse case manager and a social worker will review your medical, social and financial status. Call for information or an admission screening.

This listing appears in the following sections: F G J
Date of last update for this listing: 08/01/90

Contra Costa County Social Service Department

30 Muir Rd.
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday, 8 AM-12 NOON, 1 PM-5 PM

AREA SERVED: (See "Services")

FEES: None

ELIGIBILITY NOTES:

Vary according to program

DESCRIPTION OF SERVICES PROVIDED:

Provides information and referral to persons seeking assistance (including homeless persons). Services include referrals for temporary shelter, food and other resources that may help alleviate a crisis situation. Services are for the short term only and clients are requested to meet with county eligibility workers to apply for appropriate public assistance (GA, AFDC, etc.). For prompt service, it is suggested homeless clients make application for service early in the day.

Social Services Numbers:

CENTRAL COUNTY: 30 Muir Rd., Martinez, CA 94553 (646-2656)

WEST COUNTY: 3431 MacDonald Ave., Richmond, CA 94801 (374-3601)

EAST COUNTY: 4545 Delta Faire Blvd., Antioch, CA 94509 (427-8728)

NOTES:

In-Home Support Services for the aged, blind and disabled (including AIDS) is for recipients of SSI (Supplemental Security Income from Social Security Administration), and some Medi-Cal recipients who are unable to maintain their homes without help. Services may include housecleaning, washing and ironing, cooking, bathing, dressing and shopping.

IHSS Office Numbers:

CENTRAL COUNTY: 646-2780

WEST COUNTY: 374-3766

EAST COUNTY: 427-8728

This listing appears in the following sections: F G J

Date of last update for this listing: 08/01/90

Diablo Valley AIDS Center

2253 Concord Blvd.
Concord CA 94520

TELEPHONE: 686-3822

DAYS AND HOURS: Monday-Thursday 9 AM-9 PM; Friday 9 AM-5 PM

AREA SERVED: All of Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Lay counseling support to PWAs, PWARCs and those who are HIV antibody positive. Provides education about AIDS with a special outreach to the religious community.

Food bank for HIV+ persons with income less than \$900 per month. (Exceptions made on a case by case basis). Housing assistance also provided.

Recreation room, food bank and medical supplies also available.

Mediation to avoid legal action and to avoid publicity is also provided.

Support group for HIV-impacted women available. Crisis line for women operated on Saturdays, 9 AM- 12 NOON.

NOTES:

This listing appears in the following sections: D G F T
Date of last update for this listing: 08/01/90

Home Delivered Meal Program/Meals on Wheels

See Services

TELEPHONE: See Services

DAYS AND HOURS: (See "Services")

AREA SERVED: All of Contra Costa County

FEES: Sliding scale - depending on income. See notes.

ELIGIBILITY NOTES:

(See notes)

DESCRIPTION OF SERVICES PROVIDED:

Provides a hot, nourishing meal for homebound clients regardless of their age, income or diagnosis. Weekend and holiday meals are available and special diets can be accommodated as advised by client's physician.

West County: 2301 Rumrill Blvd., San Pablo, phone 235-2916.

Hours: 8 AM-5 PM

Central County: 2737 North Main Street, Walnut Creek, phone 937-8311, extension 124. Hours: 8:30 AM-5 PM.

East County: 1104 Buchannan Road, Suite B5, Antioch, phone 778-4449.

Hours: 9 AM-5 PM

NOTES:

Eligibility Notes: Clients must be homebound. For Home Delivered Meal Program, persons who receive County-paid in-home health care are ineligible. No income stipulations.

Fee Notes:

--Meals on Wheels for persons aged 59 and under: sliding scale up to \$4/meal based on income.

--Home Delivered Meal Program for persons aged 60 and over: donations requested based on income.

This listing appears in the following sections: G

Date of last update for this listing: 08/01/90

Metta Vihara Residential AIDS Center

607 Key Blvd.
Richmond CA 94805

TELEPHONE: 236-0908

DAYS AND HOURS: Seven days, 9 AM-5 PM

AREA SERVED: Contra Costa County

FEES: (See "Notes")

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

A residential housing program for ambulatory PWAs and PWARCs who are homeless. Drug and alcohol users must be in a counseling or treatment program. Also provides free drop-in support and referrals for HIV-infected people, their families and friends. Call for appointments about residency.

NOTES:

Clients need to be able to climb stairs at this facility.

FEES:

\$400 per month; sliding scale; no one turned away due to lack of funds.

This listing appears in the following sections: G J
Date of last update for this listing: 08/01/90

Shelter, Inc.

Concord CA 94520

TELEPHONE: 827-3598

DAYS AND HOURS: Monday-Friday, 8:30 AM-5:00 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Provides Housing Crisis Loan Fund and information to homeless in Contra Costa County. Loans provided for first and last months rent and security and other deposits (up to \$1,000) necessary to secure housing, and for past due rent in order to keep people in housing and from becoming homeless. Information and referral for emergency shelter, tenant-landlord counseling, eviction prevention, and more. Educates the public about homelessness through public speaking. Transitional housing program for families with children in Pittsburg for a limit of 6 months until placement is available. Includes case management for these clients.

Phone first for instructions on how to apply for housing crisis loan.

ELIGIBILITY: Housing Crisis Loan Fund available to homeless seeking housing in Contra Costa County and to residents whose rent and utilities do not exceed 80% of their income. All applicants must be low-income, (below 50% of the median income for Contra Costa County).

NOTES:

This listing appears in the following sections: G
Date of last update for this listing: 08/01/90

Souper Center

165 - 22nd St.
Richmond CA 94804

TELEPHONE: 236-7386

DAYS AND HOURS: (See "Services")
AREA SERVED: Contra Costa County
FEES: None
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Provides nourishing hot lunches, periodic surplus food, clothing giveaway, homeless and health advocacy, case management, vocational screening, HIV education and referrals.

Hot lunch: 7 days a week, 11:30 AM-1:00 PM

Coffee: 7 days a week, 10:00 AM-11:00 AM

NOTES:

This listing appears in the following sections: G
Date of last update for this listing: 08/01/90

H. Funeral Arrangements

All adults are well advised to do some death planning; however for people with AIDS/HIV disease, the subject of funeral services is a difficult but especially important topic to confront. Consultation with friends or relatives about their personal experiences may be a good first step.

There are effective ways available for individuals to make their wishes clear. They include executing a Durable Power of Attorney, preparing a will and pre-arranging funeral details. You may receive a free copy of the Durable Power of Attorney for Health Care by sending a stamped, self-addressed envelope with your request to Spectra, c/o The Examiner, P.O. Box 7260, San Francisco, California 94120.

Funeral establishments offer a range of services with prices that are generally comparable. Some offer a pre-payment plan which assures an individual of his or her choice of burial or cremation. Pre-planning alleviates hardship at time of death when decision making can be difficult for loved ones.

Most funeral establishments will work with people who have AIDS/HIV; however, some are more sensitive than others. The establishments listed within this section have demonstrated or indicated this important sensitivity.

Additionally, you may wish to consult a counseling oriented organization or agency for grief counseling or for help in making funeral arrangements:

Grief Counseling:	944-0645
Contra Costa County	
AIDS Task Force:	932-AIDS
Diablo Valley AIDS Center:	689-3822

When the person that dies has no assets or known family to pay for funeral services, Contra Costa County may authorize payment for a cremation, a funeral and burial at an area mortuary. Contact the Contra Costa County Department of Social Services for full eligibility requirements:

East County:	427-8566
Central County:	646-2623
West County:	374-3551

Bryant and Moore Chapel

1385 Galindo Street
Concord CA 94520

TELEPHONE: 682-1100

DAYS AND HOURS: 24 hr. answering service

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Offers needs counseling, low cost cremation, shipping arrangements, veterans arrangements.

NOTES:

This listing appears in the following sections: H
Date of last update for this listing: 08/01/90

Fuller Funerals

3100 Cutting Blvd.
Richmond CA 94804

TELEPHONE: 237-5473

DAYS AND HOURS: 24-hour answering service

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Offers pre-need counseling, low cost cremation, shipping arrangements, veterans arrangements.

NOTES:

This listing appears in the following sections: H
Date of last update for this listing: 08/01/90

Oakmont Memorial Park and Mortuary

2099 Reliez Valley Road
Lafayette CA 94549

TELEPHONE: 935-3311

DAYS AND HOURS: 24-hour answering service

AREA SERVED: Contra Costa/Alameda Co.

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Offers complete mortuary services, including pre-need counseling, cemetery, mausoleum, crematory, and flower shop.

NOTES:

This listing appears in the following sections: H

Date of last update for this listing: 08/01/90

Quimet Brothers Funeral Services

4125 Clayton Road
Concord CA 94520

TELEPHONE: 682-4242

DAYS AND HOURS: 24 hr. answering service

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Offers pre-need counseling, low-cost cremation, shipping arrangements,
Veterans arrangements.

NOTES:

This listing appears in the following sections: H
Date of last update for this listing: 08/01/90

Wilson and Kratzer Mortuaries

24th and Barrett
Richmond CA 94804

TELEPHONE: 232-4383

DAYS AND HOURS: 24 hr. answering service

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Offers pre-need counseling, low cost cremation, shipping arrangements, veterans arrangements.

NOTES:

This listing appears in the following sections: H
Date of last update for this listing: 08/01/90

I. Hemophilia-related Services

The listings contained in this section are specifically pertinent to people who have AIDS/HIV disease as a result of a plasma or blood transfusion.

Hemophilia Council of California

7700 Edgewater Drive, Suite 710A
Oakland CA 94621

TELEPHONE: 568-7074

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM

AREA SERVED: Bay Area/Monterey Peninsula

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Non-profit organization founded in 1982, comprised of representatives from the Hemophilia Foundations and Association Chapters throughout California.

In specific response to AIDS there are two programs: AIDS Education and Psychosocial Services. The AIDS Education Program includes activities aimed at increasing knowledge about HIV, supporting attitudes conducive to HIV prevention, and reinforcing behaviors that prevent HIV infection.

The Psychosocial Services Program provides support and counseling services to individuals, couples, families and significant others who are experiencing the fear, anxiety and stress that typically are part of being at risk for AIDS. The counselor on site can provide limited case management for clients and their families.

NOTES:

This listing appears in the following sections: I
Date of last update for this listing: 08/01/90

Irwin Memorial Blood Bank

270 Masonic Avenue
San Francisco CA

TELEPHONE: 567-6400

DAYS AND HOURS: Monday - Friday, 8:00 AM-5:00 PM

AREA SERVED: Bay Area

FEES: None

ELIGIBILITY NOTES:

See "Notes" below

DESCRIPTION OF SERVICES PROVIDED:

Medical/laborary tests and referrals.

NOTES:

Research study seeking enrollment of HIV + transfusion recipients and their partners offers lab studies and counseling and resource materials.

Contact names:

Rick Edmiston
Jane Gamer, PA

ELIGIBILITY REQUIREMENT: HIV + transfusion recipients with no other risk factors.

This listing appears in the following sections: I
Date of last update for this listing: 08/01/90

J. Home and Hospice Care

The listings contained in the following tables pertain to attendant care provided in the home.

In the present era of accelerating medical costs, many hospitalized patients are being discharged earlier. This often means that they are going home ill and not necessarily able to take care of themselves. As a result, there is need for better understanding of home health and home care resources.

Home health service is a specific time-limited benefit available to people covered by Medical, Medicare and some private health care policies. It may be used to provide home visits by registered nurses to perform such tasks as administering injections or intravenous medication; or home visits by a home health aide for specific personal care services such as bathing and laundering.

When health deteriorates drastically, the patient's focus may become more comfort oriented than treatment oriented. With its attention to quality of life, Hospice then becomes a viable alternative.

HOME CARE PROVIDERS SERVING CONTRA COSTA COUNTY

Name and Address	Phone Number(s)	Payment Notes	Service Notes
Care-At-Home (A division of HealthCare Network) 303 West Joaquin Avenue, #220 San Leandro, CA 94577	351-2760 800-922-1200	Accepts CHAMPUS, Medi-Cal, Medicare, private payment patients.	Private pay provider. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Enterostomal Therapy, Homemaker, I.V. Therapy, Pediatric Care, Respite Care and Ventilator Dependent.
CarePoint Home Health Agency 165 Lennon Lane, Suite 200 Walnut Creek, CA 94598 or 55 Santa Clara Avenue, Suite 110 Oakland, CA 94611	937-8688 937-8674 465-5225 537-4282	Accepts Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Enterostomal Therapy, High-Risk Pregnancy, Homemaker, Hospice, I.V. Therapy, Pediatric Care, Psychiatric Nursing, Respite Care and Ventilator Dependent.
Delta Memorial Home Health Care Agency 3901 Lone Tree Way Antioch, CA 94509	779-7252 779-7256	Accepts CHAMPUS, Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include Enterostomal Therapy, I.V. Therapy and Pediatric Care.
Eden Hospital Home Care 20450 Lake Chabot Road Castro Valley, CA 94546	889-5093		Licensed home health agency. Specialty programs include Continuous Care Nursing, Enterostomal Therapy, Homemaker, I.V. Therapy, Pediatric Care and Respite Care.

Name and Address	Phone Number(s)	Payment Notes	Service Notes
Golden Rain Home Health Agency 1220 Roosmoor Parkway Walnut Creek, CA 94549	939-1220 ext. 113	Accepts Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include Hospice.
Home Calls Home Health Agency 3229 Elm Street Oakland, CA 94609	652-6161 547-7823	Accepts CHAMPUS, Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, High-Risk Pregnancy, Homemaker, I.V. Therapy, Psychiatric Nursing and Ventilator Dependent.
Home Care Plus, Inc. (For service in West County:) 22634 Second Street, Suite 207 Hayward, CA 94541 (For service in Central and East County:) 2280 Diamond Blvd., Suite 330 Concord, CA 94520	800-675-2273 800-828-0698	Accepts Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include Case Management, Continuous Care Nursing, Enterostomal Therapy, Homemaker, I.V. Therapy, Pediatric Care, Psychiatric Nursing and Ventilator Dependent.
Home Care Plus, Inc. 2334 Merced San Leandro, CA 94577	357-5852	Accepts Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include Case Management, Continuous Care Nursing, Enterostomal Therapy, Homemaker, I.V. Therapy, Pediatric Care, Psychiatric Nursing and Ventilator Dependent.
HomeMed 1040 Marsh Road, Suite 150 Menlo Park, CA 94025	325-3940 325-3773	Accepts Medicare, private payment patients.	Licensed home health agency. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Enterostomal Therapy, High Risk Pregnancy, Hospice, I.V. Therapy, Pediatric Care, Psychiatric Nursing, Respite Care and Ventilator Dependent.

Name and Address	Phone Number(s)	Payment Notes	Service Notes
Integrated Care Systems, Inc. 393 East Grand Avenue, Suite G South San Francisco CA 94080	589-8330 624-9151	Accepts Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include AIDS Program and I.V. Therapy.
John Muir Medical Center Home Care Services 1399 Ygnacio Valley Road, Suite 14 Walnut Creek, CA 94598	939-4220	Accepts CHAMPUS, Medi- Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include Case Management, Enterostomal Therapy, High- Risk Pregnancy, Hospice, I.V. Therapy and Pediatric Care.
Kaiser Foundation Hospital Coordinated Home Health Agency 200 Muir Road Martinez, CA 94553 or 280 MacArthur Blvd. Oakland, CA 94611	372-1165 596-6295	Accepts Medicare patients.	Licensed home health agency. Specialty programs include I.V. Therapy.
Kimberly Quality Care 4175 Lakeside Drive, Suite 110 Richmond, CA 94806	758-3070	Accepts CHAMPUS, Medi- Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Enterostomal Therapy, High-Risk Pregnancy, Homemaker, Hospice, I.V. Therapy, Pediatric Care, Psychiatric Nursing, Respite Care and Ventilator Dependent.
Mt. Diablo Hospital Medical Center Home Health Care Services 2540 East Street Concord, CA 94520	674-2560 674-2556	Accepts Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Enterostomal Therapy, Homemaker, Hospice, I.V. Therapy, Respite Care and Ventilator Dependent.

Name and Address	Phone Number(s)	Payment Notes	Service Notes
NSI Services, Inc. 2902 McClur Street Oakland, CA 94609	763-2350	Accepts CHAMPUS, Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Homemaker, I.V. Therapy, Pediatric Care, Respite Care and Ventilator Dependent.
Norrell Health Care 500 Ygnacio Valley Road, Suite 250 Walnut Creek, CA 94596	942-3010	Accepts private payment patients.	Private pay provider. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Homemaker, I.V. Therapy, Pediatric Care, Respite Care and Ventilator Dependent.
Northern California Visiting Nurse Association, Inc. 1900 Powell Street, Suite 1000 Emeryville, CA 94608 or 2260 Gladstone Drive, #1 Pittsburg, CA 94565	654-4663 427-4600	Accepts CHAMPUS, Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include Enterostomal Therapy, High-Risk Pregnancy, Homemaker, I.V. Therapy, Pediatric Care and Psychiatric Nursing.
Northern California VNA, Inc., Supplemental Health Services 1900 Powell Street, Suite 1000 Emeryville, CA 94608	654-4663	Accepts private payment patients.	Private pay provider. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Enterostomal Therapy, Homemaker, Psychiatric Nursing and Respite Care.
STAT Nursing Services 2020 North Broadway, Suite 101 Walnut Creek, CA 94596	930-7908	Accepts private payment patients.	Licensed home health agency. Specialty programs include AIDS Program, Continuous Care Nursing, High-Risk Pregnancy, Homemaker, I.V. Therapy, Pediatric Care, Psychiatric Nursing, Respite Care and Ventilator Dependent.

Name and Address	Phone Number(s)	Payment Notes	Service Notes
Upjohn HealthCare Services 2815 Mitchell Drive, Suite 109 Walnut Creek, CA 94598	945-1200		Licensed home health agency. Specialty programs include AIDS Program, Continuous Care Nursing, Enterostomal Therapy, Homemaker, I.V. Therapy, Pediatric Care, Psychiatric Nursing, Respite Care and Ventilator Dependent.
Valley Home Care 1015 East Stanley Blvd. Livermore, CA 94550	373-4020	Accepts CHAMPUS, Medi-Cal, Medicare, private payment patients.	Licensed home health agency. Specialty programs include AIDS Program, Enterostomal Therapy, High Risk Pregnancy, Hospice, I.V. Therapy, Pediatric Care, and Ventilator Dependent.
Western Medical Services 301 Lennon Lane Walnut Creek, CA 94598	930-5356		Private pay provider. Specialty programs include AIDS Program, Case Management, Continuous Care Nursing, Enterostomal Therapy, High Risk Pregnancy, Homemaker, Hospice, I.V. Therapy, Pediatric Care, Respite Care and Ventilator Dependent.

Contra Costa County AIDS Task Force

2326 Boulevard Circle
Walnut Creek CA 94595

TELEPHONE: 932-AIDS

DAYS AND HOURS: Monday-Friday 9 AM-4:45 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Intake required.

DESCRIPTION OF SERVICES PROVIDED:

Private, non-profit community based organization which offers the following services:

- Emotional support to people with AIDS or ARC and their loved ones on a one-to-one basis.
- Practical help such as shopping, cleaning and transportation to people with AIDS or ARC.
- Limited emergency relief funds for qualifying individuals.
- Food certificates and food bank for qualifying individuals.
- Twice monthly legal clinics addressing legal issues surrounding HIV.
- On going support groups for individuals living with AIDS and couples living with AIDS. Also spiritually-oriented Healing Circle meetings. New groups forming regularly.
- Loan of in-home hospital equipment and provision of medical supplies.
- "Friends For Fun" program which provides opportunities for social interaction.
- Referral to other organizations and agencies serving HIV community.

NOTES:

All services provided free of charge.

Volunteer trainings presented quarterly. People with AIDS/ARC/HIV encouraged to participate.

This listing appears in the following sections: D J K F G
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
AIDS Case Management Program

1111 Ward St., Rm. 307
Martinez CA 94553

TELEPHONE: 646-1240

DAYS AND HOURS: Monday-Friday 8 AM-12 NOON, 1 PM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

This is a State funded County Public Health case management program for PWAs and PWARCs that provides case management for home and community based care. Enrolled clients receive assistance in accessing and receiving a full range of necessary and appropriate home and community-based services. These services include but are not limited to: in-home skilled nursing care; nutrition consultation; home health aide services; medical social services; personal care by home attendants; occupational, physical and speech therapy; mental health services; assistance in applying for financial aid or social services; referral for medical and mental health services; subsidies for housing and food; and assistance in obtaining appropriate living accommodation.

NOTES:

ELIGIBILITY: Program enrollment is required prior to receiving assistance through this program. A nurse case manager and a social worker will review your medical, social and financial status. Call for information or an admission screening.

This listing appears in the following sections: F G J
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Home Health Agency

597 Center Street, Suite 280
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Vary; see "Notes"

ELIGIBILITY NOTES:

See "Notes"

DESCRIPTION OF SERVICES PROVIDED:

A State licensed Medicare certified agency which provides skilled professional services under physician orders to individuals of all ages in their places of residence. Services are coordinated with hospice groups, hospitals, skilled nursing facilities, other health facilities and community agencies. Services provided include skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work, home health aides, discharge planning, pediatric care, hospice care, AIDS care and rehabilitation.

TELEPHONE NUMBERS:

646-2565 Administrative Office
374-3186 Richmond
646-5270 Concord
427-8043 Pittsburg

NOTES:

FEES: Medicare, Medi-Cal, private insurance, HMO and private pay.

ELIGIBILITY: Must have physician's order, must be medically unstable and must be homebound.

This listing appears in the following sections: L J
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Public Health Nursing

1111 Ward Street
Martinez CA 94553

TELEPHONE: 646-2561 Admin. Office

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM
AREA SERVED: Contra Costa County
FEES: Vary; see "Notes"
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Public Health Nurses provide health assessment, skilled nursing, health counseling and advice, and make appropriate medical referrals. The Home Health Agency of this county nursing program can provide in-home skilled nursing care, home health aides, occupational therapy, physical therapy, and medical social work for anyone including persons with AIDS/HIV infection or other communicable diseases.

NOTES:

FEES:

Accept Medicare, Medi-Cal, private insurance, HMO, private pay.

PUBLIC HEALTH NURSING OFFICES:

Richmond: 39th and Bissell, (374-3101)
Concord: 2355 Stanwell Circle, (646-5260)
Pittsburg: 550 School Street, (427-8034)

This listing appears in the following sections: J L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Symptom Control Program

2500 Alhambra Avenue
Martinez CA 94553

TELEPHONE: 370-5000 (See "Notes")

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: (See "Services")

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Hospice program for patients of Contra Costa County Health Services Department provides information, support and advocacy for patients with terminal illness diagnoses and a life expectancy of no more than six months. Referral to Public Health Nursing, the Home Health Agency and private home care providers. A team which includes a physician, nurse, social worker, psychologist, and chaplains of various denominations provide coordination for home care, advocacy for patients and family needs, and counseling and help in making final arrangements.

FEES:

Medi-Cal, Medicare, and medically indigent Basis Adult Care (BAC) coverages.

NOTES:

Telephone number 370-5000 is a 24-hour answering service. When calling, ask for Symptom Control Program.

This listing appears in the following sections: J
Date of last update for this listing: 08/01/90

Contra Costa County Social Service Department

30 Muir Rd.
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday, 8 AM-12 NOON, 1 PM-5 PM

AREA SERVED: (See "Services")

FEES: None

ELIGIBILITY NOTES:

Vary according to program

DESCRIPTION OF SERVICES PROVIDED:

Provides information and referral to persons seeking assistance (including homeless persons). Services include referrals for temporary shelter, food and other resources that may help alleviate a crisis situation. Services are for the short term only and clients are requested to meet with county eligibility workers to apply for appropriate public assistance (GA, AFDC, etc.). For prompt service, it is suggested homeless clients make application for service early in the day.

Social Services Numbers:

CENTRAL COUNTY: 30 Muir Rd., Martinez, CA 94553 (646-2656)

WEST COUNTY: 3431 MacDonald Ave., Richmond, CA 94801 (374-3601)

EAST COUNTY: 4545 Delta Faire Blvd., Antioch, CA 94509 (427-8728)

NOTES:

In-Home Support Services for the aged, blind and disabled (including AIDS) is for recipients of SSI (Supplemental Security Income from Social Security Administration), and some Medi-Cal recipients who are unable to maintain their homes without help. Services may include housecleaning, washing and ironing, cooking, bathing, dressing and shopping.

IHSS Office Numbers:

CENTRAL COUNTY: 646-2780

WEST COUNTY: 374-3766

EAST COUNTY: 427-8728

This listing appears in the following sections: F G J

Date of last update for this listing: 08/01/90

Contra Costa County Social Service Dept. - IHSS

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday 8 AM-12 NOON, 1 PM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

In-Home Supportive Services for the aged, blind and disabled (including AIDS) is for recipients of SSI (Supplemental Security Income from Social Security Administration) and some Medi-Cal recipients who are unable to maintain their homes without help. Services include housecleaning, washing and ironing, cooking, bathing, dressing and shopping.

IHSS Office Numbers:

CENTRAL COUNTY: 646-2780

WEST COUNTY: 374-3766

EAST COUNTY: 427-8738

NOTES:

This listing appears in the following sections: J
Date of last update for this listing: 08/01/90

Hope Hospice

6500 Dublin Boulevard
Dublin CA 94568

TELEPHONE: 829-8770

DAYS AND HOURS: Monday-Friday, 9:00 AM-5:00 PM

AREA SERVED: Amador Valley, San Ramon

FEES: See "Notes"

ELIGIBILITY NOTES:

See "Notes"

DESCRIPTION OF SERVICES PROVIDED:

A community based program which provides services to the terminally ill. Care and support are provided by a team of nurses, lay volunteers and a chaplain 24 hours daily, 7 days per week. Symptom control, pain management and quality of life within the home setting is the program's focus.

Respite care is available, allowing family members time away for personal tasks. Bereavement counseling for family members is available up to a year following the patient's death. Support groups and a reference library which addresses many aspects of dying and grief are also available.

NOTES:

ELIGIBILITY: Terminally ill patients with a prognosis of six months or less. Referral from a physician required.

FEES: Where applicable (hospice coverage), insurance will be billed. Otherwise, there are no fees.

24-hour answering service.

This listing appears in the following sections: J
Date of last update for this listing: 08/20/90

Hospice of Contra Costa County

140 Mayhew Way, Suite 606
Pleasant Hill CA 94523

TELEPHONE: 932-8229

DAYS AND HOURS: Seven days, 24-hours per day

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Serves terminally ill patients and their families. Care and support provided by an interdisciplinary team of nurses, doctors, pharmacists, clergy and counselors. Symptom control, pain management and quality of life within the home setting is the program focus.

Respite care, allowing family members time away for personal tasks, is available. Support groups, reference library addressing dying and grief topics and bereavement counseling for the family up to one year after the patient's death are also available.

NOTES:

ELIGIBILITY: Terminally ill patients with a prognosis of six months or less. Referral from physician required.

This listing appears in the following sections: J
Date of last update for this listing: 08/20/90

Hospice of East County

P.O. Box 285
Antioch CA 94509

TELEPHONE: 754-8444

DAYS AND HOURS: 7 days, 24-hours per day.

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Serves terminally ill patients and their families. Care and support provided by a team of nurses, doctors, pharmacists, clergy and counselors. Symptom control, pain management and quality of life within the home is the program focus.

NOTES:

ELIGIBILITY: Terminally ill patients with a prognosis of six months or less. Referral from physician required.

This listing appears in the following sections: J
Date of last update for this listing: 08/20/90

Metta Vihara Residential AIDS Center

607 Key Blvd.
Richmond CA 94805

TELEPHONE: 236-0908

DAYS AND HOURS: Seven days, 9 AM-5 PM

AREA SERVED: Contra Costa County

FEES: (See "Notes")

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

A residential housing program for ambulatory PWAs and PWARCs who are homeless. Drug and alcohol users must be in a counseling or treatment program. Also provides free drop-in support and referrals for HIV-infected people, their families and friends. Call for appointments about residency.

NOTES:

Clients need to be able to climb stairs at this facility.

FEES:

\$400 per month; sliding scale; no one turned away due to lack of funds.

This listing appears in the following sections: G J
Date of last update for this listing: 08/01/90

K. Legal Services

People with AIDS/HIV disease have the right to choose modalities of treatment, to refuse treatment and to have full explanations of all health care procedures. They also have the right to non-discrimination due to sexual orientation or illness category in all health systems and to privacy and confidentiality of all medical records.

The organizations and agencies listed within this section are AIDS-sensitive and experienced in handling AIDS-related cases.

AIDS Legal Referral Panel

25 Hickory St.
San Francisco CA 94102

TELEPHONE: 864-8186

DAYS AND HOURS: Monday-Friday, 10 AM-4 PM

AREA SERVED: Bay Area

FEES: (See "Services")

ELIGIBILITY NOTES:

Anyone in Bay Area with HIV

DESCRIPTION OF SERVICES PROVIDED:

This service of the Bay Area Lawyers for Individual Freedom (BALIF), provides help with wills, powers of attorney, obtaining government and/or private insurance benefits, discriminations issues, bankruptcy, and other legal problems.

FEES: Initial consultation on any legal matter is free. Simple wills and powers of attorney are also free. Fees for other legal work are based on ability to pay.

TO APPLY: Call for an appointment.

The primary purpose for getting your affairs in order is to provide peace of mind for yourself and to ensure minimal difficulties for the significant people in your life. The preparation of a simple will, a living will or power of attorney is an important step toward achieving this peace of mind.

NOTES:

This is an all-volunteer organization that connects clients to legal services.

This listing appears in the following sections: K
Date of last update for this listing: 08/01/90

Battered Women's Alternatives

P.O. Box 6406
Concord CA 94524

TELEPHONE: (See "Notes")

DAYS AND HOURS: (See "Notes")

AREA SERVED: Contra Costa County

FEES: Vary with income. Private insurance accepted.

ELIGIBILITY NOTES:

No requirements.

DESCRIPTION OF SERVICES PROVIDED:

Provides services to individuals and families involved in domestic violence. 24-hour hotline provides crisis counseling to men and women. For women and children in a life threatening situation, offers a safe home or shelter for three days to six weeks. Legal advocacy services include assistance in obtaining a temporary restraining order, information about criminal charges, court accompaniment and referrals to attorneys. Battered women support groups meet weekly throughout the county. Men's program component seeks to eliminate physical abuse of women and children by providing violence abatement training. Also offers employment counseling, job training and placement for battered women. AIDS sensitive.

Foreign language: Spanish speakers available.

NOTES:

Business Office hours Monday-Friday, 9 AM-5 PM. Telephone 676-2845.

BWA county-wide legal program hours Monday-Friday, 9 AM-5 PM.

Telephone 372-3211

Seven-day, 24-hour crisis and advocacy lines:

CENTRAL COUNTY 930-8300

EAST COUNTY 757-8200

WEST COUNTY 233-2420

Batterers' Anonymous: 676-3223

This listing appears in the following sections: D K T

Date of last update for this listing: 08/01/90

Contra Costa County AIDS Task Force

2326 Boulevard Circle
Walnut Creek CA 94595

TELEPHONE: 932-AIDS

DAYS AND HOURS: Monday-Friday 9 AM-4:45 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Intake required.

DESCRIPTION OF SERVICES PROVIDED:

Private, non-profit community based organization which offers the following services:

- Emotional support to people with AIDS or ARC and their loved ones on a one-to-one basis.
- Practical help such as shopping, cleaning and transportation to people with AIDS or ARC.
- Limited emergency relief funds for qualifying individuals.
- Food certificates and food bank for qualifying individuals.
- Twice monthly legal clinics addressing legal issues surrounding HIV.
- On going support groups for individuals living with AIDS and couples living with AIDS. Also spiritually-oriented Healing Circle meetings. New groups forming regularly.
- Loan of in-home hospital equipment and provision of medical supplies.
- "Friends For Fun" program which provides opportunities for social interaction.
- Referral to other organizations and agencies serving HIV community.

NOTES:

All services provided free of charge.

Volunteer trainings presented quarterly. People with AIDS/ARC/HIV encouraged to participate.

This listing appears in the following sections: D J K F G
Date of last update for this listing: 08/01/90

Contra Costa Legal Services Foundation (CCLSF)

P.O. Box 2289, 1017 MacDonald Ave.
Richmond CA 94802

TELEPHONE: 233-9954

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

County resident

DESCRIPTION OF SERVICES PROVIDED:

Provides free civil legal services to low-income persons in the county. Deals with civil law matters only, primarily housing and government benefits issues, such as AFDC, GA, Social Security, SSI, Food Stamps, In-Home Care Services, Medi-Cal, Medicare and unemployment cases. Requests for assistance with other types of civil legal matters provided by the Ask-A-Lawyer program. Staff interview callers seeking advice and schedule date and time when a private practice attorney of the Contra Costa Bar Association will call to consult with caller.

NOTES:

This listing appears in the following sections: K
Date of last update for this listing: 08/01/90

Employment Law Center - Legal Aid Society of S.F.

1663 Mission Street, Suite 400
San Francisco CA 94103

TELEPHONE: 864-8848

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM

AREA SERVED: Bay Area

FEES: None

ELIGIBILITY NOTES:

Unable to afford legal counsel.

DESCRIPTION OF SERVICES PROVIDED:

The Legal Aid Society provides assistance for people with AIDS or ARC who have experienced employment and insurance discrimination. Provides public education activities concerning the legal rights of people with AIDS or ARC. The Society also makes referrals.

Monday - Phone in only - 6:30 to 9:00 p.m. 864-8848

NOTES:

This listing appears in the following sections: K
Date of last update for this listing: 08/01/90

Human Relations Commission

651 Pine St., Room 103
Martinez CA 94553

TELEPHONE: 646-2013

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

To foster peaceful relations in the public interest. Provides advice and complaint investigation for AIDS discrimination cases. Provides follow-up contact with the city where the incident occurred, requesting permission to investigate. Depending on the case, the city governmental agency may take over the investigation. If necessary, the Commission provides mediation service or referrals to attorneys.

NOTES:

This listing appears in the following sections: K
Date of last update for this listing: 08/01/90

National Gay Rights Advocates (NGRA)

540 Castro Street
San Francisco CA 94114

TELEPHONE: 863-3624

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM

AREA SERVED: Bay Area

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

NGRA has one full-time attorney in San Francisco available to handle AIDS discrimination cases. Their focus is national, targeting precedent-setting cases.

NOTES:

This listing appears in the following sections: K
Date of last update for this listing: 08/01/90

L. Medical/Medicine Services

Testing positive for HIV can be the start of a very difficult period in a person's life. So that persons with HIV can take advantage of new treatments when they become available, it is important for infected persons to take the best possible care of themselves. Use of all appropriate medical services will assist in this process.

The first pages of this section are comprised of tables which list the public and private hospitals in Contra Costa County. The tables are followed by individual listings for hospitals outside of Contra Costa County and public and private clinics.

Important note regarding emergency services: All hospital emergency rooms are required by law to provide medical care to anyone in a life-threatening situation. Such treatment is usually on a fee-for-service basis meaning that you will be billed for services provided. However, the County Hospital (Merrithew Memorial in Martinez) and the Health Services Department clinics (listed within this section), provide services on an ability-to-pay sliding scale.

PUBLIC AND PRIVATE HOSPITALS IN CONTRA COSTA COUNTY

Name and Address	Phone Number(s)	Payment Notes	Service Notes
Brookside Hospital 2000 Vale Road San Pablo, CA 94806	235-7000	Medi-Cal accepted.	Services include emergency room, medical and social services.
Delta Memorial Hospital 3901 Lone Tree Way Antioch, CA 94509	779-7200	Medi-Cal and Medicare accepted.	Services include emergency room, medical and social service.
Doctors Hospital of Pinole 2151 Appian Way Pinole, CA 94564	724-5000	Medicare accepted.	Full service hospital including emergency room and drug and alcohol unit.
East Bay Hospital 820 23rd Street Richmond, CA 94804	234-2525	Medi-Cal and Medicare accepted.	Provides psychiatric outpatient care. Necessary medical services are provided or arranged for patients with HIV/AIDS who are admitted for psychiatric care or chemical dependency treatment.
John Muir Medical Center 1601 Ygnacio Valley Road Walnut Creek, CA 94598	939-3000	Medi-Cal and Medicare accepted.	Emergency, medical and social services, Tele-med recorded educational message on AIDS available. Designated as Trauma Center for Contra Costa County, helicopter available. No outpatient medical services provided.
Kaiser Permanente Medical Center 200 Muir Road Martinez, CA 94553	372-1000	Health Maintenance Organization (HMO)	Medical care, hospitalization, hospice, pharmaceutical services and HIV antibody testing offered.
Kaiser Permanente Medical Center 901 Nevin Avenue Richmond, CA 94801 1330 Cutting Blvd. Richmond, CA 94801	231-4600 231-7300	Health Maintenance Organization (HMO)	Medical care, hospitalization, pharmaceutical services and HIV antibody testing offered.

Kaiser Permanente Medical Center 1425 South Main Street Walnut Creek, CA 94596	943-2000	Health Maintenance Organization (HMO)	Medical care, hospitalization, hospice, pharmaceutical services and HIV antibody testing offered. HIV Coordinator and AIDS Social Worker on site to provide patient advocacy, counseling and support.
Kaiser Permanente Medical Center 3400 Delta Fair Blvd. Antioch, CA 94509	779-5000	Health Maintenance Organization (HMO)	Medical care, hospitalization, pharmaceutical services and HIV antibody testing offered.
Los Medanos Community Hospital 2311 Loveridge Road Pittsburg, CA 94565	432-2200 439-1261 (TTY) 634-3388 (from far East CCC) 685-4944 (from Concord) 427-3268 (Los Medanos 65 Plus)	Medi-Cal and medicare accepted.	Provides general acute medical and surgical care and 24-hour emergency room. Patients must be admitted or referred by staff physician. Additional services include home health care, rehabilitation services, wellness classes, women's health services as well as specialized diagnostic and treatment programs in physical medicine.
Merrithew Memorial Hospital and Clinics Hospital: 2500 Alhambra Avenue Martinez, CA 94553 Clinics: 3052 Willow Pass Road Concord, CA 550 School Street Pittsburg, CA 118 Oak Street Brentwood, CA 38th and Bissell Streets Richmond, CA	370-5000 (general) 370-5277 (after hours advice nurse) 370-5170 (emergency department) 646-4715 646-4715 634-1102 646-4715	Services provided on an ability to pay sliding scale. Hours for all out-patient clinics: 8:00 AM - 11:00 AM 1:00 PM - 4:00 PM Monday - Friday	Family practice oriented primary care as well as specialty clinics. Hospital and clinic practitioners coordinate the continuity of care needed between outpatient and inpatient services.

Mt. Diablo Medical Center 2540 East Street Concord, CA 94520	682-8200	Medi-Cal and Medicare accepted	Emergency, medical, home health care, laboratory services and private duty nursing provided.
Veterans Administration Medical Center 150 Muir Road Martinez, CA 94553	228-9660 For assistance regarding eligibility: 646-5114 (Concord) 374-3241 (Richmond)	To be eligible for VA benefits, you must be a veteran with something other than a dishonorable discharge from the uniformed services. Discharge papers and income records required as part of application process.	
Walnut Creek Hospital 175 La Casa Via Walnut Creek, CA 94598	933-7990	Medicare and combination Medicare/Medi-Cal accepted.	Psychiatric and combination psychiatric/chemical dependency programs. Inpatient and day treatment programs available. In depth clinical assessment provided free of charge.

Berkeley Community Health Project - Free Clinic

2339 Durant Avenue
Berkeley CA 94704

TELEPHONE: 548-2570 (TTY) 548-8238

DAYS AND HOURS: (See "Notes")
AREA SERVED: (See "Services")
FEES: None. Donations encouraged.
ELIGIBILITY NOTES:

Inability to pay for services.

DESCRIPTION OF SERVICES PROVIDED:

--Medical appointments: Mondays, Tuesdays, Wednesdays, Thursdays. Call 548-4811 at 5:45 PM for same evening appointment.
--Men's STD Clinic: Sundays 6-8 PM drop in. For information call 644-0425.
--Women's STD and gynecology clinic: Saturday mornings. Call 548-4811 at 8:30 AM for same morning appointment.
--HIV anonymous testing: Must be 12 years old or older. Drop in Sundays 6-7PM. Call 644-0425 for information.
--Dental Clinic: Mondays and Thursdays 6-9 PM drop in. For information call 548-2745.
--Homeless Services Coordinator: Monday through Friday 2-4 PM; Sunday through Thursday 6-8 PM. Call 548-1730.
--Peer Counseling: One-on-one and couples. Drop in Tuesdays 7-9 PM. Call 548-2570 for more information.

NOTES:

This listing appears in the following sections: E L D S T
Date of last update for this listing: 08/01/90

California Children's Services

595 Center St., Suite 110
Martinez CA 94553

TELEPHONE: 646-1280

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Coordinates care and gives financial assistance to qualifying families for children aged birth to 21 years with complex disabling conditions. Children with HIV as a secondary condition are accepted. Referrals generally are taken through hospitals or clinics, but individuals may call for assistance.

NOTES:

This listing appears in the following sections: A C L F
Date of last update for this listing: 08/01/90

Children's Hospital Oakland-HIV Program

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3010

DAYS AND HOURS: Monday-Friday 8 AM-12 NOON, 1 PM-4:30 PM

AREA SERVED: Bay Area

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

The HIV Program provides testing, screening, and treatment for children from ages birth to 21 years. Clinical trials available. The program is approved by California Children's Services and is affiliated with the Northern California Pediatric AIDS Program.

The HIV Program offers a team of specialists to answer questions and to provide counseling and support. The HIV Program is located in the Department of Infectious Diseases at Children's Hospital.

Contra Costa County residents should be referred through Contra Costa HIV Children's Program, Kathleen Malloy, M.D., 646-1286.

NOTES:

This listing appears in the following sections: C L S A
Date of last update for this listing: 08/01/90

Children's Hospital Teen Clinic

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3387

DAYS AND HOURS: (See "Notes")
AREA SERVED: East Bay
FEES: (See "Services")
ELIGIBILITY NOTES:

Adolescents aged 12-19

DESCRIPTION OF SERVICES PROVIDED:

Comprehensive medical treatment for adolescents aged 12-19 including general physical exams, treatment for a range of illnesses from colds to sexually transmitted diseases, AIDS prevention education and peer counseling for AIDS prevention, and general health education. Referrals to other services at Children's Hospital when needed. Confidentiality is respected.

FEES: Sliding scale, Medi-Cal or other insurance accepted. No one is turned away for inability to pay.

Appointments are necessary.

NOTES:

Hours are as follows:
Mondays 8:30 AM-5 PM
Tuesdays 8:30 AM-5 PM
Wednesdays 12:45 PM-5 PM
Fridays 12:45 PM-5 PM

This listing appears in the following sections: A L C
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
AIDS Drug Program

1111 Ward St., Room 307
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday, 8 AM-12 NOON, 1 PM-5 PM
AREA SERVED: Contra Costa County
FEES: (See "Services")
ELIGIBILITY NOTES:

Contra Costa County resident

DESCRIPTION OF SERVICES PROVIDED:

AZT and pentamidine are available at no cost for persons who meet federal eligibility criteria. Contact Duane Chapman utilizing the following schedule:

Tuesdays and Thursdays, 8 AM-5 PM 370-5590
Mondays and Wednesdays, 1 PM-4 PM 374-3590

At other times, contact Duane Chapman via beeper number 671-4313.

NOTES:

This listing appears in the following sections: L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Healthy Start

2500 Alhambra Ave. (Main Office)
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday, call clinic for appointment

AREA SERVED: Contra Costa County

FEES: Vary; Medi-Cal, Contra Costa Health Plan

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Eligibility: Confirmed pregnancy and plan to have the baby.

A comprehensive prenatal care program for pregnant women. AIDS sensitive.

Services given at the following County Health Services Family Practice Clinics:

MARTINEZ: 2500 Alhambra Ave. (370-5495)

PITTSBURG: 550 School Street (427-8070)

RICHMOND: 39th and Bissell (374-3012)

Prenatal care also offered at:

BRENTWOOD: 118 Oak Street (634-1102)

NOTES:

Call nearest clinic for appointment. Some evening hours are available.

This listing appears in the following sections: T L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
HIV Children's Program

595 Center Ave., Suite 310
Martinez CA 94553

TELEPHONE: 646-1286

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Must be a California resident.

DESCRIPTION OF SERVICES PROVIDED:

A program funded through the California Children Services (CCS), it provides a full range of diagnostic testing, medical treatment, and medical support services to children under the age of 21 years at risk or infected with HIV. This program primarily utilizes Children's Hospital of Oakland for these services.

NOTES:

Contact person: Kathleen Malloy, M.D., 646-1286

This listing appears in the following sections: A C L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Home Health Agency

597 Center Street, Suite 280
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Vary; see "Notes"

ELIGIBILITY NOTES:

See "Notes"

DESCRIPTION OF SERVICES PROVIDED:

A State licensed Medicare certified agency which provides skilled professional services under physician orders to individuals of all ages in their places of residence. Services are coordinated with hospice groups, hospitals, skilled nursing facilities, other health facilities and community agencies. Services provided include skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work, home health aides, discharge planning, pediatric care, hospice care, AIDS care and rehabilitation.

TELEPHONE NUMBERS:

646-2565 Administrative Office
374-3186 Richmond
646-5270 Concord
427-8043 Pittsburg

NOTES: .

FEES: Medicare, Medi-Cal, private insurance, HMO and private pay.

ELIGIBILITY: Must have physician's order, must be medically unstable and must be homebound.

This listing appears in the following sections: L J
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Immunization Clinics

(See "Services")

TELEPHONE: (See "Services")

DAYS AND HOURS: (See "Services")
AREA SERVED: Contra Costa County
FEES: (See "Notes")
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

In addition to administering TOPV, DPT, MMR, HIB, TD, and Typhoid immunization vaccinations, the TB Skin Test PPD is available at Immunization Clinics at three locations in the county. After the PPD test is administered, recipients must return in 2-3 days to the clinic for interpretation. No appointment necessary. Call to make sure clinics are not closed for a holiday & to ask about extended hours.

CLINIC LOCATIONS AND HOURS:

East County: Public Health Dept., 550 School St., Pittsburg, CA 94565
(427-8034) second and third Mondays 1:30-4:15 PM
Central County: Public Health Dept., 2355 Stanwell Circle, Concord, CA
94520 (646-5260) fourth Monday 2-6 PM, second Friday 1:30-4:15 PM
West County: 39th & Bissell (ground level), Richmond, CA (374-3101)
Monday, Wednesday, Friday 2-4 PM.

NOTES:

Immunizations (except typhoid and second dose of MMR) - \$2 per person,
not to exceed \$5 per family.

TB skin test - \$5 per test.

Typhoid - \$10.

MMR - second dose only - \$26.

This listing appears in the following sections: L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Infectious Disease Clinic

2500 Alhambra Avenue
Martinez CA 94553

TELEPHONE: 646-4715 (Appointments)

DAYS AND HOURS: Thursdays 1 PM-9 PM
AREA SERVED: Contra Costa County
FEES: (See "Services")
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Medical care and social support are provided to people with AIDS and HIV related concerns.

FEES:

Treatment is usually on a fee-for-service basis, that is you will be billed for services provided. However, the County Hospital provides services on an ability-to-pay sliding scale. Medi-Cal accepted. Financial counselors available at the hospital. (See listing for Contra Costa County Health Services Financial Counseling).

NOTES:

This listing appears in the following sections: L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Mental Health Clinics

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday. See Services for hours.
AREA SERVED: Contra Costa County
FEES: (See "Notes")
ELIGIBILITY NOTES:

Resident of Contra Costa County

DESCRIPTION OF SERVICES PROVIDED:

All county residents may be referred to the following clinics:

WEST COUNTY:

-232 Broadway, Richmond. Call for appointment Monday-Friday 1-5 PM.
374-3261.

-100 38th Street, Richmond (Health Clinic). Call for appointment Monday-Friday 9 AM-12 NOON 374-3061.

-256 24th Street, Richmond (Psychiatric Emergency Crisis Unit). Monday-Friday 8 AM-12 MIDNIGHT 374-3420.

*CENTRAL COUNTY: 2025 Port Chicago Highway, Concord. Monday-Friday 8 AM-7 PM. 646-5480.

*PITTSBURG: 550 School Street. Monday-Friday 8 AM-5 PM 427-8110

*ANTIOCH: 2400 Sycamore Drive, #33. Monday-Friday 8 AM-5 PM 427-8664

COUNTY-WIDE: For emergencies or after hours, 7 days/24 hours, call 370-5700
Merrithew Memorial Hospital, E Ward.

NOTES:

* Emergency services are available 8 to 5 at Concord, Pittsburg and Antioch clinics. People in crisis can be seen the day they call.

There is also a clinic in Brentwood two days a week, but clients need to be referred there from Antioch or Pittsburg.

FEES: Fees vary with treatment. Call patient accounting for detailed information, 646-4404, or call Duane Chapman, Financial Counselor, at 370-5590 or pager 671-4313.

This listing appears in the following sections: D L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Public Health Nursing

1111 Ward Street
Martinez CA 94553

TELEPHONE: 646-2561 Admin. Office

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Vary; see "Notes"

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Public Health Nurses provide health assessment, skilled nursing, health counseling and advice, and make appropriate medical referrals. The Home Health Agency of this county nursing program can provide in-home skilled nursing care, home health aides, occupational therapy, physical therapy, and medical social work for anyone including persons with AIDS/HIV infection or other communicable diseases.

NOTES:

FEES:

Accept Medicare, Medi-Cal, private insurance, HMO, private pay.

PUBLIC HEALTH NURSING OFFICES:

Richmond: 39th and Bissell, (374-3101)
Concord: 2355 Stanwell Circle, (646-5260)
Pittsburg: 550 School Street, (427-8034)

This listing appears in the following sections: J L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Sexually Transmitted Disease Clinic

(See "Services")

TELEPHONE: 1-800-322-9662

DAYS AND HOURS: (See "Services")
AREA SERVED: Contra Costa County
FEES: (See "Notes")
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

There are two Sexually Transmitted Disease (STD) clinics located within Contra Costa:

Concord: 2355 Stanwell Circle, Concord. Telephone 800-322-9662 or 646-5275. The days and hours for the Concord clinic are Tuesdays and Thursdays, 6:30 PM - 9:00 PM. Drop-in.

Richmond: 39th and Bissell Streets, Clinic Area E, Richmond. Telephone 800-322-9662 or 374-3115. The days and hours for the Richmond clinic are Wednesdays 6:00 PM - 8:30 PM and Fridays 8:30 AM - 11:00 AM. Drop-in.

In addition to confidential testing for HIV, the STD clinics also offer testing for chlamydia, genital warts, gonorrhea, herpes, nonspecific urethritis, syphilis and vaginitis.

NOTES:

Fees: A \$20 fee is charged which may be waived if individuals are unable to pay.

This listing appears in the following sections: L
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
TeenAge Program (TAP)

See "Services"

TELEPHONE: See "Services"

DAYS AND HOURS: Clinics held monthly or bi-monthly

AREA SERVED: Contra Costa County

FEES: Sliding scale - maximum \$20. Medi-Cal accepted.

ELIGIBILITY NOTES:

Adolescents 12-18 years old

DESCRIPTION OF SERVICES PROVIDED:

Comprehensive clinics providing physicals, immunizations, counseling and referrals. Sexually transmitted disease testing, counseling and prevention education and referrals provided. Concord clinics held first and third Mondays (usual appointment time is 3:30 PM). Richmond clinics held second Wednesdays 2 PM-5 PM. Resource information and counseling available Monday-Friday 8 AM-5 PM at numbers listed below:

Richmond Teen Clinic
39th and Bissell
Room 1300, Clinic "E"
Richmond, CA 94805
374-3101

Public Health Teen Clinic
2355 Stanwell Circle
Concord, CA 94520
646-5268

NOTES:

Appointments are necessary.

This listing appears in the following sections: L A
Date of last update for this listing: 08/01/90

HIV Early Intervention Program

15400 Foothill Boulevard
San Leandro CA 94578

TELEPHONE: 667-7562

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: Bay Area

FEES: None

ELIGIBILITY NOTES:

See "Notes"

DESCRIPTION OF SERVICES PROVIDED:

A broad range of services are available including support groups, case management, the treatment of minor medical problems and quarterly laboratory tests. Laboratory tests include the following:

- T and B cell profiles
- Beta-2 microglobulin
- HIV antigen (p24 antigen)
- Chemistry panels
- Complete blood counts
- Hepatitis screening
- VD screening
- Other tests as needed

NOTES:

ELIGIBILITY: Must be HIV infected. Must agree to a confidential HIV test at initial visit.

TIMES AND LOCATIONS:

Friday 8:30 AM - 12:00 NOON at Fairmont Hospital, C Building, Oakland
Thursday 9:00 AM - 12:00 NOON at 830 University Avenue, Berkeley

This listing appears in the following sections: L
Date of last update for this listing: 08/10/90

Martin Luther King, Jr. Family Health Center

101 Broadway
Richmond CA 94806

TELEPHONE: 233-3994

DAYS AND HOURS: (See "Services")

AREA SERVED: West Contra Costa County

FEES: (See "Notes")

ELIGIBILITY NOTES:

None

DESCRIPTION OF SERVICES PROVIDED:

HOURS: Monday - Friday, 8:30 AM - 5 PM, Wednesday 8:30 AM - 8 PM, Saturday 9 AM - 1 PM.

Low-cost comprehensive outpatient care, including: HIV testing, counseling and treatment; prenatal and infant care including home visits to newborns up to two weeks old and transportation provided to the clinic; eye and dental exams; mental health counseling. Appointments are preferred but drop-ins are permitted.

NOTES:

Spanish and Laotian speaking staff are available.

FEES:

Medi-Cal and other insurance accepted. No fees for the homeless. No one is turned away due to inability to pay.

This listing appears in the following sections: D L E C S M
Date of last update for this listing: 08/01/90

Planned Parenthood: Shasta - Diablo

(See "Notes")

TELEPHONE: (See "Notes")

DAYS AND HOURS: Monday-Friday, 8:30 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Serves men and women providing pregnancy testing, STD testing and treatment, abortion services, counseling for tubal ligations and vasectomies, childbirth education, PAP tests and annual physical exams, dysplasia exams, premarital blood tests, relationship and sexuality counseling, and HIV testing and education. AIDS sensitive.

ANTIOCH CENTER: 1104 Buchanan Rd., Antioch, CA 94509 (754-4550)

CONCORD CENTER: 1899 Clayton Rd., Concord, CA 94520 (680-0414)

RICHMOND CENTER: 3050 Hilltop Mall Rd., Richmond, CA 94806 (222-5290)

SAN RAMON VALLEY: 130 Ryan Ct., #115, San Ramon, CA 94583 (838-2108)

WALNUT CREEK CENTER: 1357 Oakland Ct., Walnut Creek, CA 94596 (935-3010)

NOTES:

This listing appears in the following sections: L T
Date of last update for this listing: 08/01/90

M. Minority Services

Members of Asian, Black, Latino and other minority communities may have specific ethnic or cultural concerns and language needs when dealing with AIDS and HIV-related problems. AIDS may be particularly difficult to discuss in a cross-cultural context. Therefore, culturally sensitive and bilingual services are necessary to help deal with AIDS-related problems and needs.

The listings that follow pertain specifically or would be of special interest to Contra Costa County's minority communities.

Asian Community Mental Health Services

100 - 38th St.
Richmond CA 94804

TELEPHONE: (See "Notes")

DAYS AND HOURS: (See "Services")
AREA SERVED: Contra Costa County
FEES: Varied.
ELIGIBILITY NOTES:

Ethnic minority, refugees

DESCRIPTION OF SERVICES PROVIDED:

Provides social adjustment services for refugees in Contra Costa County. Services include evaluation of barriers to self-reliance and/or self-sufficiency, level of knowledge of community services and resources, and general level of functioning. Provides counseling for social adjustment issues such as employment, job training, English as a second language, resettlement concerns, social services, health, legal rights and housing. Indirect services cover community outreach, community education workshops, and information and referral. Individuals who speak a language other than that of staff can be referred. AIDS sensitive.

Interpreters for psychiatrists are available at the following times:
Tuesday, 1-3:30 PM (Vietnamese)
Tuesday, 1-3:30 PM (Lao/Mein)
Wednesday, 1-3:30 PM (Lao/Mein)

NOTES:

Limited staff resources. Waiting list.

Telephone 374-3061 (for morning appointments 8 AM-12 NOON)
or 374-3261 for afternoon appointments (1 PM-5 PM).

This listing appears in the following sections: M
Date of last update for this listing: 08/01/90

Familias Unidas Counseling & Information Center

205 39th Street
Richmond CA 94805

TELEPHONE: 234-5464

DAYS AND HOURS: See Notes

AREA SERVED: West Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Provides individual, group and family counseling. All services are bilingual, Spanish/English. Youth groups, women's groups, information and referral, parenting project. AIDS information and referral, individual counseling and support groups for people with AIDS/ARC, those who are HIV antibody positive, their families and significant others. An HIV social worker provides case management for HIV infected clients.

NOTES:

Hours:

Monday, Thursday, Friday 9:00 AM - 5:30 PM

Tuesdays, Wednesday 9:00 AM - 9:30 PM

This listing appears in the following sections: D M
Date of last update for this listing: 08/01/90

Martin Luther King, Jr. Family Health Center

101 Broadway
Richmond CA 94806

TELEPHONE: 233-3994

DAYS AND HOURS: (See "Services")
AREA SERVED: West Contra Costa County
FEES: (See "Notes")
ELIGIBILITY NOTES:

None

DESCRIPTION OF SERVICES PROVIDED:

HOURS: Monday - Friday, 8:30 AM - 5 PM, Wednesday 8:30 AM - 8 PM, Saturday 9 AM - 1 PM.

Low-cost comprehensive outpatient care, including: HIV testing, counseling and treatment; prenatal and infant care including home visits to newborns up to two weeks old and transportation provided to the clinic; eye and dental exams; mental health counseling. Appointments are preferred but drop-ins are permitted.

NOTES:

Spanish and Laotian speaking staff are available.

FEES:

Medi-Cal and other insurance accepted. No fees for the homeless. No one is turned away due to inability to pay.

This listing appears in the following sections: D L E C S M
Date of last update for this listing: 08/01/90

Sojourne Community Counseling Center

3029 MacDonald Avenue
Richmond CA 94804

TELEPHONE: 374-3813

DAYS AND HOURS: (See "Notes")
AREA SERVED: West Contra Costa County
FEES: Sliding scale; no one turned away
ELIGIBILITY NOTES:

Adults and teenagers

DESCRIPTION OF SERVICES PROVIDED:

Sojourne provides counseling for people with drug abuse problems; priority given to West County residents. Counseling for people of color with HIV infection or at risk for HIV infection is also provided (AIDS Project). Acupuncture detoxification program available. AA, NA and CA support meetings weekly in-house. Women's recovery program for women with substance abuse problems also available.

ELIGIBILITY: Minority women who live in West Contra Costa County who are HIV infected or are at high risk of HIV infection due to substance use.

TO APPLY: Call for an appointment. Persons with HIV infection should call direct; others may be referred.

NOTES:

To apply, call for an appointment.

Days and hours:
Mondays, Tuesdays, Thursdays, Fridays 8 AM-9 PM
Wednesdays 8 AM-5 PM

This listing appears in the following sections: Q M T D
Date of last update for this listing: 08/01/90

United Council of Spanish Speaking Organizations

516 Main Street
Martinez CA 94553

TELEPHONE: 229-2210 (Admin. Office)

DAYS AND HOURS: Monday-Friday, 8 AM-12 NOON, 1 PM-5 PM (see below)

AREA SERVED: Contra Costa County

FEES: (See "Notes")

ELIGIBILITY NOTES:

No requirements.

DESCRIPTION OF SERVICES PROVIDED:

Provides community services to anyone in need, including assistance with forms and applications, citizenship, immigration, referrals to emergency food pantry and clothing. Christmas food and gift baskets; advocacy on behalf of clients having problems with utility companies; Spanish translation services; referrals to doctors, dentists, and lawyers. Also assists in the PG&E Emergency Energy Crisis Intervention Program (ECIP).

OFFICES:

Brentwood, 120 Oak St., 94513, (634-6144)

Martinez, 518 Main St., 94553, (229-1600)

Pittsburg, 411 East 10th St., 94565, (439-7515)

*Richmond, 981 23rd St., 94801, (232-6050)

(*Richmond hours: Mondays and Wednesdays 8 AM-5 PM only.)

NOTES:

Brentwood office also offers a free summer lunch program for low-income youth, age 2-18 years, on-site, June-August, sponsored by Antioch School District.

Offers a weatherization assistance program for low-income renters or home owners. Maintains one rental housing project of 11 units for farm worker families. Call office for information.

Provides information, forms and assistance to persons who wish to secure a permanent residence status in the United States.

This listing appears in the following sections: M

Date of last update for this listing: 08/01/90

N. Political/Government Agencies

The first pages of this section contain a summary of elected officials whose responsibility it is to be responsive to the needs and opinions of Contra Costa County residents. Following that are listings for agencies which concern themselves with political issues.

As the political dimensions of AIDS and HIV continue to change, it is important for citizens to communicate with and through the offices which have been set up to represent them. In addition, legislative assistants of elected representatives can be helpful in obtaining information about public programs and cutting through red tape.

The majority of the legislators listed in the front section will be up for re-election in November 1990. You may consult the government sections of the telephone book for an updated list.

COUNTY SUPERVISORS:

Nancy C. Fahden
805 Las Juntas Road
Martinez, CA 94553
(415) 646-2080

District 2 -- Crocket, El Sobrante,
Hercules, Lafayette, Martinez,
Moraga, Orinda, Pinole, Port Costa,
Rodeo, San Pablo (partial)

Robert I. Schroder
510 La Gonda Way
Danville, CA 94526
(415) 820-8683

District 3 -- Alamo, Danville, Diablo,
San Ramon, Walnut Creek

Sunne Wright McPeak
2301 Stanwell Drive
Concord, CA 94520
(415) 646-5763

District 4 -- Concord, Pacheco, Pleasant
Hill

Tom Powers
100 37th Street
Richmond, CA 94804
(415) 374-3231

District 1 -- El Cerrito, Kensington,
Richmond, San Pablo (partial)

Tom Torlakson
300 E. Leland Avenue
Suite 100
Pittsburg, CA 94565
(415) 427-4138

District 5 -- Antioch, Brentwood, Bethel Island,
Byron, Clayton, Discovery Bay, Knightson,
Oakley, Pittsburg, West Pittsburg

STATE ASSEMBLY:

Phillip Isenberg
625 W. Fourth Street
Room 5
Antioch, CA 94509
(415) 778-4510

District 10 -- Antioch, Bethel Island, Brentwood

Robert J. Campbell
2901 MacDonald Ave.
Richmond, CA 94805
(415) 372-7990

District 11 -- Concord (partial), Crockett,
El Sobrante, Hercules, Martinez, Oleum,
Pacheco, Pinole, Pittsburg, Port Costa,
Richmond, Rodeo, San Pablo, Selby, Tormey,
West Pittsburg

Thomas H. Bates
1414 Walnut Street
Berkeley, CA 94709
(415) 540-3176

District 12 -- Concord (partial), El Cerrito,
Kensington, Pleasant Hill

William P. Baker
1243 Alpine Road
Walnut Creek 94596
(415) 932-2537

District 15 -- Alamo, Clayton, Concord (partial),
Danville, Diablo, Lafayette, Moraga, Orinda, San
Ramon, Walnut Creek

STATE SENATE:

Daniel E. Boatwright
1035 Detroit Avenue
Concord, CA 94518
(415) 689-1973

Nicholas C. Petris
1111 Jackson Street
Suite 7016
Oakland, CA 94607
(415) 464-1333

District 7 -- all of Contra Costa County except
Kensington, Lafayette, Moraga, Orinda & Rheem
Valley

District 9 -- Kensington, Lafayette, Moraga,
Orinda and Rheem Valley

U.S. HOUSE OF REPRESENTATIVES

Fortney "Pete" Stark
Room 1029
Hayward, CA 94541
(415) 635-1092

District 9

George Miller
367 Civic Drive
Pleasant Hill, CA 94523
(415) 687-3260

District 7

Ronald V. Dellums
201 13th Street,
Room 105
Oakland, CA 94617
(415) 763-0370

District 8

U.S. SENATE

Alan Cranston
1390 Market Street,
Suite 918
San Francisco, CA 94102
(415) 556-8440

Pete Wilson
2040 Ferry Blvd.
San Francisco, CA 94111
(415) 556-4307

AIDS Action Council

2033 M Street, N.W., Suite 81
Washington DC 20036

TELEPHONE: (202) 293-2886

DAYS AND HOURS:

AREA SERVED: National

FEES:

ELIGIBILITY NOTES:

Membership

DESCRIPTION OF SERVICES PROVIDED:

AIDS Action Council is a national organization, representing over 300 community based AIDS service organizations. They lobby the U.S. Congress on AIDS issues.

NOTES:

This listing appears in the following sections: N
Date of last update for this listing: 08/01/90

East Bay Lesbian/Gay Democratic Club

P.O. Box 443
Berkeley CA 94701

TELEPHONE: 232-7555 (NPI Offices)

DAYS AND HOURS: Call for information on meetings.

AREA SERVED: East Bay

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

A political party organization which monitors and lobbies for public policy issues and legislation focusing on the rights and interests of lesbians and gays including AIDS anti-discrimination ordinances and medical treatment policies.

NOTES:

This listing appears in the following sections: N
Date of last update for this listing: 08/01/90

LIFE (Lobby for Individual Freedom and Equality)

926 J Street, Suite 1020
Sacramento CA 95814

TELEPHONE: (916) 444-0424

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM

AREA SERVED: California

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

LIFE lobbies the State legislature on AIDS-related issues. It is funded by affiliate fees and contributions.

NOTES:

This listing appears in the following sections: N
Date of last update for this listing: 08/01/90

Mobilization Against AIDS

1540 Market Street, #60
San Francisco CA 94102

TELEPHONE: 863-4676

DAYS AND HOURS: Monday-Friday, 10 AM-9 PM.

AREA SERVED: U.S.

FEES:

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

An independent national and state lobbying organization with headquarters in San Francisco. Emphasis on increased AIDS funding and opposition to AIDS civil rights attacks. Mobilization Against AIDS often lobbies Contra Costa County elected officials.

NOTES:

This listing appears in the following sections: N
Date of last update for this listing: 08/01/90

O. Publications

☛ Denotes that publication is published locally and is especially pertinent to Contra Costa County and/or the Bay Area.

AIDS AGENDA

(301) 496-5717

National Institutes of Health
Building 31, Room 7A-32
Bethesda, MD 20892

A free monthly publication produced by the National Institute of Allergy and Infectious Diseases is targeted to physicians concerned with experimental treatment and research.

AIDS ALERT

(404) 351-4523

Information on AIDS policy, research, legislation. \$119/year

AIDS LINE

(609) 896-0486

Academy of Medicine of New Jersey
2 Princess Road
Lawrenceville, NJ 08648

A referral service for professional health care providers and community service organizations with information about AIDS-related education programs and speaker availability.

AIDS RECORD

(202) 393-AIDS

News on research, legislation, conferences, training and funding. \$275/year

AIDS POLICY & LAW

(202) 452-7889

Information on legislation, litigation, regulations. \$387/year

☛ AIDS SERVICE PROVIDERS ASSOCIATION NEWSLETTER

(415) 241-5519

10 United Nations Plaza, Suite 200
San Francisco, CA 94102

Published monthly. Includes monthly calendar of events and news updates.

AIDS TARGETED INFORMATION NEWSLETTER (ATIN)

1-800-638-6423

Sponsored by American Foundation on AIDS Research, provides citations and abstracts based on review of over 100 journals monthly. \$125/year for individuals; \$275/year for institutions

☛ AIDS TREATMENT NEWS

(415) 255-0588

c/o John S. James

P.O. Box 422256

San Francisco, CA 94141

Biweekly report which chronicles current developments in experimental and alternative treatments and deals with public policy issues.

AmFAR REPORT

(213) 857-5900

AmFar

5900 Wilshire Blvd., Second Floor

East Satellite

Los Angeles, CA 90036

Published quarterly by the American Foundation

For AIDS Research. Free

☛ BETA-BULLETIN OF EXPERIMENTAL TREATMENTS FOR AIDS

(415) 863-AIDS

P.O. Box 6182

San Francisco, CA 94101

Published by the San Francisco AIDS Foundation.

This free publication provides information and current knowledge on existing and experimental treatments for AIDS. Provides telephone numbers and treatment sites when available for possible participants.

☛ CALIFORNIA AIDS UPDATE

(916) 445-0553

714/744 P Street

Sacramento, CA 95814

Monthly publication published by the State Office of AIDS. Provides updates on AIDS/HIV legislation and medicine and Statewide statistics.

CDC AIDS WEEKLY

(205) 991-6920

Research, legislation, conferences, general news. \$624/year

CHILDREN WITH AIDS NEWSLETTER

(617) 783-7300

77B Warren Street

Brighton, MA 02135

Published bi-monthly by the Foundation for Children with AIDS, Inc.

Contains information on research, clinical practices and service delivery.

☛ CONTRA COSTA COUNTY AIDS PROGRAM QUARTERLY STATISTICS

(415) 646-1240

1111 Ward Street

Martinez, CA 94553

Quarterly update on Contra Costa County's AIDS statistics. Includes statistical analysis regarding trends. Free.

DATELINE

(301) 496-5717

NIAID

National Institutes of Health

Building 31, Room 7A-32

Bethesda, MD 20892

An infrequent publication of the National Institute of Allergy and Infectious Diseases which provides information on the studies the Institute is conducting.

☛ FOCUS: A GUIDE TO AIDS RESEARCH

(415) 476-6430

UCSF AIDS Health Project

P.O. Box 0884

San Francisco, CA 94143-0884

Published monthly through support from the University of California and the San Francisco Department of Health. \$36/year for U.S. residents; \$90/year for institutions.

☛ HEARTS AND HANDS

(415) 932-AIDS

2326 Boulevard Circle

Walnut Creek, CA 94596

Published monthly by Contra Costa County AIDS Task Force. Includes calendar of events, news items and profiles of local citizens responding to the County's AIDS crisis. Free.

☛ MIRA: MULTICULTURAL INQUIRY AND RESEARCH ON AIDS

(415) 597-9178

Published quarterly. Administered by Bayview-Hunter's Point Foundation for Community Improvement. Focus is on AIDS in minority communities. Free.

NAN MULTI-CULTURAL NOTES ON AIDS EDUCATION AND SERVICES

(202) 293-2437

National AIDS Network

2033 M Street, Suite 800

Washington, D.C. 20036

This National AIDS Network monthly provides its readership with up-to-date information on AIDS resources, developments and perspectives as they relate to people of color (minorities). \$25/year.

NATIONAL ASSOCIATION OF PEOPLE WITH AIDS

(202) 429-2856

2025 I Street, N.W.

Washington, DC 20036

Free bi-monthly newsletter available by request.

PAAC NOTES

(312) 222-1326

Physicians Association for AIDS Care
101 West Grand Avenue, Suite 200
Chicago, IL 60610
Published every two months, yearly subscription
2 is \$60 for nonmembers. Provides
information on patient care, treatments and
HIV issues of concern to both physicians and patients.

PI PERSPECTIVE

1-800-822-7422
(In 415 area code,
call 558-9051)

Published by Project Inform. This is an excellent
newsletter which deals with experimental treatments
and focuses special attention on drug regulatory issues
and public policy. Free

PUBLIC HEALTH FOUNDATION - MACRO VIEW

(202) 898-5600

Public Health Foundation
1220 L Street, N.W.
Washington, D.C. 20005
Macro View is published six times a year and provides
information on expenditures and services of the nation's
state health agencies and local health departments.

PUBLIC HEALTH FOUNDATION NEWSLETTER

(202) 898-5600

Public Health Foundation
1220 L Street, N.W.
Washington, D.C. 20005
The Public Health Foundation, a national, non-profit
organization, publishes this free newsletter four times
a year. It contains information on many areas of
interest in the health care fields including AIDS
research and funding.

PWA COALITION NEWSLINE

(212) 532-0290

PWA Coalition, Inc.
31 West 26th Street
New York, NY 20010
Published by and for people with AIDS and AIDS Related
Conditions. A grass roots news magazine, published monthly.

SEASONS

(415) 658-2051

6239 College Avenue, Suite 201
Oakland, CA 94618
Published quarterly by the National Native American
AIDS Prevention Center. Free.

TREATMENT ISSUES

(212) 807-6664

129 West 20th Street
New York, NY 10011
Published by the Gay Men's Health Crisis, Inc.
This newsletter focuses on experimental treatments
for people with AIDS and ARC. A \$20 contribution
would be appreciated for a subscription of ten issues
per year.

P. Spiritual Services

A crisis in health is often a time when larger spiritual questions arise. This section contains listings of AIDS/HIV-sensitive churches, synagogues and other organizations of a religious or spiritual nature.

AIDS/ARC Services of Catholic Charities

433 Jefferson Street
Oakland CA 94607

TELEPHONE: 834-5656

DAYS AND HOURS: Monday - Friday, 9 AM-5 PM

AREA SERVED: Contra Costa/Alameda Co.

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Catholic Charities provides AIDS education and volunteer trainings within Contra Costa County's Catholic community through its parishes and administrative departments. Spiritual support and emergency financial aid are available to anyone. Catholic Charities personnel have been advocates for AIDS antidiscrimination ordinances. Other services in Contra Costa County include:

- Presentations, workshops and teleconferences in churches and schools on AIDS awareness and risk reduction;
- Spiritual support for those impacted by HIV;
- Community outreach to support resource sharing, education, advocacy for antidiscrimination legislation, housing and other services;
- Housing services;
- Individual and group counseling services including an HIV support group and an AIDS grief support group;
- AIDS education for Vietnamese, Laotian and Cambodian groups;
- Emotional support in detention facilities.

NOTES:

This listing appears in the following sections: D F P
Date of last update for this listing: 08/01/90

Diablo Valley Metropolitan Community Church

2253 Concord Boulevard
Concord CA 94522

TELEPHONE: 827-2960 (TTY) 827-0716

DAYS AND HOURS: Monday-Thursday, 1 PM-5 PM

AREA SERVED: Bay Area

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

The Church provides an on-going spiritual outlet for the gay and lesbian community and has an associated AIDS outreach program (Diablo Valley AIDS Center 682-3822). Worship service on Sundays at 10:00 AM.

Noon brunch the fourth Sunday of every month.

Neighborhood Family Group available to all.

Spiritual and social support groups meet second and fourth Thursday of every month.

Social events the third Friday night of every month.

24-hour recorder. Spiritual or peer counseling by appointment.

Referrals to professional counselors.

NOTES:

Diablo Valley AIDS Center is housed within the Church building.

This listing appears in the following sections: P
Date of last update for this listing:

Samaritan Counseling Center of Contra Costa County

1543 Sunnyvale Ave.
Walnut Creek CA 94596

TELEPHONE: 946-9229

DAYS AND HOURS: (See "Services")
AREA SERVED: Contra Costa County
FEES: \$25 - \$90/hr. (can be adjusted)
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Hours: Counseling by appointment, Monday - Friday.

Office hours: Monday - Thursday, 9:00 to 5:00.
(24 hr. answering service)

Non-denominational pastoral counseling by licensed MFCCs and clinical psychologist. All are ordained ministers. Emotional and spiritual dimensions of counseling provided. Evening appointments available. AIDS sensitive.

NOTES:

This listing appears in the following sections: P
Date of last update for this listing: 08/01/90

The Center

3421 Martin Luther King Way
Oakland CA 94606

TELEPHONE: 655-3435

DAYS AND HOURS: Monday-Friday 9 AM-5 PM

AREA SERVED: Alameda, Contra Costa Co.

FEES: None

ELIGIBILITY NOTES:

See "Notes"

DESCRIPTION OF SERVICES PROVIDED:

Provides socialization activities, peer counseling, support and advocacy. Drop in activities include free hot lunches (Monday-Friday 12 NOON-1:15 PM), benefits counseling, laundry facilities, TV room and a rest space. Scheduled massages for clients and their caregivers available. Non-denominational spiritual counseling available. Catholic mass celebrated on Tuesdays 11 - 11:30 AM. Volunteers provide practical support for clients including house cleaning, meal preparation, transportation, errand running and hospital visitations. Support groups include:
Women's Group: Mondays 1:15 PM-2:45 PM
Asian/Pacific Islander Group: Thursdays 7 PM-9 PM
Alcoholics Anonymous: Wednesdays 11 AM
Narcotics Anonymous: Tuesdays 10 AM

NOTES:

Eligibility requirements: in-take screening and doctor's certification that individual is HIV-positive.

This listing appears in the following sections: D P
Date of last update for this listing: 08/01/90

Q. Substance Abuse Services

The connections between substance use and AIDS extend beyond the obvious link of direct transmission by shared needles and syringes. Being under the influence of alcohol or any drug can affect a person's resolve to follow AIDS risk reduction guidelines and can interfere with the medical treatment of HIV disease.

Twelve step program self-help groups are considered to be an indispensable asset to long term substance use recovery. Such groups meet a number of times daily at different locations throughout the County and Bay Area. They are anonymous meetings, attended and facilitated by other self-described alcoholics and addicts. Following is a list of main referral numbers for these groups:

Alcoholics Anonymous (AA) ..	939-4155
Narcotics Anonymous (NA) ..	685-4357
Cocaine Anonymous (CA) ...	474-7133
Alanon/Alateen	932-6770
(for family members)	
Naranon (for family members)	526-2445
Cocaine Users Hotline	1-800-262-2463

AIRS (Alcohol Information/Rehabilitation Services)

(See "Services")

TELEPHONE: See "Services"

DAYS AND HOURS:

AREA SERVED: Contra Costa County

FEES: Sliding scale.

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

AIRS offers individual, family, and/or group outpatient counseling for people who abuse alcohol or alcohol and drugs. The Born Free Program (see sections 17 & 20) for pregnant women is also offered by AIRS in Martinez, Antioch and Richmond. AIDS sensitive. There are three clinics, one in each region of the county:

EAST COUNTY AIRS:

2400 Sycamore Drive, Suite 36, Antioch, CA 94509, Monday-Thursday, 11 AM-8:30 PM, Friday, 9 AM-6 PM. 427-8630.

CENTRAL COUNTY AIRS:

2366-A Stanwell Circle, Concord, CA 94520, Monday-Thursday, 9 AM-9 PM, Friday 9 AM-5 PM, 646-5510.

WEST COUNTY AIRS:

Hilltop Counseling, 3043 Research Drive, Suite 100, Richmond, CA 94806 Monday-Friday, 10 AM-7 PM, 374-3132.

NOTES:

To apply, call for an orientation appointment.

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

Bay Area Addiction Research and Treatment (BAART)

(See "Notes")

TELEPHONE: (See "Notes")

DAYS AND HOURS: Monday-Friday, 6 AM to 2 PM.

AREA SERVED: Contra Costa County

FEES: (See "Services")

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Provides outpatient heroin detoxification, outpatient methadone maintenance, counseling (individual, family or groups), and pregnant addict services. Also provides job counseling services to unemployed clients, AIDS information and confidential HIV antibody testing for clients and their partners.

FEES: Maintenance \$165/month, Detox \$150/month. Maintenance program accepts Medi-Cal. Detox program accepts Medi-Cal and Basic Adult Care.

ELIGIBILITY: Two forms of current ID, one must be California State ID.

Detox: currently addicted and in withdrawal.

Maintenance: 1 year history of heroin use and two detox treatment failures.

Priority admission for HIV infected persons seeking detox or maintenance.

TO APPLY: Maintenance - Pittsburg & Richmond - walk-in 12 NOON-12:45 PM Monday-Friday; Detox - Richmond - walk-in 6 AM-6:30 AM Monday-Friday, first come, first served; Pittsburg - drop in at 11 AM Monday-Thursday to be put on waiting list. Must appear at 6 AM each day thereafter until enrolled.

NOTES:

BAART - Richmond: 2910 Cutting Blvd., 94804 (232-0874)

BAART - Pittsburg: 45 Civic Drive, 94565 (427-2285)

This listing appears in the following sections: Q S
Date of last update for this listing: 08/01/90

Born Free Project

Merrithew Hospital, 2500 Alhambra
Martinez CA 94553

TELEPHONE: 646-1165

DAYS AND HOURS: Office hours: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: (See "Services")

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Eligibility Notes: For Born Free services at Pittsburg or Richmond Health Centers or in Martinez, women must be receiving prenatal care through County Healthy Start clinics or have delivered at Merrithew Memorial Hospital. For Born Free services at AIRS/Born Free clinics in Concord or Antioch, any pregnant woman worried about alcohol or drug use is eligible.

Pittsburg, Martinez and Richmond sites have individual, group and family counseling at no fees.

Concord and Antioch sites have group counseling only.

For appointments at any site, telephone the above number.

NOTES:

This listing appears in the following sections: Q T
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Drug Program Administration

595 Center Ave., Suite 200
Martinez CA 94553

TELEPHONE: 646-1087

DAYS AND HOURS: Monday-Friday, 8 AM-5PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

This county administrative office is AIDS sensitive in making referrals to programs for out-patient counseling, detoxification facilities, methadone maintenance and residential facilities.

NOTES:

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

Diablo Valley Ranch

11540 Marsh Creek
Clayton CA 94517

TELEPHONE: 672-5700

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: \$1000/month (long waiting list for free services)

ELIGIBILITY NOTES:

Ages 18 and over; men only.

DESCRIPTION OF SERVICES PROVIDED:

A 58-bed social model recovery program for men in the second and third phase of alcoholic dysfunction. Balanced program of work, information and education, personal growth and support systems to aid in recovery. Includes AA group, job search development and living sober exercises. AIDS sensitive.

NOTES:

Residential stay includes room and board, transportation for medical check ups, support services, recreation, family systems, Social Services and community volunteer involvement.

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

Discovery House I

904 Mellus Street
Martinez CA 94553

TELEPHONE: 372-9610

DAYS AND HOURS: Monday-Friday, 8-5 (Office)

AREA SERVED: Contra Costa County

FEES: (See "Notes")

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

A residential substance abuse treatment facility for men, providing an alternative for individuals needing a complete lifestyle change. Vocational and educational rehabilitation services are included in the program.

Treatment lasts approximately 6 to 12 months, depending on the severity of the abuser's problems. Priority admission for HIV infected persons.

NOTES:

FEES: Based on ability to pay. If without income, clients are placed on General Assistance which covers room and board. SDI accepted.

ELIGIBILITY: Must be a male resident of Contra Costa County, aged 18 to 64 and have a history of drug abuse.

TO APPLY: Call for an intake appointment.

NOTE: Not handicapped accessible.

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

Discovery House II

9636 Pacheco Boulevard
Martinez CA 94553

TELEPHONE: 229-4212

DAYS AND HOURS: Monday-Friday, 8:00 AM to 5:00 PM (see "Notes")

AREA SERVED: Contra Costa County

FEES: Based on ability to pay.

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Residential treatment program for men and women; 9-18 month stay treatment, vocational and educational rehabilitation services included in the program. Family and couple counseling provided on a limited basis.

ELIGIBILITY: Any Contra Costa County resident, aged 18 or over, whose primary substance abuse problem is drugs.

TO APPLY: Call for an intake appointment. Priority admission for HIV infected persons, the homeless, and pregnant women.

NOTES:

In-take interviews on Thursdays only.

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

East County Community Detoxification Center

500 School Street
Pittsburg CA 94565

TELEPHONE: 458-1616

DAYS AND HOURS: 24 hours per day, 7 days per week

AREA SERVED: East County

FEES: (See "Services")

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

A social model 10-bed alcohol detox for men and women (3-5 days); 12-bed social model women's recovery program (90 days); 6-bed program for women who are employed.

FEES:

Alcohol Detox: based on ability to pay.

Women's Recovery Program: based on ability to pay.

Women's Workout Program: \$800/month.

NOTES:

Facilities not able to house children of clients in treatment.

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

Frederic Ozanam Center

2931 Prospect Ave.
Concord CA 94520

TELEPHONE: 676-4840

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM (see "notes")

AREA SERVED: Contra Costa County

FEES: (See "Services")

ELIGIBILITY NOTES:

Women ages 18-64

DESCRIPTION OF SERVICES PROVIDED:

Substance abuse residential treatment for 30 days to 1 year.

FEES: \$950 month, sliding scale for low income persons. No one is turned away due to lack of funds.

Call to get on the waiting list. Priority admission for HIV infected women.

NOTES:

Facility unable to house children of women in treatment.

Answering machine 24 hours a day.

This listing appears in the following sections: Q T
Date of last update for this listing: 08/01/90

Holloman Detox of Richmond

208 - 23rd St.
Richmond CA 94801

TELEPHONE: 233-1270

DAYS AND HOURS: 24-hours daily
AREA SERVED: West Contra Costa County
FEES: Based on ability to pay. Minimum \$5/day.
ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

ELIGIBILITY: Persons 18-64 whose primary substance abuse problem is alcohol.

A 17 bed, short term (3-5 days) licensed social model (non-medical) detoxification program for men and women who require support and assistance while withdrawing from the effects of alcohol or alcohol and drugs.

Daily informal one-on-one counseling, discussion meetings and weekly HIV education. AIDS sensitive.

NOTES:

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

Orchid Women's Recovery Center

1342 East 27th St.
Oakland CA

TELEPHONE: 535-0611 (24 hours)

DAYS AND HOURS: Monday-Friday 9 AM-5 PM

AREA SERVED: All counties.

FEES: Sliding scale, no one refused for inability to pay

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

Residential program for women with problems related to alcohol use. A thirty day commitment is required. Maximum stay is 12 months.

Women may be pregnant but not more than six months pregnant. Children must be placed elsewhere for first thirty days. After satisfactory completion of thirty days, children 0-12 years old may be placed in the program.

NOTES:

ELIGIBILITY: HIV infected women are served.

This listing appears in the following sections: Q T
Date of last update for this listing: 08/01/90

Shennum Center

2090 Commerce Ave.
Concord CA 94520

TELEPHONE: 676-2580

DAYS AND HOURS: 24-hours per day, 7 days per week

AREA SERVED: Contra Costa County

FEES: Vary according to income, up to \$47 per day.

ELIGIBILITY NOTES:

Men & Women, aged 18-65 years

DESCRIPTION OF SERVICES PROVIDED:

A twenty bed social model detoxification program for men and women who require support and assistance while withdrawing from the effects of alcohol and other drugs. Provides 24 hour drop-in and crisis support for individuals and families with alcohol and drug problems.

Self help support groups utilized by program include Alcoholics Anonymous, Al-Anon Family Group, Narcotics Anonymous and ACS (Adult Children of Alcoholics). AIDS sensitive.

NOTES:

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

Sojourne Community Counseling Center

3029 MacDonald Avenue
Richmond CA 94804

TELEPHONE: 374-3813

DAYS AND HOURS: (See "Notes")

AREA SERVED: West Contra Costa County

FEES: Sliding scale; no one turned away

ELIGIBILITY NOTES:

Adults and teenagers

DESCRIPTION OF SERVICES PROVIDED:

Sojourne provides counseling for people with drug abuse problems; priority given to West County residents. Counseling for people of color with HIV infection or at risk for HIV infection is also provided (AIDS Project). Acupuncture detoxification program available. AA, NA and CA support meetings weekly in-house. Women's recovery program for women with substance abuse problems also available.

ELIGIBILITY: Minority women who live in West Contra Costa County who are HIV infected or are at high risk of HIV infection due to substance use.

TO APPLY: Call for an appointment. Persons with HIV infection should call direct; others may be referred.

NOTES:

To apply, call for an appointment.

Days and hours:

Mondays, Tuesdays, Thursdays, Fridays 8 AM-9 PM

Wednesdays 8 AM-5 PM

This listing appears in the following sections: Q M T D
Date of last update for this listing: 08/01/90

Sunrise House, Inc.

135 Mason Circle
Concord CA 94520

TELEPHONE: 825-7049

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM
AREA SERVED: Bay Area
FEES: (See "Notes")
ELIGIBILITY NOTES:

Ages 18-64

DESCRIPTION OF SERVICES PROVIDED:

Provides a 22-bed residential and outpatient recovery program for ambulatory and mentally competent adults who are alcohol or drug dependent. Services include individual consultation, group growth and education sessions, recreational activities, vocational services, and assistance to residents in obtaining community support services. Program is structured to emphasize client's personal strengths in order to facilitate re-entry into the community and offers group and individual educational meetings, both on and off the premises. Visits with families, outside work, recreation and involvement in community activities are encouraged. Co-alcohol and Al-Anon services, along with family education sessions, are available to family members of residents. Relapse prevention program offered to both residents and outpatients. AIDS sensitive.

Monday night relapse prevention program 7 PM-9 PM, no appointment necessary, \$15/session.

NOTES:

FEES:

Inpatient \$9,000 for 90 days; outpatient \$1,200/month. Six month waiting list for 12 county-funded beds. Private insurance, third party payment accepted.

Ten week outpatient therapy group for relapse prevention, \$15/week.

This listing appears in the following sections: Q
Date of last update for this listing: 08/01/90

Tri-County Women's Recovery Service (The Rectory)

1901 Church Lane
San Pablo CA 94806

TELEPHONE: 236-3134

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM (see "Notes")

AREA SERVED: Contra Costa, Napa, Solano

FEES: (See "Services")

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

Provides a social model alcoholism recovery residence for women with or without children. Client may also have drug problem, but primary diagnosis must be a history of alcohol abuse. A minimum stay of 90 days is suggested, maximum length of stay will vary with individual recovery. Services include 24-hour residential guidance, individual and group recovery/goal planning, alcohol and drug education, children's activities, nutritional and health guidance, re-entry skills assistance, recreational, social and cultural functions, twelve step programs (Alcoholics Anonymous, Narcotics Anonymous, Cocaine Anonymous), family participation, parenting skills training, and assistance with obtaining services.

FEES: Vary according to income, up to \$1,000 per month. No one turned away because of inability to pay.

NOTES:

Necessary pre-screening interviews on Tuesdays at 1:00 PM.

ELIGIBILITY: Women ages 18 to 64, resident of area served. Children ages birth to 12 years may stay with mother in program. Pregnant women also accepted.

This listing appears in the following sections: Q T
Date of last update for this listing: 08/01/90

West Contra Costa Youth Services Bureau

1300 Amador Street, #18
San Pablo CA 94806

TELEPHONE: 237-9503

DAYS AND HOURS: Monday - Friday, 8 AM-5 PM

AREA SERVED: West Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Under 18 years.

DESCRIPTION OF SERVICES PROVIDED:

Provides a comprehensive youth service delivery system designed to improve the coordination of services to children, youth, and their families. Services include in-take and problem identification; referral and follow-up to other agencies; individual, group, crisis, & substance abuse counseling; parent and grandparent support groups; crisis intervention counseling; advocacy; pre-vocational and vocational training; and community outreach.

Also provides case management services to pregnant teens or teen parents under 18 years to identify educational, health care, day care and social service needs, and secure resources to meet those needs. Services include assistance with health care during pregnancy and after birth, finding child care, financial problems, completing high school, job counseling and training, infant care information, proper nutrition, legal referrals, housing assistance, food and clothing, and emotional support. All services are confidential.

The New Attitudes Program offers substance abuse counseling to pregnant teens and to young women at risk for substance abuse.

NOTES:

Apply by phone.

Transportation: AC Transit #68 stops within 2 blocks.

Accessibility: Facility is not wheelchair accessible.

This listing appears in the following sections: Q A C
Date of last update for this listing: 08/01/90

R. Suicide

Thoughts of suicide can range from a momentary consideration to a preoccupation. The listings that follow pertain to this issue.

Contra Costa Crisis & Suicide
Intervention Services

P.O. Box 4852
Walnut Creek CA 94596

TELEPHONE: 939-1916

DAYS AND HOURS: Crisis hotlines, 24-hour, daily.

AREA SERVED: All of Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Trained volunteers provide crisis counseling and referral service on a 24-hr 7-days-a-week basis for people of all ages having difficulty coping. In addition to hotlines, other services include grief counseling for family and friends via telephone or personal contact, support groups for widowed persons, bereaved parents and survivors of suicide. Referrals in other areas of the United States are also maintained.

AIDS sensitive.

939-3232 (Central County)
620-0174 (West County)
754-7080 (East County)
944-0645 (Grief Counseling)

NOTES:

This listing appears in the following sections: D R
Date of last update for this listing: 08/01/90

National Hemlock Society

P.O. Box 66218
Los Angeles CA 90066

TELEPHONE: (213) 391-1871 (213) 390-0470

DAYS AND HOURS:
AREA SERVED: California
FEES: \$20 (\$15 for senior citizens)
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Publishes informational material to help members decide the manner and means of their death. Hemlock Society supports the option of active voluntary euthanasia for the terminally ill.

NOTES:

Hemlock Society does not encourage suicide for any primary emotional, traumatic or financial reason in the absence of a terminal illness. It approves of the work of those involved in suicide prevention.

This listing appears in the following sections: R
Date of last update for this listing: 08/01/90

S. Testing Services

The main source of primary screening for AIDS is the HIV antibody test. This is a blood test which looks for evidence of infection by the virus that causes AIDS. HIV antibody testing does not test for the virus itself, rather the products the body makes in response to the virus.

The HIV antibody test may be performed by one's private doctor or at any health maintenance facility with some degree of confidentiality. Other locations listed within this section can perform the test and provide test results on a basis of anonymity to completely protect the individual's privacy.

Counseling before and after the test should be part of the testing process regardless of the test site.

As new and better treatments for AIDS and HIV become more frequent, testing becomes increasingly advisable. Early treatment of HIV disease frequently means living longer and better quality of life.

Bay Area Addiction Research and Treatment (BAART)

(See "Notes")

TELEPHONE: (See "Notes")

DAYS AND HOURS: Monday-Friday, 6 AM to 2 PM.

AREA SERVED: Contra Costa County

FEES: (See "Services")

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Provides outpatient heroin detoxification, outpatient methadone maintenance, counseling (individual, family or groups), and pregnant addict services. Also provides job counseling services to unemployed clients, AIDS information and confidential HIV antibody testing for clients and their partners.

FEES: Maintenance \$165/month, Detox \$150/month. Maintenance program accepts Medi-Cal. Detox program accepts Medi-Cal and Basic Adult Care.

ELIGIBILITY: Two forms of current ID, one must be California State ID.

Detox: currently addicted and in withdrawal.

Maintenance: 1 year history of heroin use and two detox treatment failures.

Priority admission for HIV infected persons seeking detox or maintenance.

TO APPLY: Maintenance - Pittsburg & Richmond - walk-in 12 NOON-12:45 PM Monday-Friday; Detox - Richmond - walk-in 6 AM-6:30 AM Monday-Friday, first come, first served; Pittsburg - drop in at 11 AM Monday-Thursday to be put on waiting list. Must appear at 6 AM each day thereafter until enrolled.

NOTES:

BAART - Richmond: 2910 Cutting Blvd., 94804 (232-0874)

BAART - Pittsburg: 45 Civic Drive, 94565 (427-2285)

This listing appears in the following sections: Q S
Date of last update for this listing: 08/01/90

Berkeley Community Health Project - Free Clinic

2339 Durant Avenue
Berkeley CA 94704

TELEPHONE: 548-2570 (TTY) 548-8238

DAYS AND HOURS: (See "Notes")
AREA SERVED: (See "Services")
FEES: None. Donations encouraged.
ELIGIBILITY NOTES:

Inability to pay for services.

DESCRIPTION OF SERVICES PROVIDED:

--Medical appointments: Mondays, Tuesdays, Wednesdays, Thursdays. Call 548-4811 at 5:45 PM for same evening appointment.
--Men's STD Clinic: Sundays 6-8 PM drop in. For information call 644-0425.
--Women's STD and gynecology clinic: Saturday mornings. Call 548-4811 at 8:30 AM for same morning appointment.
--HIV anonymous testing: Must be 12 years old or older. Drop in Sundays 6-7PM. Call 644-0425 for information.
--Dental Clinic: Mondays and Thursdays 6-9 PM drop in. For information call 548-2745.
--Homeless Services Coordinator: Monday through Friday 2-4 PM; Sunday through Thursday 6-8 PM. Call 548-1730.
--Peer Counseling: One-on-one and couples. Drop in Tuesdays 7-9 PM. Call 548-2570 for more information.

NOTES:

This listing appears in the following sections: E L D S T
Date of last update for this listing: 08/01/90

Children's Hospital Oakland-HIV Program

747 52nd St.
Oakland CA 94609

TELEPHONE: 428-3010

DAYS AND HOURS: Monday-Friday 8 AM-12 NOON, 1 PM-4:30 PM
AREA SERVED: Bay Area
FEES: Varied
ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

The HIV Program provides testing, screening, and treatment for children from ages birth to 21 years. Clinical trials available. The program is approved by California Children's Services and is affiliated with the Northern California Pediatric AIDS Program.

The HIV Program offers a team of specialists to answer questions and to provide counseling and support. The HIV Program is located in the Department of Infectious Diseases at Children's Hospital.

Contra Costa County residents should be referred through Contra Costa HIV Children's Program, Kathleen Malloy, M.D., 646-1286.

NOTES:

This listing appears in the following sections: C L S A
Date of last update for this listing: 08/01/90

Contra Costa County HIV Alternative Testing Sites

(See "Notes")

TELEPHONE: 646-1240

DAYS AND HOURS: Monday-Friday, 8:00 AM-5:00 PM (See "Notes")

AREA SERVED: Bay Area

FEES: Free

ELIGIBILITY NOTES:

Must be 12 years old or older.

DESCRIPTION OF SERVICES PROVIDED:

Anonymous testing done on a drop-in, first come first served basis. Person is given a lab slip with a number when blood specimen is drawn. This number and slip are used by the client to claim test results in person; test results take two weeks.

Pre- and post-test counseling are provided. Pre-test counseling includes information on decreasing risk through safer sex and safer drug practices. The HIV test is explained and clients are free to decide whether or not to take the test. At the post-test counseling session, results are given and coping with positive or negative test results is discussed. For HIV-positive individuals, appropriate referrals are given regarding follow-up tests, private or county physicians and support groups. Voluntary partner notification is available. Support group referrals are available for partners and families of HIV positive individuals, for people with HIV infection and for those in grief.

NOTES:

A service of the Contra Costa County Public Health Department's AIDS Program.

Test Centers:

CENTRAL COUNTY: 2355 Stanwell Circle, Concord, CA 94520

Tuesdays 1 PM-9 PM

EAST COUNTY: Call for times and location

WEST COUNTY: 39th and Bissell, Richmond, CA 94806

Wednesdays 6 PM-8:30 PM

This listing appears in the following sections: S

Date of last update for this listing: 08/01/90

East Bay AIDS Center

2640 Telegraph Avenue
Berkeley CA 94704

TELEPHONE: 540-1870

DAYS AND HOURS: Monday-Friday 9 AM-5:30 PM

AREA SERVED: Bay Area

FEES: \$50.00 per test.

ELIGIBILITY NOTES:

Service fee & appointment required.

DESCRIPTION OF SERVICES PROVIDED:

Confidential AIDS antibody testing program offered by appointment at the following times:

Mondays 2 PM-4:30 PM

Tuesdays 4 PM-4:30 PM

Wednesdays 2 PM - 3 PM

East Bay AIDS Clinic is connected with Alta Bates and Herrick Hospitals. In addition to HIV testing, the clinic provides other primary and consultative outpatient medical care including current research protocols. Psychosocial assistance to persons with AIDS; people with ARC; seropositive individuals and their family, friends and partners is available via the clinic's Social Services Program.

NOTES:

This listing appears in the following sections: S
Date of last update for this listing: 08/01/90

Kaiser Permanente Medical Centers and Offices

See below

TELEPHONE: See below

DAYS AND HOURS:

AREA SERVED: All of Contra Costa County

FEES: Yes

ELIGIBILITY NOTES:

Require membership

DESCRIPTION OF SERVICES PROVIDED:

All locations offer medical care, pharmaceutical services, and HIV anti-body testing. The Martinez and Walnut Creek locations offer hospitalization. The Walnut Creek Kaiser offers specialized AIDS services and hospice as well as health education classes for persons with HIV related needs.

Note: Kaiser patients who receive primary care from Antioch cannot use hospice services.

LOCATIONS:

1. 1425 S. Main St., Walnut Creek, (943-2000), Hospice (943-2165)
2. 200 Muir Rd., Martinez, (372-1000), Inpatient Hospice (943-2165)
3. 1330 Cutting Blvd., Richmond, (231-4600), Emergency Hospital (232-4811)
4. 901 Nevin Ave., Richmond, (231-4600)
5. 3400 Delta Faire Blvd., Antioch, (779-5000)

NOTES:

All Kaiser locations offer medical care to plan members who have AIDS or ARC. However, the Walnut Creek location has a special HIV Coordinator and AIDS Social Worker who provide patient advocacy, counseling and support.

Kaiser HMO members often use other Kaiser facilities in the Bay Area. Those closest to Contra Costa County include the following locations:

Oakland - 569-1000, HIV Patient Education and Support Service, 569-6344
San Francisco - 742-2000
Pleasanton - 847-5000
Vallejo - 648-6000

This listing appears in the following sections: S D
Date of last update for this listing: 08/01/90

Martin Luther King, Jr. Family Health Center

101 Broadway
Richmond CA 94806

TELEPHONE: 233-3994

DAYS AND HOURS: (See "Services")
AREA SERVED: West Contra Costa County
FEES: (See "Notes")
ELIGIBILITY NOTES:

None

DESCRIPTION OF SERVICES PROVIDED:

HOURS: Monday - Friday, 8:30 AM - 5 PM, Wednesday 8:30 AM - 8 PM, Saturday 9 AM - 1 PM.

Low-cost comprehensive outpatient care, including: HIV testing, counseling and treatment; prenatal and infant care including home visits to newborns up to two weeks old and transportation provided to the clinic; eye and dental exams; mental health counseling. Appointments are preferred but drop-ins are permitted.

NOTES:

Spanish and Laotian speaking staff are available.

FEES:

Medi-Cal and other insurance accepted. No fees for the homeless. No one is turned away due to inability to pay.

This listing appears in the following sections: D L E C S M
Date of last update for this listing: 08/01/90

Pathology Institute

TELEPHONE: 540-1838

DAYS AND HOURS: Monday-Friday 8 AM-9 PM; Saturday 8 AM-5 PM

AREA SERVED: Bay Area

FEES: \$160

ELIGIBILITY NOTES:

Physician referral (See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

The Pathology Institute administers the highly sensitive polymerase chain reaction (PCR) test which may detect HIV infection months before antibodies are present. CAUTION: The test is so sensitive it can detect even the most miniscule contamination of laboratory glassware, reagents, etc.

The test has the potential to detect latent HIV infection in the DNA macrophages or in other cells in which replication of the virus or antibody production is not occurring.

NOTES:

The polymerase chain reaction HIV test must be prescribed by a physician. Physicians are sent a testing kit.

To test children less than 18 months old, contact Dr. Ann Petru at the Oakland Children's Hospital at (415) 428-3000.

This listing appears in the following sections: S
Date of last update for this listing: 08/01/90

Planned Parenthood: Shasta - Diablo
HIV Testing

1291 Oakland Blvd.
Walnut Creek CA 94596

TELEPHONE: 935-4066

DAYS AND HOURS: Monday - Friday, 8:30 AM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Planned Parenthood provides free AIDS (HIV) antibody tests--anonymous or confidential, pre and post test counseling, and prevention education. Anonymous tests are done by code number, without ever knowing a client's name. If a written test report is needed, a confidential test can be requested. Results will be released to others only with client's written permission. Results in central Contra Costa take 2 weeks; in Richmond results take 1 week to 10 days.

Individual counseling is given at private appointments by a trained AIDS counselor before the test is given and when returning for results. Call the nearest test site for an appointment or information.

NOTES:

ANTIOCH CENTER: 1104 Buchanan Rd., Antioch, CA 94509 (754-4550)

CONCORD CENTER: 1899 Clayton Rd., Concord, CA 94520 (680-0414)

RICHMOND CENTER: 3050 Hilltop Mall Rd., Richmond, CA 94806 (222-5290)

SAN RAMON CENTER: 130 Ryan Ct. #115, San Ramon, CA 94583 (838-2108)

WALNUT CREEK CENTER: 1357 Oakland Ct., Walnut Creek, CA 94596 (935-3010)

This listing appears in the following sections: S
Date of last update for this listing: 08/01/90

T. Women's Services

Some women have additional issues to consider regarding HIV. These include encouraging a partner's cooperation with safer sex practices, being a care giver for a partner or family member with AIDS; substance abuse and addiction, pregnancy and the possibility of having an infected child; care of children who have been infected and long term care of children in the event of the mothers death.

The listings that comprise this section are specific to women's needs and issues.

Battered Women's Alternatives

P.O. Box 6406
Concord CA 94524

TELEPHONE: (See "Notes")

DAYS AND HOURS: (See "Notes")

AREA SERVED: Contra Costa County

FEES: Vary with income. Private insurance accepted.

ELIGIBILITY NOTES:

No requirements.

DESCRIPTION OF SERVICES PROVIDED:

Provides services to individuals and families involved in domestic violence. 24-hour hotline provides crisis counseling to men and women. For women and children in a life threatening situation, offers a safe home or shelter for three days to six weeks. Legal advocacy services include assistance in obtaining a temporary restraining order, information about criminal charges, court accompaniment and referrals to attorneys. Battered women support groups meet weekly throughout the county. Men's program component seeks to eliminate physical abuse of women and children by providing violence abatement training. Also offers employment counseling, job training and placement for battered women. AIDS sensitive.

Foreign language: Spanish speakers available.

NOTES:

Business Office hours Monday-Friday, 9 AM-5 PM. Telephone 676-2845.

BWA county-wide legal program hours Monday-Friday, 9 AM-5 PM.

Telephone 372-3211

Seven-day, 24-hour crisis and advocacy lines:

CENTRAL COUNTY 930-8300

EAST COUNTY 757-8200

WEST COUNTY 233-2420

Batterers' Anonymous: 676-3223

This listing appears in the following sections: D K T

Date of last update for this listing: 08/01/90

Berkeley Community Health Project - Free Clinic

2339 Durant Avenue
Berkeley CA 94704

TELEPHONE: 548-2570 (TTY) 548-8238

DAYS AND HOURS: (See "Notes")

AREA SERVED: (See "Services")

FEES: None. Donations encouraged.

ELIGIBILITY NOTES:

Inability to pay for services.

DESCRIPTION OF SERVICES PROVIDED:

--Medical appointments: Mondays, Tuesdays, Wednesdays, Thursdays. Call 548-4811 at 5:45 PM for same evening appointment.

--Men's STD Clinic: Sundays 6-8 PM drop in. For information call 644-0425.

--Women's STD and gynecology clinic: Saturday mornings. Call 548-4811 at 8:30 AM for same morning appointment.

--HIV anonymous testing: Must be 12 years old or older. Drop in Sundays 6-7PM. Call 644-0425 for information.

--Dental Clinic: Mondays and Thursdays 6-9 PM drop in. For information call 548-2745.

--Homeless Services Coordinator: Monday through Friday 2-4 PM; Sunday through Thursday 6-8 PM. Call 548-1730.

--Peer Counseling: One-on-one and couples. Drop in Tuesdays 7-9 PM. Call 548-2570 for more information.

NOTES:

This listing appears in the following sections: E L D S T
Date of last update for this listing: 08/01/90

Born Free Project

Merrithew Hospital, 2500 Alhambra
Martinez CA 94553

TELEPHONE: 646-1165

DAYS AND HOURS: Office hours: Monday-Friday, 8 AM-5 PM

AREA SERVED: Contra Costa County

FEES: (See "Services")

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Eligibility Notes: For Born Free services at Pittsburg or Richmond Health Centers or in Martinez, women must be receiving prenatal care through County Healthy Start clinics or have delivered at Merrithew Memorial Hospital. For Born Free services at AIRS/Born Free clinics in Concord or Antioch, any pregnant woman worried about alcohol or drug use is eligible.

Pittsburg, Martinez and Richmond sites have individual, group and family counseling at no fees.

Concord and Antioch sites have group counseling only.

For appointments at any site, telephone the above number.

NOTES:

This listing appears in the following sections: Q T
Date of last update for this listing: 08/01/90

Contra Costa County Health Services Department
Healthy Start

2500 Alhambra Ave. (Main Office)
Martinez CA 94553

TELEPHONE: See "Services"

DAYS AND HOURS: Monday-Friday, call clinic for appointment

AREA SERVED: Contra Costa County

FEES: Vary; Medi-Cal, Contra Costa Health Plan

ELIGIBILITY NOTES:

(See "Services")

DESCRIPTION OF SERVICES PROVIDED:

Eligibility: Confirmed pregnancy and plan to have the baby.

A comprehensive prenatal care program for pregnant women. AIDS sensitive.

Services given at the following County Health Services Family Practice Clinics:

MARTINEZ: 2500 Alhambra Ave. (370-5495)

PITTSBURG: 550 School Street (427-8070)

RICHMOND: 39th and Bissell (374-3012)

Prenatal care also offered at:

BRENTWOOD: 118 Oak Street (634-1102)

NOTES:

Call nearest clinic for appointment. Some evening hours are available.

This listing appears in the following sections: T L
Date of last update for this listing: 08/01/90

Diablo Valley AIDS Center

2253 Concord Blvd.
Concord CA 94520

TELEPHONE: 686-3822

DAYS AND HOURS: Monday-Thursday 9 AM-9 PM; Friday 9 AM-5 PM

AREA SERVED: All of Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Lay counseling support to PWAs, PWARCs and those who are HIV antibody positive. Provides education about AIDS with a special outreach to the religious community.

Food bank for HIV+ persons with income less than \$900 per month. (Exceptions made on a case by case basis). Housing assistance also provided.

Recreation room, food bank and medical supplies also available.

Mediation to avoid legal action and to avoid publicity is also provided.

Support group for HIV-impacted women available. Crisis line for women operated on Saturdays, 9 AM- 12 NOON.

NOTES:

This listing appears in the following sections: D G F T
Date of last update for this listing: 08/01/90

Frederic Ozanam Center

2931 Prospect Ave.
Concord CA 94520

TELEPHONE: 676-4840

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM (see "notes")

AREA SERVED: Contra Costa County

FEES: (See "Services")

ELIGIBILITY NOTES:

Women ages 18-64

DESCRIPTION OF SERVICES PROVIDED:

Substance abuse residential treatment for 30 days to 1 year.

FEES: \$950 month, sliding scale for low income persons. No one is turned away due to lack of funds.

Call to get on the waiting list. Priority admission for HIV infected women.

NOTES:

Facility unable to house children of women in treatment.

Answering machine 24 hours a day.

This listing appears in the following sections: Q T
Date of last update for this listing: 08/01/90

Orchid Women's Recovery Center

1342 East 27th St.
Oakland CA

TELEPHONE: 535-0611 (24 hours)

DAYS AND HOURS: Monday-Friday 9 AM-5 PM

AREA SERVED: All counties.

FEES: Sliding scale, no one refused for inability to pay

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

Residential program for women with problems related to alcohol use. A thirty day commitment is required. Maximum stay is 12 months.

Women may be pregnant but not more than six months pregnant. Children must be placed elsewhere for first thirty days. After satisfactory completion of thirty days, children 0-12 years old may be placed in the program.

NOTES:

ELIGIBILITY: HIV infected women are served.

This listing appears in the following sections: Q T
Date of last update for this listing: 08/01/90

Planned Parenthood: Shasta - Diablo

(See "Notes")

TELEPHONE: (See "Notes")

DAYS AND HOURS: Monday-Friday, 8:30 AM-5 PM

AREA SERVED: Contra Costa County

FEES: Varied

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

Serves men and women providing pregnancy testing, STD testing and treatment, abortion services, counseling for tubal ligations and vasectomies, childbirth education, PAP tests and annual physical exams, dysplasia exams, premarital blood tests, relationship and sexuality counseling, and HIV testing and education. AIDS sensitive.

ANTIOCH CENTER: 1104 Buchanan Rd., Antioch, CA 94509 (754-4550)

CONCORD CENTER: 1899 Clayton Rd., Concord, CA 94520 (680-0414)

RICHMOND CENTER: 3050 Hilltop Mall Rd., Richmond, CA 94806 (222-5290)

SAN RAMON VALLEY: 130 Ryan Ct., #115, San Ramon, CA 94583 (838-2108)

WALNUT CREEK CENTER: 1357 Oakland Ct., Walnut Creek, CA 94596 (935-3010)

NOTES:

This listing appears in the following sections: L T
Date of last update for this listing: 08/01/90

Rape Crisis Center of West Contra Costa

Brookside Hospital, 200 Vale Road
San Pablo CA 94806

TELEPHONE: 237-0113 (See "Notes")

DAYS AND HOURS: Monday-Friday, 9 AM-4:30 PM (see notes)

AREA SERVED: All of West County

FEES: None

ELIGIBILITY NOTES:

No requirements

DESCRIPTION OF SERVICES PROVIDED:

Provides free, confidential services to male and female sexual assault victims of any age and a child assault prevention program to schools. Services include: 24-hour telephone crisis line; information regarding medical care; police and court procedures; STD and pregnancy information and referrals; 24-hour emergency crisis intervention services at Brookside, Doctors', Kaiser and East Bay Hospitals; follow-up services; accompaniment during police and DA interviews and court proceedings; referrals to other community resources; referrals to professional therapists; liaison with public and private agencies including school authorities, Social Services, District Attorney, Probation, private professionals and police. AIDS sensitive.

NOTES:

24-hour a day crisis line available: 236-7273

Office phone number: 237-0113

This listing appears in the following sections: T
Date of last update for this listing: 08/01/90

Rape Crisis Service of Central Contra Costa County

1760 Clayton Road
Concord CA 94520

TELEPHONE: (See "Notes")

DAYS AND HOURS: Office Hours: Monday-Friday, 9 AM-4:30 PM

AREA SERVED: Central Contra Costa County

FEES: None

ELIGIBILITY NOTES:

Central Contra Costa County resident

DESCRIPTION OF SERVICES PROVIDED:

Provides 24-hour crisis counseling to victims of sexual assault, attempted rape victims, family or friends. Also, offers a 24-hour outreach service responding to requests from victims, hospitals, or law enforcement agencies, including, but not limited to being present as an advocate at the time of the medical examination, law enforcement interviews, court appearances. Also offers referral services and 24-hour information such as how to get immediate help, what to expect at the hospital medical examination or how to locate available emergency housing. Follow-up counseling for victims or a referral for counseling is available. Coordinates support groups and self protection seminars for adult women and female teenagers. Training provided to individuals interested in becoming volunteers. AIDS sensitive.

AREA SERVED: Alamo, Clayton, Concord, Danville, Lafayette, Martinez, Moraga, Orinda, Pacheco, Pleasant Hill, San Ramon, Walnut Creek.

NOTES:

24-hour crisis line: 798-7273

Office: 934-4131

This listing appears in the following sections: T
Date of last update for this listing: 08/01/90

Rape Crisis Service of East Contra Costa County

3774 Railroad Ave., Suite 2
Pittsburg CA 94565

TELEPHONE: (See "Notes")

DAYS AND HOURS: Office Hours: Monday-Friday 9 AM-5 PM

AREA SERVED: (See "Services")

FEES: None

ELIGIBILITY NOTES:

East Contra Costa County resident

DESCRIPTION OF SERVICES PROVIDED:

Provides a 24-hour crisis line and support, information, referrals, and community education services to East Contra Costa sexual assault victims, their families, and friends. Services include trained volunteer counselors to help men and women victims of assault and rape deal with their feelings, make decisions about medical and legal matters, and obtain needed follow-up care. Counselors are available to accompany a victim to the hospital for police and legal procedures. Provides in-person counseling to all victims, their families and friends and services for victims of incest and/or molestation. Makes available printed materials on all services, including self-defense and prevention, and program literature in Spanish. AIDS sensitive.

AREA SERVED:

Antioch, Bethel Island, Brentwood, Byron, Knightsen, Oakley, Pittsburg

NOTES:

24-hour crisis line: 754-7273

This listing appears in the following sections: T
Date of last update for this listing: 08/01/90

Sojourne Community Counseling Center

3029 MacDonald Avenue
Richmond CA 94804

TELEPHONE: 374-3813

DAYS AND HOURS: (See "Notes")
AREA SERVED: West Contra Costa County
FEES: Sliding scale; no one turned away
ELIGIBILITY NOTES:

Adults and teenagers

DESCRIPTION OF SERVICES PROVIDED:

Sojourne provides counseling for people with drug abuse problems; priority given to West County residents. Counseling for people of color with HIV infection or at risk for HIV infection is also provided (AIDS Project). Acupuncture detoxification program available. AA, NA and CA support meetings weekly in-house. Women's recovery program for women with substance abuse problems also available.

ELIGIBILITY: Minority women who live in West Contra Costa County who are HIV infected or are at high risk of HIV infection due to substance use.

TO APPLY: Call for an appointment. Persons with HIV infection should call direct; others may be referred.

NOTES:

To apply, call for an appointment.

Days and hours:
Mondays, Tuesdays, Thursdays, Fridays 8 AM-9 PM
Wednesdays 8 AM-5 PM

This listing appears in the following sections: Q M T D
Date of last update for this listing: 08/01/90

The Women's AIDS Network

25 Van Ness Avenue, 3rd Floor
San Francisco CA 94103

TELEPHONE: 821-5410

DAYS AND HOURS: Monday-Friday, 8 AM-5 PM

AREA SERVED: Northern California

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

A Northern California network of health care providers, activists, researchers and concerned women (including women with AIDS or ARC) who meet monthly to address current AIDS issues affecting women.

Meetings held first Tuesday of each month.

NOTES:

This listing appears in the following sections: T
Date of last update for this listing: 08/01/90

Tri-County Women's Recovery Service (The Rectory)

1901 Church Lane
San Pablo CA 94806

TELEPHONE: 236-3134

DAYS AND HOURS: Monday-Friday, 9 AM-5 PM (see "Notes")

AREA SERVED: Contra Costa, Napa, Solano

FEES: (See "Services")

ELIGIBILITY NOTES:

(See "Notes")

DESCRIPTION OF SERVICES PROVIDED:

Provides a social model alcoholism recovery residence for women with or without children. Client may also have drug problem, but primary diagnosis must be a history of alcohol abuse. A minimum stay of 90 days is suggested, maximum length of stay will vary with individual recovery. Services include 24-hour residential guidance, individual and group recovery/goal planning, alcohol and drug education, children's activities, nutritional and health guidance, re-entry skills assistance, recreational, social and cultural functions, twelve step programs (Alcoholics Anonymous, Narcotics Anonymous, Cocaine Anonymous), family participation, parenting skills training, and assistance with obtaining services.

FEES: Vary according to income, up to \$1,000 per month. No one turned away because of inability to pay.

NOTES:

Necessary pre-screening interviews on Tuesdays at 1:00 PM.

ELIGIBILITY: Women ages 18 to 64, resident of area served. Children ages birth to 12 years may stay with mother in program. Pregnant women also accepted.

This listing appears in the following sections: Q T
Date of last update for this listing: 08/01/90

U. Miscellaneous or Uncategorized

The listings that comprise this section are those that did not fit logically into the preceding sections.

Contra Costa County Health Services Department
AIDS Program Education and Prevention

1111 Ward St., Rm. 307
Martinez CA 94553

TELEPHONE: 646-1240

DAYS AND HOURS: Monday-Friday, 8 AM-12 NOON; 1 PM-5 PM

AREA SERVED: Contra Costa County

FEES: None

ELIGIBILITY NOTES:

DESCRIPTION OF SERVICES PROVIDED:

One of the services of the County's AIDS Program, this unit provides trained health educators for community presentations and technical assistance on AIDS issues. Individuals, groups or agencies can request AIDS education and prevention information. Listings of available brochures, videos, and extensive files of other written information on request.

Callers may also be provided with referrals to other agencies and resources for HIV/AIDS education and prevention.

NOTES:

Community outreach workers provide education and prevention information to individuals on the streets of the County's cities.

This listing appears in the following sections: U
Date of last update for this listing: 08/01/90

PAWS (Pets are Wonderful Support)

P0 Box 460489
San Francisco CA 94146

TELEPHONE: 824-4040

DAYS AND HOURS: Monday-Friday, 10 AM-6 PM

AREA SERVED: San Francisco/East Bay

FEES: None

ELIGIBILITY NOTES:

Diagnosis of AIDS or ARC

DESCRIPTION OF SERVICES PROVIDED:

PAWS is a non-profit organization dedicated to helping people with AIDS and ARC keep the companionship of their pets as long as possible. They provide in-home pet care, foster care for pets, pet food and supplies, and assistance with veterinary expenses.

NOTES:

This listing appears in the following sections: U
Date of last update for this listing: 08/01/90

GLOSSARY OF HIV-RELATED TERMS

ACQUIRED IMMUNE DEFICIENCY SYNDROME (AIDS): A compromise of the body's immune system which leaves the body vulnerable to a variety of infections. The condition of AIDS is caused by infection with Human Immunodeficiency Virus (HIV). An AIDS diagnosis occurs when positive lab tests indicate the presence of the HIV virus or HIV antibodies and when one of the following conditions is also present: *Pneumocystis carinii pneumonia*, *Kaposi's sarcoma*, *toxoplasmosis*, *cryptosporidium*, *mycobacterium avium intracellulare*, *cryptococcal meningitis*, *progressive multifocal leukoencephalopathy*, *herpes simplex*, *cytomegalovirus*, *candida albicans*, *wasting syndrome* and/or directly related neurological complications such as *dementia*.

AMOEBIASIS: Intestinal protozoan infection with amoebas, especially *Entamoeba histolytica* amoebas, producing mild symptoms to severe cramps and diarrhea.

ANTIBIOTIC: A drug which can destroy other bacteria. Penicillin is the most familiar example. Some antibiotics have shown effective anti-cancer activity.

ANTIBODIES: Collections of protein molecules which the body forms in response to the presence of specific antigens (parts of foreign infectious organisms).

Three types of antibodies are known. The first type coats the antigen, making the foreign organism easier to be recognized and destroyed by other immune system defensive cells. The second type interferes with the functioning of the foreign organism (such as blocking its replication). The third type is capable of destroying the foreigner. Each antibody is highly specific, and once a specific antibody is formed in

response to a specific antigen, the body's immune system has a "memory" of this event. This memory is designed to render the body immune to the antigen in the future. However, as in the case of HIV, the presence of antibodies does not always indicate immunity to the antigen. It is not clearly understood why HIV antibodies are not effective in protecting the body from the AIDS virus.

ANTIGEN: A substance foreign to the body (usually a molecule on the surface of viruses, such as HIV, and other infectious organisms) to which the body reacts by producing antibodies.

ARC: The acronym for AIDS Related Complex or Condition which refers to people whose immune systems have been compromised by infection with HIV but who have not developed the opportunistic infections used as criteria for an AIDS diagnosis. The distinction is especially important when determining disability benefits eligibility.

ASYMPTOMATIC: Having an infectious organism within the body but showing no outward symptoms of illness.

ATYPICAL MYCOBACTERIA: *Mycobacterium tuberculosis* is the most common mycobacterium causing human disease; however there are other mycobacterial species which may cause infections. The nontuberculous mycobacteria occur widely in nature but do not often cause disease except in immunosuppressed individuals.

AZT (AZIDOTHYIMIDINE): A drug that seems to temporarily inhibit reproduction of the AIDS virus but which may also produce severe side effects. Also known as Retrovir or Zidovudine. Recent studies have indicated that AZT is effective in some individuals at suppressing viral activity and thus prolonging the asymptomatic time period before progression to HIV-related disease.

B-CELLS/B-LYMPHOCYTES: A type of white blood cell produced in bone marrow and residing in the spleen and lymph nodes. B-cells float through the body and are able to detect the presence of foreign agents. Once exposed to an antigen or the agent, these cells differentiate into plasma cells which produce antibodies and memory cells which stay in circulation to make antibodies immediately upon re-infection. B-cells are induced or "helped" to replicate by helper T-cells.

BACTERIA: Single-celled microorganisms lacking chlorophyll, multiplying by simple division and capable of causing disease in humans. Typical bacterial infections include some types of pneumonia and tuberculosis.

BENIGN TUMOR: An abnormal swelling or growth that is not cancer and is usually harmless.

BEREAVEMENT: The process of suffering due to the death of a loved one.

BIOPSY: The surgical removal of a piece of tissue from a living subject for microscopic examination to make a diagnosis; for example, to determine whether cancer cells are present.

BLOOD: The blood is made up of plasma and three types of cells. The cells are 1) erythrocytes (red blood cells) whose function it is to transport oxygen to the body cells and remove carbon dioxide; 2) leukocytes (white blood cells) whose function is defense against foreign substances; and 3) platelets which are fragments of cells involved in clotting.

BLOOD COUNT: An examination of the blood to count the number of white and red blood cells and platelets, important in diagnosing infections, blood diseases, etc.

BODY FLUIDS: Fluids manufactured by the body including blood, semen, vaginal secretions, saliva, urine, breast milk and tears. Although some of these fluids have been found to contain traces of HIV, only certain ones have been found to transmit the virus.

BONE MARROW: The soft spongy tissue located in the cavities of the bones which is responsible for producing blood cells.

BRONCHOSCOPY: The most reliable test to prove that the pneumocystis organism is present in the lungs. Examination is by insertion of a flexible tube down into the lungs by way of the mouth or nose.

CANDIDIASIS/CANDIDA ALBICANS: A fungal infection of the mucous membranes (commonly occurring in the mouth where it is known as thrush or in the lungs), resulting in white spots and/or a burning sensation. It may also cause a red and itchy rash in moist areas such as the groin.

CARCINOGENIC: Anything that may induce ordinary cells to be transformed into cancer cells.

CELL-MEDIATED IMMUNITY: A defensive reaction of the body to antigenic material which differs from the antibody mechanism (humoral immunity). Cell-mediated immunity employs specific defensive cells (macrophages, natural killer cells and T-cells) rather than antibodies. It is thought that the coordinated activity of these specialized defensive cells is what breaks down in HIV infection.

CENTRAL NERVOUS SYSTEM (CNS): The CNS is composed of the brain and spinal cord. HIV has been found in the fluids surrounding the CNS. Once in the CNS, HIV may cause such problems as loss of motor control, headaches, dementia, vision problems, hearing problems and speech impairment.

CHEMOTHERAPY: The use of chemical compounds or drugs that have a specific and toxic effect upon a disease-causing pathogen; commonly used for cancer therapy. Since chemotherapy is immunosuppressive--interfering with the production of blood cells in the bone marrow--other opportunistic infections frequently occur in patients prescribed with chemotherapeutic drugs.

COFACTOR: Any situation, activity or agent that may increase or decrease the probability of acquiring a disease, such as AIDS, if the underlying cause of the disease is already present. Examples of possible cofactors for AIDS are other infections, drug and alcohol use, poor nutrition, genetic factors and stress.

COLITIS: Inflammation of the colon (that part of the large intestine which ends at the rectum).

CRYPTOCOCCOSIS: An infectious disease caused by a fungus and acquired via the respiratory tract. The primary focus of infection is the lungs from where it characteristically spreads to the lining of the brain. Cryptococcosis may also spread to the kidneys and skin. It is difficult to cure in persons with HIV because it frequently reoccurs and the drug to treat it is highly toxic.

CRYPTOSPORIDIOSIS: An infection caused by a protozoan parasite found in the intestines of animals. Acquired in some people by direct contact with the infected animal, it lodges in the intestines and causes severe diarrhea. It may be transmitted from person to person.

CYST: An abnormal sac containing a liquid or semisolid material; may be benign or malignant.

CYTOMEGALOVIRUS (CMV): One of a group of highly host-specific herpes viruses that infects humans and other animals. Generally produces mild, flu-like symptoms, but can be more severe leading to hepatitis, mononucleosis or pneumonia. In the person whose immune system is weak, it can cause disease in a variety of organs including the lungs, eyes, brain and colon. Most adults have been infected with CMV, although the virus persists in an inactive state.

CYTOTOXIC T-CELLS: Specialized T-lymphocytes which kill infected cells directly. Also known as killer T-cells.

DEMENTIA: The loss of mental skills or intellect such as memory, perception, reasoning or recall. HIV brain infections may produce mild to severe forms of this disability.

DEPRESSION: A mental illness in which the patient exhibits dejection, apathy, insomnia, weight loss and physical inactivity.

DIAGNOSIS: Identification of a disease by its signs, symptoms, course and laboratory findings.

DIFFUSE, UNDIFFERENTIATED NON-HODGKINS LYMPHOMA (DUNHL): A rare B-cell lymphoma (cancer of lymph tissues) that is difficult to distinguish from Burkitt's lymphoma. Its relationship to HIV is largely unknown. DUNHL patients exhibit generalized lymph node swelling and enlarged spleens. This cancer is usually fatal.

DISSEMINATE(D): Spread of a disease internally throughout the body.

DYSENTERY: Inflammation of the intestines, especially the colon, producing pain in the abdomen and diarrhea containing blood and mucous. Parasites, such as amoebas, and specific bacteria, such as shigella, cause dysentery.

ENTERIC INFECTIONS: Infections in the intestine, usually caused by bacteria, protozoa or viruses.

EPIDEMIOLOGY: The study of the distribution of health and disease in human populations and the factors associated with both.

EPSTEIN-BARR VIRUS (EBV): A virus that causes infectious mononucleosis. It is spread by saliva. EBV lies dormant in the lymph glands and has been associated with Burkitt's lymphoma, a cancer of the lymph tissue.

EXCORIATION: A break in the skin surface which may be covered with blood or serous crusts, usually caused by scratching.

GIARDIASIS: Intestinal infection (with the protozoa *Giardia lamblia*) which may remain dormant or cause intermittent diarrhea of lengthy duration. Transmitted from person to person by fecal/oral route.

GUAIAAC TEST: A chemical test used to detect hidden blood in the stool. Specially treated cards allow simple stool collection at home which permit screening for gastrointestinal disorders such as ulcers, cancer and protozoan infections.

HELPER T-CELLS: Also known as T-4 cells. T-lymphocytes that act as the "commanders" of the immune response. It is the helper T-cells that stimulate the B-cells to produce antibodies and the Cytotoxic T-cells to destroy foreign agents. Helper T-cells appear to be the primary targets of the virus HIV.

HEMOPHILIA: A hereditary blood disorder characterized by excessive bleeding after injuries.

HEPATITIS VIRUSES: Hepatitis viruses

cause inflammation of the liver. They occur in several classes. Type A is usually transmitted by the fecal-oral route and causes an illness that is often subliminal in the young and more severe in the elderly. Type B causes more severe illness and is associated with liver cancer. Type B can be transmitted by IV drug use, blood transfusions, from mother to newborn, or through saliva, breast milk or genital secretions. There is also non-A, non-B hepatitis virus which is different from either type A or B.

HERPES SIMPLEX VIRUS I (HSV I): A virus that results in cold sores or fever blisters most often on the mouth or around the eyes. Like all herpes viruses, the virus may lie dormant for months or years in nerve tissues and flare up under stress, trauma, infection or immunosuppression. (There are no cures for any of the herpes viruses. Herpes is very readily spread from person to person by direct contact with the lesion.)

HERPES SIMPLEX VIRUS II (HSV II): Causes painful sores on the genitals or anus. It is one of the most commonly sexually transmitted diseases in the United States. Acyclovir (zovirax) ointment or capsules can decrease the severity of the infection. (There are no cures for any of the herpes viruses. Herpes is very readily spread from person to person by direct contact with the lesion.)

HERPES VARICELLA-ZOSTER VIRUS (HVZ): The varicella virus that causes chicken pox in children and may reappear in adulthood as "herpes zoster," also known as shingles. HVZ manifests in small, very painful blisters on the skin that follow nerve pathways, commonly on the chest and less frequently on the scalp, arms or legs. Immunosuppressed persons are vulnerable to shingles. (There are no cures for any of the herpes viruses. Herpes is very readily spread from person to person by direct contact with the lesion.)

HIGH-RISK BEHAVIOR: Describes the activities which increase the risk of transmitting HIV. The activities include anal or vaginal intercourse without a condom, semen in the mouth when cuts are present, the sharing of intravenous needles, (intimate blood contact) and the sharing of sex toys contaminated by body fluids.

HOSPICE: Agency which provides and/or coordinates in-home medical services, pain and symptom control, practical help, physical care and counseling to individuals in the final stages of a terminal illness.

HUMAN IMMUNODEFICIENCY VIRUS (HIV): The name for the virus that is believed to cause AIDS and ARC. Sometimes referred to as HTLV-III, LAV, ARV or the "AIDS virus."

HUMORAL IMMUNITY: The human defense mechanism involving the production of antibodies (differentiated from cell-mediated immunity).

IMMUNE STATUS: The state of the body's natural defense to fight diseases. Is influenced by heredity, age, past illness history, diet, and physical and mental health. It includes production of circulating and local antibodies and their mechanism of action.

IMMUNE SYSTEM: The bodily system that equips an individual to defend against infection. It has the ability to recognize foreign agents and neutralize, eliminate or metabolize them without injury to the host tissues.

IMMUNOLOGY: Branch of science dealing with the body's resistance to disease or the invasion of a foreign substance.

IMMUNOSTIMULANT: Any agent that will trigger or activate a body's immune defenses.

IMMUNOSUPPRESSED: A state of the body where the immune system defenses do not work normally. This can be the result of illness, especially infection, or the administration of certain drugs (commonly ones used to fight cancer and in organ transplants).

IMMUNOTHERAPY: Treatment of disease by stimulating the body's own defense mechanism against the disease.

INCIDENCE OF DISEASE: The incidence of disease is defined as the percentage of individuals with the disease in a defined population in a given time period. In the case of AIDS, since the population at risk is not known, it is not possible to accurately estimate the incidence of AIDS in the population.

INCUBATION PERIOD: The period of a disease between the initial infection and the first symptoms. In the case of HIV and AIDS, this period ranges from a few months to ten years or more.

INTERFERON: A chemical secreted by cells infected with certain viruses which may protect other cells from viral infection.

INTERLEUKIN-2: Interleukin-2 is a substance that promotes the growth of T-lymphocytes and thus holds some promise as a therapeutic agent in the treatment of AIDS.

KAPOSI'S SARCOMA (KS): A rare form of cancer of the walls of small blood vessels. Usually appears as pink to purple painless spots on the skin but may also occur internally in addition to, or independent of, the skin lesions. Named after a Hungarian dermatologist of the nineteenth century, Kaposi's Sarcoma was originally seen in elderly Mediterranean men or in equatorial Africa as a slow-growing, benign lesion. For people with compromised immune systems, and in combination with opportunistic infections, KS may become aggressive and severe. Death can occur from major organ involvement.

LATENCY: That period of time between exposure to a virus or infectious agent and development of symptoms; dormant state. See "Incubation Period."

LESION: Describes any abnormal change in tissue due to disease or injury (sore, chancre, etc.).

LEUKOCYTE: A white blood cell.

LEUKOPENIA: A decrease in the white blood cell count.

LYMPH: A clear fluid, mostly water, containing lymphocytes (B-cells and T-cells), antibodies and nourishing substances, which circulates throughout the body. The lymphatic system (a sort of filtering system) captures whatever escapes from the blood and returns it to the circulatory system via this fluid.

LYMPH GLAND: Tissue made up of lymphocytes and connective tissue that produces lymph and lymphocytes. These lymph glands, or lymph nodes, normally act as filters of impurities in the body.

LYMPHADENOPATHY: Swollen, firm and possibly tender lymph nodes. The cause may range from a temporary infection, such as the flu, to lymphoma

(cancer of the lymph nodes or tissues). Sometimes an early sign of HIV infection.

LYMPHEDEMA: Swelling in surrounding tissues as a result of obstruction of lymphatic vessels or lymph nodes.

LYMPHOBLASTS: A T-lymphocyte that has changed (e.g. during a viral attack) to release a variety of chemicals which encourage greater defensive activity by the immune system.

LYMPHOCYTES: A subset of white blood cells (leukocytes) produced within lymph tissues and key components of the body's defense against invading organisms. (See "B-Cells" and "T-Cells.")

LYMPHOMA: Malignant growths of lymph nodes or organs containing lymph tissue.

MACROPHAGES: Specialized cells of the immune system which destroy infected cells by engulfing or "eating" them.

MALAISE: A generalized feeling of bodily discomfort; "achiness."

MALIGNANT TUMOR: A tumor made up of cancer cells. These tumors continue to grow and invade surrounding tissues; cells may break away and grow elsewhere (metastasize).

METASTASIS: The process by which cancer cells break away and spread to other places in the body by way of the lymph and blood systems and start new malignant tumors.

NATURAL KILLER CELLS: Cells of the immune system similar to macrophages that destroy infected cells; unlike macrophages which engulf their prey, natural killer cells poke holes in them.

NEOPLASM: Any new abnormal growth of cells or tissues; may be benign or malignant but is customarily used to describe a cancerous tumor.

NON-PATHOGENIC ORGANISMS: Microorganisms which are not disease-producing.

ONCOLOGY: The study of cancer, which has become a specialized branch of modern medicine.

OPPORTUNISTIC INFECTIONS (OI): A variety of diseases which occur in individuals who do not have healthy immune systems. These are caused by microorganisms which do not usually cause disease in a healthy individual. The OIs common to HIV infection include *Pneumocystis carinii* pneumonia, massive or overwhelming herpes infections, atypical mycobacteria, toxoplasmosis, chronic or overwhelming candidiasis and others.

PALLIATIVE TREATMENT: Providing relief from symptoms of disease but not directly curing the disease; alleviating pain.

PATHOGEN: Any disease-producing microorganism or substance.

PENTAMIDINE: An aromatic diamidine, which has been used since the 1940s to treat a variety of protozoal infections. It is now administered for the treatment of HIV related PCP in two forms: parenteral (IV) and aerosolized.

PERSON WITH AIDS (PWA)/PERSON WITH ARC (PWARC): Terms developed by individuals diagnosed with AIDS or ARC to counteract the more negative term "AIDS victim" and the less assertive "AIDS patient."

PLASMA: The fluid portion of the blood containing water, hormones, proteins, metabolic wastes and nutrients.

PLATELET: A small circular or oval disk (actually a fragment of a cell) present in blood which is necessary for blood clotting.

PNEUMOCYSTIS CARINII PNEUMONIA (PCP): A form of pneumonia limited to immunosuppressed people caused by the protozoan *Pneumocystis carinii*, which is present almost everywhere but is normally destroyed by healthy immune systems. The protozoan is airborne. Once a person develops PCP, he or she is susceptible to recurrence. Symptoms include low grade persistent fever, shortness of breath, dry cough, fatigue and chest pain.

PREDICTIVE VALUE NEGATIVE (PCN): The probability that a person is disease-free when the screening test is negative.

PREDICTIVE VALUE POSITIVE (PVP): The probability that a person truly has a disease when the screening test is positive.

PROCTITIS: Inflammation of the rectum.

PRODROME: A period of vague or minor symptoms at the beginning of a disease before the characteristic signs or symptoms develop; for example runny nose and red eyes with cough before the rash of measles.

PROGNOSIS: Prediction of the course of a disease and the future prospects for the patient.

PROTOCOL: Standardized procedures followed by physicians so that results of the treatment of different patients can be compared.

PSYCHOSOCIAL: Having to do with the study of language, world views, cultural values and differing conceptual orientation of the human race.

RADIATION THERAPY: Treatment of cancer with radiant energy of extremely short wave lengths which damages or kills cancer cells. Radioactive elements such as cobalt 60, radium and radon, gallium and Cesium 27 are used to produce gamma rays. Supervoltage machines, such as betatrons and linear accelerators, are used as sources of x-rays.

RADIOLOGIST: A physician with special experience using radiant energy in the diagnosis and treatment of disease.

REMISSION: The lessening of the severity or duration of disease, or the abatement of symptoms altogether over a period of time. Applies to a critical or terminal disease.

RETRO VIRUS: A group of RNA viruses whose genetic information is RNA rather than DNA as in other viruses. Retro viruses, such as HIV, can remain dormant in the body for long periods of time.

RIBOVIRIN: An experimental drug which seems to temporarily halt the reproduction of the AIDS virus inside T-cells.

SAFER SEX: Describes the system of classifying certain sexual activities according to their risk of transmitting HIV. Safer sex guidelines are used by people to avoid high-risk behavior without having to give up sexual activity altogether. Those acts that are defined as "safer" do not involve the sexual exchange of body fluids.

SALMONELLA: A bacteria which can cause infections in various body organs; most commonly an enteric infection causing diarrhea with cramps.

SEROPOSITIVE: A condition in which antibodies to a particular disease-producing organism are found in the blood. The presence of antibodies indicates that a person has been exposed to the organism but does not distinguish between an active infection and a past infection. With regard to the HIV antibody test, being seropositive means one is infected with HIV.

SHIGELLA: A bacteria which may cause dysentery with severe cramps, fever and bloody diarrhea. The bacteria is easily transmitted via fecal/oral contact.

SLOW VIRUS INFECTIONS: Slow virus infections are defined as a group of infections caused by viruses. The incubation periods are very long and the clinical expressions of disease are relatively slow in progression.

SPERMICIDE: A substance used as a contraceptive for its ability to kill sperm. One spermicide, Nonoxynol-9, has been shown to kill HIV in laboratory tests and has been used in sexual lubricants and marketed as a method of reducing the risk of AIDS. Its effectiveness in killing the virus in practice has not been proven.

SPLEEN: The spleen is an organ that has both nonimmunologic and immunologic functions. It removes worn-out cells from the circulatory system and is a graveyard for red blood cells, re-introducing iron from hemoglobin after red cell death. Like the lymph nodes, the spleen produces lymphocytes and is important early in life. Removal of the spleen has been shown to be associated with overwhelming bacterial infections in infants, children and young adults.

SPUTUM: Secretions from the lower respiratory tract, which may be ejected by coughing and which reveal the microorganisms growing in the trachea, bronchia and lungs.

SUBCLINICAL INFECTIONS: Presence of infection with minimal or no apparent symptoms.

SUBSTANCE ABUSE: Excessive utilization of matter, usually associated with use of non-prescription drugs and/or alcohol.

SUPPRESSOR T-CELLS: Also known as T-8 cells. A type of T-lymphocyte which turns off the activity of T-helper cells and limits antibody production by B-cells when an infection has passed. Normally T-helper cells outnumber T-suppressor cells by a ratio of 2:1; however, in the presence of HIV infection, the number of T-helper cells decreases so dramatically that the ratio may become reversed, with suppressor cells outnumbering helper cells.

SYNDROME: A set of symptoms which occur together.

T-CELLS: T-cells or T-lymphocytes are a subset of white blood cells that are formed in the thymus gland in the neck and are part of the immune system. T-cells are defensive cells which do not attack the infectious agents themselves; rather they attack the body's own cells which have become infected. There are three types of T-cells: 1.) Cytotoxic or killer T-cells which destroy infected cells; 2.) Helper T-cells which stimulate B-lymphocytes (B-cells) and killer T-cells; and 3.) Suppressor T-cells which inhibit B-cells and other T-cells.

THYMUS: A central lymphoid organ in the neck that is important in the production of hormones that maintain the immune system.

TOXOPLASMOSIS: A systemic infection caused by the parasite *Toxoplasma gondii*. Primary infection is usually mild or asymptomatic but can rarely cause fever, lymphadenopathy and lymphocytosis. HIV compromised individuals are vulnerable to infection transmitted to them by pets and should especially avoid handling waste material from cats.

VIRUS: A microorganism that invades cells, taking over the cellular machinery and altering the normal chemistry and function of these cells. The virus may "hibernate" or multiply within the cell. Viruses cause many diseases including AIDS.

WHITE BLOOD CELLS: Different types of white blood cells comprise the immune system; these include lymphocytes (both B- and T-), natural killer cells and macrophages. The primary function of white blood cells is the defense of the body against disease or infection.

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